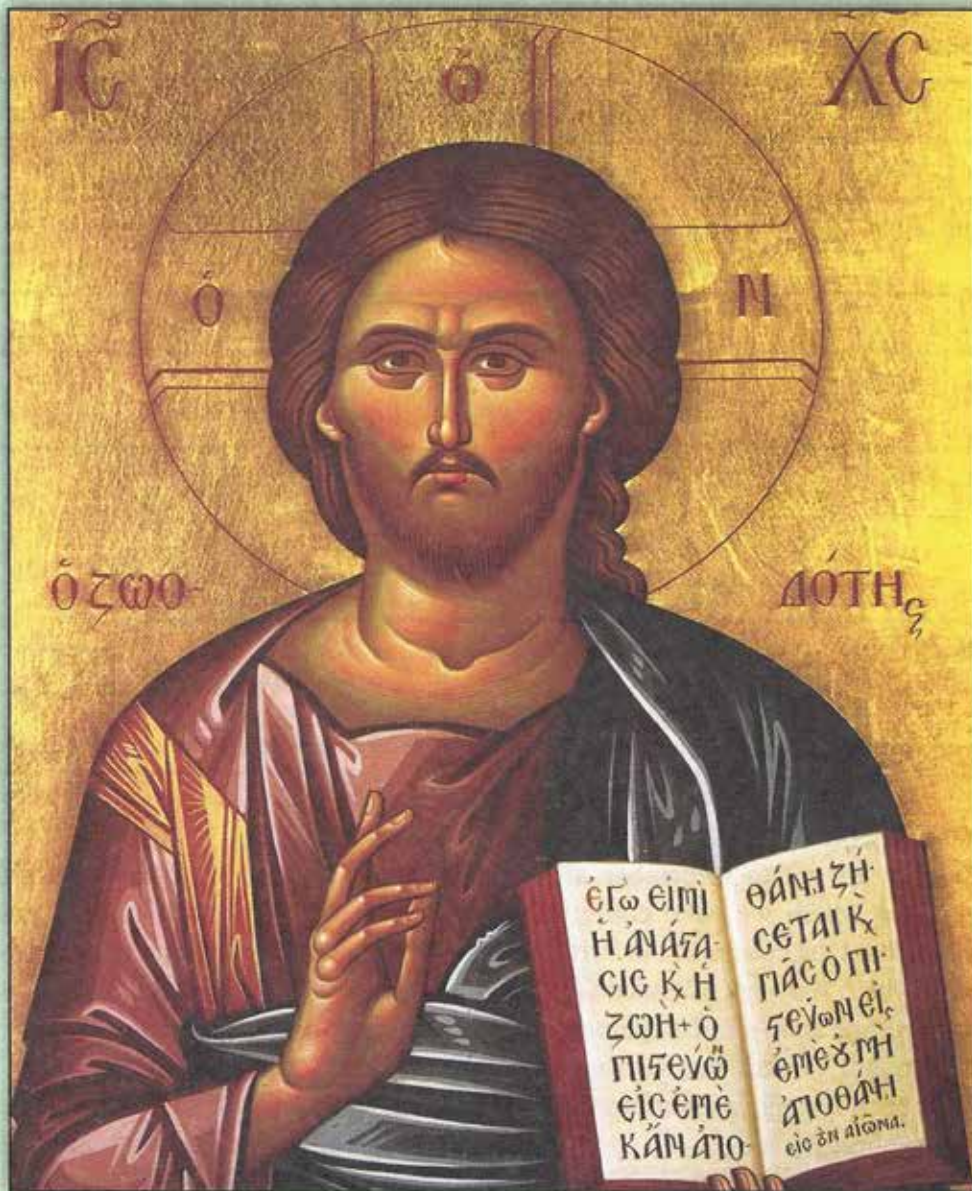


CHEESEFARE SUNDAY



Icon of Christ the Teacher

February 7, 2016: Sunday of Cheese-Fare	
Epistle: Rom. 13:11 - 14:4	
Gospel: Mt. 6: 14-21	
Mon., Feb. 8	8:00 +Wanda & Josef Ganchura (Jadwiga & Michael Bak)
Tues., Feb. 9	8:00 + Msgr. Stephen Hrynuck (Ronald & Sue Toth)
Wed., Feb. 10	8:00 Akathist to the Passion of Christ 6:30 pm Presanctified Liturgy
Thurs., Feb. 11	8:00 + Jennifer Wisniewski (Rosemarie Sember)
Fri., Feb. 12	8:00 Akathist to the Passion of Christ 6:30 pm Presanctified Liturgy
Sat., Feb. 13	No Morning Divine Liturgy. 10:30 Confessions 2:00 pm Confessions 4:00 pm For Our Parishioners
Sun., Feb. 14	9:00 + Anna Chaykosky (Joseph & Anne Nasevich) 11:30 + Gene Turko Jr. & Loretta Young (Parents) 3:00 pm Sorokousty

The Forgiveness Service

Priest: My brothers and sisters, at this time let us try to remember all of our sins which we have committed throughout the course of our life, and with which we have offended God.

All: Lord, we have sinned against You in thought, word and action. We have been wrong and we have done wrong. Forgive us.

Priest: Let us try to remember if we harbor any ill-feelings towards God for anything that happened in our

life.

All: Lord, help us to accept your will in our lives, to try to understand your ways, and not to feel angry with You or blame You for anything that might happen to us or go wrong for us in our lives.

Priest: Let us try to remember all of those people who have offended us, hurt us, angered us; all those people against whom, for whatever reason, we bear grudges, feel hatred, and

whom we find hard to forgive.

All: From the bottom of my heart, I truly and sincerely forgive those who hate me, who have offended or hurt me, and against whom I carry a grudge or nourish ill-feelings.

Priest: Let us try to remember all of those people whom we ourselves have hurt or offended, knowingly or unknowingly, in word or in deed; and all those whom we, for whatever reason, hate and who bear grudges against us.

All: From the bottom of my heart, I truly and sincerely ask forgiveness and pardon of all those whom I hate, whom I have offended and hurt, and who hold a grudge against me because of this.

Priest: My brothers and sisters, if I

have sinned against you, hurt you, or offended you in thought, word or action, knowingly or unknowingly, in any possible way, please forgive me, a sinner, and pray to God for me.

All: May God Himself forgive you and pardon your sins and transgressions, and we also forgive and pardon you. Father, bless us and forgive us our sins and offenses and transgressions, committed voluntarily or perhaps unwittingly, against you.

Priest: May the Lord God, through His grace and loving kindness, forgive you. And I also pardon and forgive you. And now, let us ask forgiveness of one another by saying: Forgive me my brother/sister. And let the other answer: May God forgive you, and I also forgive you.

From the Archbishop's Chancery... Spiritual Regulations for the Great Fast

Although our Church traditionally prescribed abstention from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today:

Abstinence from meat and all dairy products on the First Day of the Great Fast and on Good Friday.

Abstinence from meat only on all Fridays of the Great Fast as well as

Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast.

Reception of the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday.

The Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or

pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinence regulations.

All the faithful are urged to attend the Lenten services such as the Presanctified Liturgy and the Commemoration of the Deceased (Sorokousty).

Such good deeds as almsgiving, visitation of the sick, Bible reading and praying for vocations to the priesthood and religious life are most earnestly recommended to all the Faithful.

On Wednesdays and Fridays of the Great Fast, **the Liturgy of the Presanctified Gifts is to be celebrated.** Typika may be used the other days. The Divine

Liturgy of St. Basil the Great is to be celebrated for Sunday Liturgies during this time.

During Holy Week, the Liturgy of the Presanctified Gifts is to be celebrated Monday, Tuesday and Wednesday. On Holy Thursday evening, Vespers with Divine Liturgy of St. Basil the Great should be celebrated. On Good Friday, March 25, which is also the Feast of the Annunciation, special services which include the Divine Liturgy are to be celebrated. (Liturgical instructions and text will be provided.) On Holy Saturday evening, Vespers with the Divine Liturgy of St. Basil the Great is to be celebrated.

2015 Tax Reports

Parishioners who want a 2015 end of year financial report for tax purposes are asked to contact the Parish Office at 570-489-2271. Also, please keep in mind that

we need to close the books on 2015. For this reason, any donations received after February 1, 2016, no matter the date on the envelope, will be credited for 2016.

Holy Name Society Raffle

The Holy Name Society is having its annual raffle and tickets were mailed to parishioners. Please support this raffle with a \$10.00 Donation. The proceeds of

the raffle are used for expenses related to our parish. The drawing will be NEXT SUNDAY, February 14, 2016 so get your tickets in.

Know a Marriage that Needs Help?

Throw them a lifeline and tell them about **Retrouvaille**, an international

program that helps couples who are experiencing marital difficulties. This pro-

gram is for all couples, at any stage of marriage that needs help to communicate with each other in a more attentive and loving manner. The next program in the Scranton Diocese begins Feb. 26

- Feb. 28, 2016, at The Ramada Inn in Clarks Summit. For more information or to register, please call 800-470-2230 or visit www.helpourmarriage.org

Pizza and Soup Sale

ST. MICHAEL'S BC CHURCH, 205 N. Main St. Pittston, Pa. 18640 is having a "PIZZA & SOUP SALE" for Lent. We will offer Old Forge Style Baked (\$12) or Unbaked (\$10). Add \$1 extra for onions. Each week we will offer a soup of the week at \$8.00 per qt. Pre-order by

Tues. Feb. 10 for Ash Wednesday or by Thursday at 570-905-7387 - Pick up will be from 4-7 pm on Ash Wednesday and the following Friday's during Lent. Soup of the week is Homemade (Manhattan) Clam Chowder. All proceeds will benefit the Church.

International Dinner Club

ST. MARY'S BYZANTINE CATHOLIC CHURCH - 310 MIFFLIN AVE. SCRANTON, PA. is proud to announce that the International Dinner for February is "France" on Thursday, February 11, 2016. Seatings will be at 5:30 or 6:30pm. Reservations can be made at 570-343-5151 by February 9. The menu

will start with an Appetizer of Frisee salad tossed in a warm mustard seed vinaigrette an bacon lardons. The Entree will be Beef Bourguignon served with a white bean puree. The dessert is Homemade Beignets. Coffee, Tea, Water is Included and a Cash Bar is available. The price is only \$20.00 per person.

Ukrainian Easter Egg Workshop

Ss. Cyril and Methodius Ukrainian Catholic Church in Olyphant will again be offering Pysanky Classes. At this time there will be two dates, February 28, 2016 and March 13, 2016 from 2:00 p.m. to 4:00 p.m. with possibly a third if needed. The beginner class is approxi-

mately two hours long. The cost will be \$15 and includes the supplies needed to make your egg. For more information or to sign up for the class, please call Sonia Maslar at 570-489-9608 or Tammy Budnovitch at 570-766-1919 (after 5 pm).

Spaghetti Dinner

The Annual ALL YOU CAN EAT Spaghetti Dinner sponsored by Eureka Hose Company No.4 will be held on Saturday March 5th at the fire station 717 East Grant St. Olyphant. Dinner includes pasta, salad, bread and butter,

dessert and beverage. Take outs will be from 3:00 to 5:00 pm and serving sit down dinners from 5:00 to 8:00 pm. Donation is \$10.00. Tickets can be obtained from any member or at the door.

L.U.C. Annual Lenten Retreat - March 11 to 13, 2016 St. Mary's Villa Retreat Center, Sloatsburg, NY

This year's theme is "Merciful, like the Father".

This is the motto of Pope Francis' Jubilee Year of Mercy. It is a time of exploring the meaning of mercy and our allowing God's unconditional love and limitless mercy to transform our lives. We will explore prayer and forgiveness and our own ability to reconcile and forgive as well as expand our capacity to trust. This spiritual event will be our "door to mercy" through which we choose to pass, trusting in the power and love and mercy of God to transform our lives.

Retreat Director is Archpriest Father Daniel Troyan who is pastor of Holy Ghost Ukrai-

nian Greek Catholic Church in West Easton, Pennsylvania. He has served in many Ukrainian Catholic parishes from Ohio through Pennsylvania in his 34 years of priesthood. He has served as Director of Evangelization and Coordinator for the Shroud of Turin exhibit for the Archeparchy of Philadelphia. He has been a member of the League of Ukrainian Catholics since his youth and is presently National Spiritual Director of the LUC. He presently resides in West Easton with his little dog "Brother Timmy", who is Youth Director for the children of the parish.

Additional details along with registration information will be made available shortly.

Baked Fish Dinner

Our Parish will once again be sponsoring a "BAKED HADDOCK" FISH DINNER on FRIDAY MARCH 18, 2016 from 5:00 p.m. – 7:00 p.m. at the REGAL ROOM (Ballroom/side entrance), 216 Lackawanna Avenue. Sit Down or Take Out!! Tickets are: \$13.00 per ticket/dinner: Baked

haddock, potato, vegetable, cole slaw, roll and dessert. Call 570-383-9487 for Reservations. *Deadline for pre-sold Tickets is Monday, March 14, 2016. *LIMITED amount of Dinners will be available a the Door \$15.00

Bus Trip

On Saturday, May 21, 2016, North An-

thraticite Council of the League of Ukrainian

Catholics is sponsoring a bus trip to the annual St. George Ukrainian Street Festival in New York City's Lower East Side of Manhattan and to Brighton Beach [Little Odessa], Brooklyn. Participants are also welcome to do their own thing for part of the day if they so wish.

The 55 passenger bus will depart from Edwardsville's St. Vladimir Church, 70 Zerbey Avenue at 8:30am and from Scranton's St. Vladimir Church, 428 North Seventh Avenue

at 9:15am. Departure for home directly from Brighton Beach will be at 9:00pm. Cost is \$40.00 per person.

Full nonrefundable advance payment reserves a seat. For reservations contact either Paul Ewasko at 570 563-2275 or Andrew Jamula at 570 822-5354. Check to be made out to North Anthracite Council of LUC. Early reservations are recommended as the bus is expected to fill quickly.

Trip to Ukraine

St. Vladimir Ukrainian Greek Catholic Parish of Scranton is sponsoring a trip to Ukraine from September 8 to 20, 2016. The 13 day itinerary will include Kyiv, Lviv, Yaremche in the heart of the Carpathian Mountains, Ivano Frankivsk, Chernivtsi, Podilsky, Zarvanytsia [the Lourdes of Western Ukraine] and Ternopil. Included are visits to centuries old sacred sites such as the Pecherska Lavra / Monastery of the Caves, Sunday Divine Liturgy at the Ukrainian Greek Catho-

lic Patriarchal Cathedral of the Resurrection of Christ in Kyiv and St. George Ukrainian Greek Catholic Cathedral in Lviv, the Maidan Memorial, Dnister riverboat cruise, Lviv Opera House, etc.

Tour land cost twin per person is \$2,290. Air fare is estimated to be approximately \$990.

For full details contact Jean Stasyszyn Pedley at 570 698-6838 or Scope Travel at 201 463-4656.

Collection Processing Team...

The Collection Processing Team for the month of February 2016 is Team #2: Eu-

gene Zinsky, John Turko, Jr., Leonard Mitchko, and Michael Shumek.

Sunday Collection for January 30 & 31, 2016:

Altar Boy and Lector Schedule for February 13 & 14, 2016

	Altar Boys	Lectors
4:00 pm	Nicholas Chludzinski -- Samuel Sczesniak	Andrew Augustine
9:00 am	Joseph Skirpan -- Michael Roberts	Pat Marcinko
11:30 am	Brian Radle -- Jordan Radle	Frank Lesnefsky

Ss. Cyril & Methodius Ukrainian Catholic Church

135 River St., Olyphant, PA 18447-1435

Telephone: 570-489-2271 Fax: 570-489-6918

Web Site: stcyrils.weconnect.com

E-Mail: sscyrilandmethodius@comcast.net



Rev. Nestor Iwasiw, Pastor

Fasting and Almsgiving

Abstinence is the first medicine the human being must take, but for a complete cure the expenditure of mercy is required. Abstinence puts out the fever; but the bodily members dried up by the fire of a long-lasting fever cannot return to full health unless they are bathed in a lavish amount of ointment, unless they are moistened with the most soothing of lotions, unless they are aided by taking other medicines. Thus, although fasting repels the diseases of vice, excises the passions of the flesh, drives out what causes offenses, nevertheless, without the ointment of mercy, without the flow of kindness, without the practice of almsgiving, it does not restore complete health to the mind.

Fasting heals the wounds of sins, but without mercy it does not cleanse the scars made by the wounds. ... Engaging only in fasting tears out the vices, eradicates offenses, prepares the field of both mind and body for a good harvest. Fasting is a holy oblation, a sacrifice that is pure, but without the fire of mercy it cannot ascend as a fragrant offering to God.

What the soul is to the body is analogous to what mercy is to fasting. When fasting lives off mercy, then it gives life to the one who is fasting. Fasting, the ship of the virtues, carries what one has gained in life and transports the profit of salvation; but the one who enters the seas of the flesh, who cuts across the waves of the vices, who passes between the rocks of offenses, and traverses the shores of the passions, unless he quickly enters the harbor of kindness, he cannot exercise the virtues, and he cannot have the profit that comes from the virtues.

May the one who knows that he stands unsteadily in this life, who understands that he slips as he passes through the way of the flesh, and who realizes that he is subject to attacks from ignorance and to accidents from negligence, may he keep his fast in such a way that does not omit mercy.

St. Peter Chrysologus

For more information on Eastern spirituality, visit
www.ecpubs.com