



First Reconciliation & First Holy Communion

Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." John 6:35

Age of Preparation & Readiness

Preparation for First Holy Communion and Reconciliation traditionally occurs in second grade.

For children older than second grade, the preparation is the same.

Readiness for each sacrament is determined by the parent. Refer to these tabs:

First Reconciliation Readiness

First Holy Communion Readiness

Preparation Process

Preparation at the Peninsula Cluster is done as a home-study, with parent formation and a retreat component. Preparation for each sacrament follows the same basic format:

1. Families register for sacramental preparation.
2. Children attend weekly religious education sessions or Catholic school (ongoing).
3. Parents attend a parent formation session. This session is a sacrament-Specific formation session, where they

will also receive the books used for preparation at home.

4. Parents and children work together at home on their workbooks, reaching out to the parish for support as needed.
5. Parents and children attend a retreat experience.
6. If readiness is discerned, the sacrament is celebrated.

This process is followed for both First Reconciliation & First Holy Communion.

Religious Education Requirement

- ❖ Sacramental preparation is done in addition to, and separate from, religious education.
- ❖ All children preparing for sacraments must be enrolled in and participating in either parish religious education, or attending a Catholic school.

Registration & Preparation Dates

Beginning in August, families may register for preparation for the new year.

Please fill out the [Sacramental Preparation Registration](#) form and submit it along with a copy of your child's baptismal certificate.