

HOLY HOUR OF ADORATION

“Could you not watch one hour with me”

Matthew 26:40



WOULD YOU LIKE - - - -

- **Your spiritual life to take off**
- **An hour of quiet time to spend in prayer**
- **To develop a deeper friendship with Jesus**

A holy hour of adoration is the Catholic tradition of spending an hour in Eucharistic Adoration in the presence of the Blessed Sacrament.

Gather with fellow parishioners at either St. John the Baptist Parish or St. Sebastian Parish to share in silent prayer, scripture readings and words of wisdom from the saints and our Holy Father.

St. John the Baptist Parish

The first Wednesday of every month

6:15-7:15pm

St. Sebastian Parish

The first Wednesday of every month

9:30-10:30 am

Note: Please check the events calendar on the parish websites to ensure that a time change has not taken place.