



DISCIPLESHIP COMMITMENT

“For I know the plans I have for you, says the LORD, plans for welfare and not for evil, to give you a future and a hope.”

—Jeremiah 29:11

As I begin my *Chosen* journey, I promise the following:

- I will approach my *Chosen* journey with an open mind and an open heart.
- I will attend and will fully participate in all Chosen lessons and activities.
- I will complete homework assignments, including choosing and fulfilling my “Challenge of the Week.”
- I will be respectful of the leaders and facilitators of the program and show appreciation for their time and effort.
- I will show respect to those in my class who are on the journey with me.
- I will seek ways to help and serve my family, parish, and community by putting my talents and gifts at the service of others.
- I will commit to daily prayer, praying especially for growth in faith, hope, and love.

As I make these promises, I ask God to give me the grace to be open to his plans for my life—plans he reveals to me in prayer, in my talents and aspirations, and in the encouragement of those who know and love me. I place myself in the loving embrace of the Father, Son, and Holy Spirit in asking for help in fulfilling this commitment.

Name of Teen (Print)

Signature of Teen

Date