

Highlighting the Benefits of Marriage

A Morning Prayer

To you I pray O Lord,
At dawn you hear my
voice. (Ps 5:3)

Good morning, Lord, and
thank You for another day
of life. Please help me to
face whatever pains and
problems it may bring, and
to enjoy whatever pleasures
may come my way In
your kindness, keep me
close to you today and
preserve me and all your
people fro every evil. In
the name of Christ, your
Son, receive my morning
prayer. Amen.

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By Dr. Pat Fagan

Highlighting the Benefits of Marriage

At a recent training provided by CSWNA, Dr. Pat Fagan, Director of the Marriage and Religion Research Institute, presented information about the benefits of marriage. Here are some of the highlights from that presentation.

Some important findings are cited here:

The percent of ever married women and ever married men who are still in their first marriage is related to the number of sexual partners they have had, including their marital partner. For those women and those men who have only had one sexual partner, including their spouse, 94% of women and 97% of men, are still in their first marriage.

For women who have had at least 3 sexual partners, only about half of them are in their first marriage. For men, the number of partners seems to have less of an impact on marital stability but clearly does affect divorce rates.

With regard to sexual satisfaction, married, always intact couples have the highest satisfaction.

The relative rates of physical abuse by family structure is lowest for always-intact married family. By contrast, it is highest for step cohabiting families.

The relative rates of sexual abuse is also lowest for always-intact married families. Once again the rate is highest for step cohabiting families.



The Holy Family
The model of marriage and family

The rate for partner/spouse violence is only 4% for married couples, 6% for widowed couples, 15% for divorced and separated families, and 33 percent for never married families.

For females, the cumulative number of lifetime sexual partners is lowest for those with weekly religious attendance. The highest number of partners is associated with those who never attend religious services.

For African American families, the lowest poverty rates are for families where the parents are married.



Pope Francis recently stated, “We must reaffirm the right of children to grow up in a family with a father and a mother.”

One Man, One Woman



Despite recent rulings in Oklahoma, Utah and Colorado striking down the law that defines marriage as the union of one man and one woman, the USCCB insists that the “truth about authentic marriage will prevail.”

Archbishop Salvatore J. Cordileone of San Francisco, said, “Recent court decisions on marriage in no way deter our efforts to promote the truth about marriage – a truth that no court decision can ever undo.”

Pope Francis recently stated, “We must reaffirm the right of children to grow up in a family with a father and a mother.” As Archbishop Cordileone points out, every child has a mother and a father. He shared that when societies turn away from this truth they end up in disorder. He noted

that our society is already suffering from family fragmentation.



“should work together to protect them from those dangers, including providing them asylum in neighboring countries and in the United States.”

Immigration Crisis

July 2014
Bishop Eusebio Elizondo, auxiliary bishop of Seattle and chairman of the U.S. Conference of Catholic Bishops’ Committee on Migration, called upon President Obama and the Central American presidents to protect and care for children and families fleeing violence in the region. The Bishop said, “Instead of cooperating on intercepting



them and sending them back to dangerous situations, they should work together to protect them from those dangers,

including providing them asylum in neighboring countries and in the United States. Families, as well, should receive a fair hearing of their asylum claims.”



St. John, the Evangelist
Patron saint of Caregivers

Burnout and Support Factors

Burnout and Support Factors in Family Caregivers of Alzheimer Patients in Puerto Rico

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Background: This research study focuses on the assistance family caregivers with burnout provide to Alzheimer

patients in their first and second stage of the disease. The engo que on providenfidenciae c, l lugar que corresponde with his perceptions of social and family supprt,objectives of this study were to identify the socio-demographic aspects of the family caregiver, identify financial and human resources provided to the sick beloved one in order to cover all of his/her medical expenses and explain

how the burnout syndrome affects the patient/caregiver relationship to the extent of even losing his or her personal identity. Methods: The sample size was of n=80 family caregivers of Alzheimer patients in four municipalities of Puerto Rico. The type of study was non-experimental, quantitative, descriptive-transversal, and correlational. Two instruments were administered the “Family Caregiver

Burnout and Support Factors (cont.)

with Burnout Questionnaire” and the “Evaluation of the Burnout Syndrome by the Work Questionnaire”. Results: This study demonstrated that there is a statistically significant relationship between the variables burnout and emotions, as well as with the sense of identity loss, and meaning of life. Conclusions: Family caregivers frequently experience burnout.



It is essential to develop social and educational assistance programs that can provide respite to this underserved population.

Dr. Moret Maritza is a new member of CSWNA. This article has recently been submitted for publication.

33 Days to Morning Glory

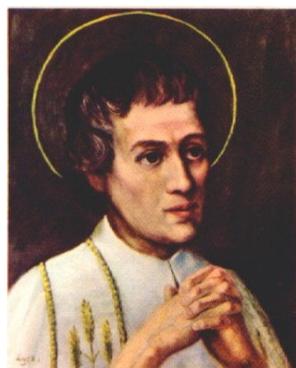
What is Total Consecration to Jesus through Mary?

This is an absolutely beautiful exercise to increase your spirituality and ability to truly serve our Lord Jesus Christ. The basic premise set forth by St. Louis Marie de Montfort is simply that Jesus came into the world through Mary and that for us to always be assured of being close to Jesus, even closer than ever before, we should go through Mary. Consecration means to set aside for a sacred purpose. Mary’s life was set aside for the sole purpose of serving our Lord. By following her example, we, too, can completely give ourselves to Christ in a fundamental way that consecrates us to Him. We give our lives to Him in service and love.

Consecration to Jesus through Mary according to the method of St. Louis de Montfort is a method used by Pope John Paul II.

Why do we consecrate to Jesus through Mary?
We do this in order to be

more devoted to the Lord and His Blessed Mother. It helps us grow in holiness and increase our faith, hope and love. It is a prayerful and focused method of drawing closer to Jesus than ever before.



The 33-day preparation includes a preliminary period of twelve days during which we endeavor “to free ourselves from the spirit of the world.”

This initial 12 days is followed by a second period of three weeks. The first of these three weeks is devoted to the knowledge of ourselves, the second to that of the Blessed Virgin and the third to that of Jesus Christ.

The object is to cast off the spirit of the world, which is contrary to that of Jesus Christ, in order to acquire fully the spirit of Jesus Christ through the Blessed Virgin.

For more information on Total Consecration to Jesus through Mary, check out

33 Days to Morning Glory by Fr. Michael E. Gaitley, MIC, director of the Association of Marian Helpers.

**To Jesus
Through
Mary**



No Mary, No Jesus
Know Mary, Know Jesus



Miraculous Medal



The Miraculous Medal The Medal of the Immaculate Conception, popularly known as the Miraculous Medal, is unique among all medals. It was given by the Blessed Virgin Mary herself! No wonder, then, that it wins such extraordinary graces for those who wear it and pray for Mary's intercession and help. Our Lady manifested the Medal to St. Catherine Labouré on November 27, 1830, in the motherhouse of the Daughters of Charity of St. Vincent de Paul and St. Louise de Marillac, in

Paris. Catherine saw Our Lady standing on a globe, with dazzling rays of light streaming from her outstretched hands. Framing the figure was an inscription: "O Mary, conceived without sin, pray for us who have recourse to thee." Then Mary spoke to Catherine: "Have a medal struck upon this model. Those who wear it will receive great graces, especially if they wear it around the neck."

www.amm.org

Memorare

Remember, O most compassionate Virgin Mary, that never was it known that anyone who fled to your protection, implored your assistance, or sought your intercession, was left unaided. Inspired with this confidence, we fly unto you, O Virgin of Virgins, our Mother; to you we come; before you we kneel sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in your clemency hear and answer them. Amen.

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"For as I have done for you, so you must also do" John 13:15



Letter from the President

As summer is winding down, I hope everyone had the opportunity to find time to relax and enjoy a little bit of summer. We have had many changes in CSWNA over the last several months. Our membership director has resigned due to personal reasons. Therefore, we are in search for a new director to oversee our membership. If you feel God calling you to serve in this capacity, please contact me. Also, several months ago, CSWNA lost its major funding source so funds are tight. We need your prayers and membership renewals in order to be able to operate. If you can help us with donations or know of any resources, please let us know.

You may notice membership invoices are being sent out through paypal. This will allow you to directly renew your membership through the invoice. You are always welcome to mail a check to our address. In the next several months we are needing to replace Board members as they finish out their terms. If you would be interested in serving on our Board of Directors please feel free to contact myself or any of our Board members.

Last month, Joan Rangel, co-founder started a monthly clinical call with members. This is a way to pray together, touch base and discuss issues related to Catholic Social Work and your daily work. Please plan to attend each month. If you would like to lead a discussion, please contact Joan.

I would just like to end by thanking each one of you for being a part of this wonderful organization. We are very blessed to serve God in living out our baptismal call by being the hands and feet of Christ.

Immaculate Heart of Mary, cause of our joy, pray for us
Kathleen Neher, LISW-S



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