

First Communion Attire

Attire: Special occasions call for special clothing, and first communicants dress up for the occasion. Wise parents keep the emphasis on the occasion, not the clothing! It is tradition that the children dress up, however, this should not mean that you have to spend a lot of money on expensive clothing. In Eucharist we receive the Lord who lived amongst the poor and simple people of his time. Therefore, simplicity is preferred.

Girls: white dress, can be knee length or longer, sleeveless is fine, but at least have a sweater in case it is a cool day; remember that the emphasis is not on the clothes but on the day and what they are receiving. No gloves, no purses, nothing to fiddle with in their hands. Veils or headpieces are not required, but are allowed. Dress shoes should be suitable for walking.

Boys: Dark (navy, black, charcoal) dress pants (no jeans) and a white shirt (short or long sleeved) and a simple tie (navy, black, white- simple nothing flashy) Suits and or jackets are not required. Dress shoes, not tennis shoes and dark socks. If this is the first time they are wearing a tie, practice with them before so they get used to the feeling.