



# Fire Safety in Your Home

Most home fires are preventable. Here are some tips that you can follow to stay safe:



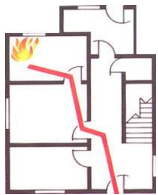
**Install Smoke Alarms** – Install on every level of your home, in bedrooms and outside sleeping areas. Interconnect them so that when one sounds the rest will too.

**Test Your Smoke Alarms** - Test them at least once a month and replace batteries once a year or when the battery “chirps” to let you know it is low. Replace any alarm more than 10 years old.

**Watch Your Cooking**- Stay in the kitchen when frying, grilling or broiling food. If you find it necessary to leave, turn off the stove.

**Be Careful When Using Candles** - Keep candles at least a foot from anything that can burn. Blow them out when you are leaving the room or going to sleep.

**Inspect Electrical Cords** – Replace cords that are damaged, cracked, have broken plugs or loose connectors.



**Have a Home Fire Escape Plan** – Create a home fire escape plan and practice it twice a year

**Keep matches and lighters out of reach** – keep them up high where children cannot reach them preferably locked in a cabinet

**Smoke Outside** - If a family member, friend or you smoke do so outdoors



I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well." 3 John 1:2  
This health promotion flyer is provided by St. Mary Parish Nurse Ministry