



WHAT MOMS *REALLY* WANT FOR MOTHER'S DAY

"Blessed be all mothers who have come into our lives
Whose kindness, care and loving remain with us to guide."
~ Susan Kramer

Jewelry, flowers and chocolates are great, but an online search revealed what moms *really* want for Mother's Day. Be creative and give your mom the best day.

1. Leave Her Alone for 24 Hours (this means a quiet house, no fighting or misbehaving)

This allows Mom to do whatever she wants to do without any interruptions.

2. Turn the To Do List Into A Done List

You can do this while mom is enjoying #1; it's a TWO for ONE deal!

3. Clean House

This requires everybody to roll up their sleeves, but she will be so appreciative. Then do your part to keep it that way.

4. Spa Day

Older kids can get creative and set up a home spa with candles, homemade scrubs, etc. A whole spa day full of pampering would really be appreciated.

5. A Super Car Wash, Inside and Out

While mom is enjoying #1, roll up your sleeves and clean that car!

6. Make Your Own Card

Include a heartfelt letter that she can reread from time-to-time. For extra credit, include #1 in the card! Mom deserves more than just a day, so write her a short note for each week of the year (52 notes in a jar).

7. Family Photos

Get those photos off her phone and put them in a place she can enjoy them. Pre-load them onto a digital picture frame or use an on-line service to create a photo book for her.

8. What's For Dinner

Take care of grocery shopping and making dinner every night for a week. If this is a bit overwhelming, pack a picnic, go to the park and enjoy a fun day with the family (remember no fighting or misbehaving).

9. Road Trip Take a surprise trip to a place where your mom grew up or to visit a family friend that she hasn't seen in a very long time.

10. Game Day Plan a fun afternoon playing interactive games with your family. Your mom will surely enjoy the laughs and togetherness you all will share.



I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well." 3 John 1:2
This health promotion flyer is provided by St. Mary Parish Nurse Ministry