

Interested in participating in this ministry?

Parish Nurse Health Ministry meetings are held each month. Check the church bulletin for the exact time and location. We welcome any health professional or those with an interest in wellness. For further information you may contact one of the coordinators at 804.740.4044, Extension 25 or by email at stmaryccparishnurse@gmail.com

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Support for the educational aspects of this ministry is provided through donations to Human Concerns. Thank You.

"For where your treasure is, there will your heart be also."

~ Matthew 6:21

MISSION STATEMENT

We are called to walk with people through life's transitions; to help them find a language of hope in the midst of these transitions and to grow spiritually. We are called to be health educators, advocates, trainers, facilitators and liaisons in healing of the body, mind, and spirit.

By working with and building upon the ministries already in place within our community, our parish nurse ministry will sow seeds of wellness to create a healthier faith community through education and coordination of services.



St. Mary Catholic Church

Parish Nurse Ministry

A Human Concerns Ministry

"Put on therefore, as God's chosen ones, holy and beloved, a heart of mercy, kindness, humility, meekness, patience. Bear with one another and forgive one another...Whatever you do in word or in work, do all in the name of the Lord Jesus, giving thanks to God the Father through Him"

~ Colossians 3:12-13,17

***The Concept of Parish Nursing:**

Parish Nursing is a specialized practice of professional nursing operating within a congregation that "provides intentional care of the spirit through prayer, health promotion and practice".

All of these efforts can empower individuals in the congregation to work towards physical, spiritual and emotional wellness.

The parish nurse does not provide care that would require a physician's order, dispense medication, give injections, do blood tests or other invasive procedures.

The service does not replace home health, hospice or other community health services but instead works to enhance support for those needing prayer, emotional support, direction or just an explanation.

* Effective in 2005, the practice as recognized by the American Nurses Association is called Faith Community Nursing. Those who have completed course work are designated by the title FCN, but may choose to continue use of the term parish nurse.

PARISH NURSE MINISTRY SERVICES

- Prayer- providing a listening presence
- General Health Education and Advocacy
 - ~ Blood Pressure Checks
 - ~ Disease Management
 - ~ Wellness Programs
 - ~ Medication Review
 - ~ Advance Directives
- Referrals to Community Resources
- Home Visitation for Safety and Resource Needs Assessment
- Support Groups

Office Hours:

By Appointment Only

Blood Pressure Screening

First Weekend of the month

Telephone: 740-4044, Extension 25

E-mail:

stmaryccparishnurse@gmail.com

The Role of the Parish Nurse:

Health Education

- Promote understanding of the relationship between lifestyle, faith, and well being.

- Provide health information related to health issues across the life span.

Personal Health Counselor

- Discuss health needs regarding wellness, prevention, and illness.

- Prayerfully support individuals in times of crisis and celebration.

Healer

- Facilitate a whole person approach to healing of body, mind and spirit through knowledge, presence, and prayer.

Health Advocate

- Assess the congregation's health needs and concerns.

- Empower individuals to use self-care abilities to promote wellness.

Liaison

- Collaborate with and refer to appropriate health care services and other resources.