

## **Kindergarten (u6) / First Grade (u7) / Second Grade (u8):**

Players in this age group are often being introduced to the sport for the first time. Coaches will introduce the players to the new concepts of team and fun on the field! Play is set in a typical team / game setting and is meant to maximize instruction. Practices are typically once per week (or more) based on the availability of the coach(es). Games are on Saturdays mornings at will be at OLV Soccer Field and/or Heardmont Park.

Specific Details for each age group is listed below.

### **Kindergarten (u6):**

- **Uniform:** Reversible OLV Soccer Jersey is provided with registration. Blue shorts and socks are to be worn but not included. Players should also wear shin guards and soccer cleats.
- **Snacks:** Kids at this age love post-game snacks! Parents may divvy up the game days and provide a small 'fun' snack and or drink for all teams members.
- **Awards:** Club will provide an end of year 'accomplishment' trophy to all players.
- **Team Size:** Games are played in a 3 v 3 environment with no keepers. (6-7 players)
- **Ball Size:** 3
- **Average Field Size:** 30 x 20 yds.
- **Periods:** (4) 10 minute periods
- **Period breaks:** 2 minutes
- **Half Time:** 5 minute break
- **Substitutions:** Subs are made at any stoppage in play.
- **Standard Soccer Rules Apply:** Throw-ins, goal kicks and Corner Kicks are expected during play.
- **Goal Size:** 4 x 6
- One on field coach is allowed.
- No slide tackling
- No referees

### **First Grade (u7):**

- **Uniform:** Full uniform Kit must be purchased, if player is new or if a new uniform is needed. Uniform Kit includes two jerseys (home & away), shorts and socks. Players should also wear shin guards and soccer cleats.
- **Snacks:** Kids at this age love post-game snacks! Parents may divvy up the game days and provide a small 'fun' snack and or drink for all teams members.
- **Awards:** Club will provide an end of year 'accomplishment' trophy to all players.
- **Team Size:** Games are played in a 4 v 4 environment with no keepers. (7-8 players)
- **Ball Size:** 3
- **Average Field Size:** 30 x 20 yds.

- **Periods:** (4) 12 minute periods
- **Period breaks:** 2 minutes
- **Half Time:** 5 minute break
- **Substitutions:** Subs are made at any stoppage in play.
- **Standard Soccer Rules Apply:** Throw-ins, goal kicks and Corner Kicks are expected during play.
- No on field coach is allowed.
- No slide tackling
- **Referees:** Parent / coach referees.

### **Second Grade (u8):**

- **Uniform:** Full uniform Kit must be purchased, if player is new or if a new uniform is needed. Uniform Kit includes two jerseys (home & away), shorts and socks. Players should also wear shin guards and soccer cleats.
- **Snacks:** Kids at this age love post-game snacks! Parents may divvy up the game days and provide a small 'fun' snack and or drink for all teams members.
- **Awards:** Club will provide an end of year 'accomplishment' trophy to all players.
- **Team Size:** Games are played in a 5 v 5 environment with a keeper. (8-10 players)
- **Ball Size:** 3
- **Average Field Size:** 40 x 30 yds.
- **Periods:** (4) 12 minute periods
- **Period breaks:** 2 minutes
- **Half Time:** 5 minute break
- **Substitutions:** Subs are made at any stoppage in play.
- **Standard Soccer Rules Apply:** Throw-ins, goal kicks and Corner Kicks are expected during play.
- No on field coach is allowed.
- No slide tackling
- **Referees:** Paid standard referees.