



Second Sunday in Ordinary Time

What Is Ordinary Time?

The end of the Christmas season was marked by the Baptism of the Lord, January 8 this year, and we have now moved into the season of Ordinary Time. Despite its name, there is nothing inherently “ordinary” about this season of the year. The term ordinary is just used because the weeks are numbered in an ordinal way—the Third Week in Ordinary Time, the Fourth Week in Ordinary Time, and so on.

During Ordinary Time, we honor the mystery of Christ, especially on Sundays, though we do not focus on just one particular aspect of the mystery during the season. It is a time to reflect on Jesus’s life, teachings, and parables.

Poverty Awareness Month

The month of January is Poverty Awareness Month. Take time to reflect with Pope Francis: “If we truly wish to encounter Christ, we have to touch his body in the suffering bodies of the poor, as a response to the sacramental communion bestowed in the Eucharist.”

How does the Eucharist open your heart to your brothers and sisters in poverty?

What can you do this winter to support someone in need?



God of the Journey Prayer

In honor of Dr. Martin Luther King Jr. Day

Lord God of the Journey,
From Ur to the land of Canaan,
From way down in Egypt’s land
to the River Jordan,
From the Sinai to Jericho’s walls,
From the Door of No Return to
the New World,
You have journeyed with your people.
You have ordered and guided all our steps.
You have strengthened us when weary and
refreshed us when dry.
You have kept us from stumbling
and carried us when faint.
Gracious God as we remember the March
from Selma to Montgomery,
Keep our feet on the path of justice,
peace and equality.
May we never tire of this arduous journey,
for ultimately it is the way of Jesus.
Jesus who is our brother, our Savior, our
companion and our destination.
With grateful and expectant hearts we pray.
AMEN.