

## **A WAY TO REMEMBER**

**Read Colossians 3:12-17**

**Whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.**

**-Colossians 3:17**

**We lost five of our relatives in one year to untimely deaths. I was feeling unusually depressed one morning after my husband left for work. I was gazing out the kitchen window, pondering the short lives of our loved ones. Suddenly I was aware of how fortunate I was to have this day ahead of me. I wondered what each of our loved ones would do with just one more day to live. Then I decided I would live this day doing what they would have done.**

**I began by baking chocolate chip cookies to welcome a new neighbor, as my mother-in-law would have done. I donated used clothing to a needy organization, as my brother would have done. I phoned a friend I had lost touch with as my sister-in-law would have done; I fed the birds, as my father-in-law would have done – all the while smiling as my grandchild would have.**

**My depression vanished, and now I live each day – with God's guidance – mindful of others who aren't here and trying to help those who are.**

**PRAYER: Dear Lord, please guide me in my daily work. Help me remember how fortunate I am to be alive. Amen.**

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Taken from Readings for Lent and Easter from *The Upper Room*