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# IMMACULATE

— CATHOLIC CHURCH —

# CONCEPTION

PRAYER DURING THE CORONAVIRUS PANDEMIC  
&  
SUNDAY PRAYER AT HOME FOR USE DURING PANDEMIC  
OUTSIDE OF THE HOLY SACRIFICE OF THE MASS

## PRAYER DURING THE CORONAVIRUS PANDEMIC

Holy Virgin of Guadalupe,  
Queen of the Angels and Mother of the Americas.  
We fly to you today as your beloved children.  
We ask you to intercede for us with your Son,  
as you did at the wedding in Cana.

Pray for us, loving Mother,  
and gain for our nation and world,  
and for all our families and loved ones,  
the protection of your holy angels,  
that we may be spared the worst of this illness.

For those already afflicted,  
we ask you to obtain the grace of healing and deliverance.  
Hear the cries of those who are vulnerable and fearful,  
wipe away their tears and help them to trust.

In this time of trial and testing,  
teach all of us in the Church to love one another and to be patient and kind.  
Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence,  
knowing that you truly are our compassionate mother,  
health of the sick and cause of our joy.

Shelter us under the mantle of your protection,  
keep us in the embrace of your arms,  
help us always to know the love of your Son, Jesus. Amen.

## SUNDAY PRAYER AT HOME

Below are recommendations for how to keep spiritual communion at home when unable to participate in the Holy Sacrifice of the Mass. The recommendations can be adapted based upon personal and family needs.

Leader: + In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen

Leader: Let us take a moment to call to mind our sins.

All: I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done  
and in what I have failed to do,  
*And, striking their breast, they say:*  
through my fault, through my fault,  
through my most grievous fault;  
*Then they continue:*  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

Leader: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen

Take time to read and reflect upon the readings from Sunday Mass. You can find the readings at [usccb.org](http://usccb.org), through smart phone apps, such as Laudate or iMissal, or through a televised version of the Mass. You could also reflect on this reading:

Reader: A Reading from the Second Letter of St. Paul to the Corinthians

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. For just as the sufferings of Christ are abundant for us, so also our consolation is abundant through Christ.

If we are being afflicted, it is for your consolation and salvation; if we are being consoled, it is for your consolation, which you experience when you patiently endure the same sufferings that we are also suffering. Our hope for you is unshaken; for we know that as you share in our sufferings, so also you share in our consolation.

The Word of the Lord

All: Thanks be to God

Following the reciting and time spent reflecting on the readings, the Intercessions are prayed:

Leader: The Lord Jesus loves our brothers and sisters who are ill or afraid.  
With trust let us pray to him that he will comfort them, and us, with his grace.  
Please respond with the following response:

Response: Lord, give us all the comfort of your presence.  
(repeat after each intercession)

Leader: Lord Jesus, you came as healer of body and spirit, in order to cure our ills:

You were a man of suffering, but it was our infirmities that you bore, our sufferings that you endured:

You chose to be like us in all things, in order to assure us of your compassion:

At the foot of the cross your Mother stood as companion in your sufferings, and in your tender care you gave her to us as our Mother:

Be with all those who are sick or afraid because of this epidemic; and be with ministers, scientists, health professionals, public officials, and all who are serving the common good in this difficult and uncertain time:

The Leader may invite the family to add additional intercessions

Leader: Let us pray in the words our Savior gave us  
*Our Father...*

Following the Lord's Prayer, one of the following Spiritual Communion prayers is recited

## AN ACT OF SPIRITUAL COMMUNION BY ST. ALPHONSUS LIGUORI

My Jesus, I believe that You are present in the Most Holy Sacrament.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.

**or**

## PRAYER TO THE MOST HOLY REDEEMER (ANIMA CHRISTI)

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, embolden me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within thy wounds hide me.  
Never permit me to be parted from you.  
From the evil Enemy defend me.  
In the hour of my death call me.  
and bid me come to thee,  
that with your saints I may praise thee  
for age upon age. Amen.

**Lastly, the Leader offers the concluding prayer**

Leader: Almighty ever-living God, eternal health of believers,  
hear our prayers for your servants who are sick:  
grant them, we implore you, your merciful help,  
so that, with their health restored,  
they may give you thanks  
in the midst of your Church.  
Through Christ our Lord.

All: Amen.

All make the sign of the cross as the leader prays:

Leader: + May the Lord bless us, protect us from all evil, and bring us to everlasting life.

All: Amen.

*This liturgical service is provided in part by the Archdiocese of Washington and the Dioceses of Davenport and Sioux City.*