



# Race. Run. Walk. Stroll. Mother's Day 5K and Silent Auction.

**Where:**

Start and finish at

**St. Joseph's Catholic Church**

844 N 5<sup>th</sup> St, Spearfish

**When:**

Mother's Day (May 12)

11:30 - Race Day Registration opens

**1:00 – 5K Begins**

**Cost:**

To be guaranteed your t-shirt you must be registered by *April 28th*.

After that t-shirts are given on a first-come first-serve basis.

\$10 – Kids 12 and under

\$25 – Adults 13 and up

\$75– Family (up to 6 participants)

**Pre-register at: [RunSignUp.com](http://RunSignUp.com)**

Or email: [lalmvette@gmail.com](mailto:lalmvette@gmail.com)

**Why:**

It's a perfect way to celebrate motherhood.

Enjoy some fresh air, exercise and the company of some your favorite people while you honor all of the mothers who are without a child on Mothers Day!

Get a t-shirt, refreshments, prizes for overall winners, medals for age-group winners, and roses for the moms!

**and support Lach's Legacy and the fight against SIDS in South Dakota!**

