



# Immaculate Conception

703 12th Avenue, Fulton, IL 61252



## Saint Patrick

Route 84, Albany, IL 61230



### PARISH NEWSLETTER



### March 2020

#### *Happy Birthday*

- Mar 2 Gretchen Cossman
- Mar 3 Irish Lackas  
Karl Lemke  
Janet Price
- Mar 5 Jayla Heald  
Bonnie Kennedy  
Merle Sterenberg
- Mar 7 Phillippe Mure-Ravaud
- Mar 8 Brenda Driscoll  
Ted Swanson
- Mar 9 Judy Koenes
- Mar 10 Kraig Schipper  
Amy Portz
- Mar 12 Wrenn Coffey
- Mar 13 Calvin Naftzger
- Mar 15 Dean Eganhouse
- Mar 17 Jaxson Heald
- Mar 18 Zita Blumhoff
- Mar 20 Lynn Schipper  
Debbie Nitschke
- Mar 21 Sally Vander Bleek
- Mar 22 Kathleen Schipper
- Mar 23 Karen Eganhouse
- Mar 24 Gabby Portz
- Mar 30 Leo Frick  
Lillian Frick
- Mar 31 Elizabeth Leonard

#### Lenten Rules and Regulations

**FAST (Ash Wednesday & Good Friday):** One full meal per day. Two other meals not to equal one full meal. No eating between meals.

**ABSTINENCE (All Fridays in Lent & Good Friday):** This means that no meat is allowed. Fish and shellfish are permitted.

- Everyone between the age of 18 and 59 (beginning of 60th year) must FAST on Ash Wednesday and Good Friday.
- Everyone 14 years of age, or older, is bound to ABSTAINENCE from meat on Ash Wednesday, and all the Fridays of Lent and Good Friday.
- On Ash Wednesday and Good Friday, only one, full, meatless meal is allowed. **Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs;** but together they should not equal another full meal. Eating between meals is not permitted.
- When health or ability to work would be seriously affected, the laws do not oblige.
- Catholics should not lightly excuse themselves from these laws and prescribed minimal penitential practices.
- While drinking alcoholic beverages does not technically break Fast or Abstinence Rules, it seems to be contrary to the spirit of doing penance, in my opinion. — Fr. Matthew

#### STATIONS OF THE CROSS Every Friday during Lent

4:30 pm Adoration & Confession  
5:30 pm Stations of the Cross

- Friday, 2-28-20, @ IC
- Friday, 3-6-20, @ SP
- Friday, 3-13-20, @ IC
- Friday, 3-20-20, @ SP
- Friday, 3-27-20, @ IC
- Friday, 4-3-20, @ SP

Holy Week Services begin on Holy Thursday, April 9, 2020. Service times and locations for Holy Week, Easter Saturday, and Easter Sunday will be in future bulletins very soon and on the April calendar!

#### INTERNATIONAL APPEAL Collection Weekend March 14-15, 2020

In this International Appeal, we have the opportunity to stand with the Church in Her works of mercy and charity. Please be generous as you prayerfully consider your contribution. Appeal information brochures and envelopes will be distributed on the weekend of March 7 and 8, 2020.

#### EASTER FLOWERS

Immaculate Conception Church will be accepting offerings for Easter/Spring Flowers. Deadline is Wed., March 25. Make checks payable to "Immaculate Conception"; in Memo Line, please put "Easter Flowers." Forms in IC Church.

#### *Happy Anniversary*

Mar 16 Philippe & Julie Mure-Ravaud

*If we have missed your Birthday or Anniversary, please call the Parish Office @ 815-589-3542.*

**Happy St. Patrick's Day  
Tuesday, March 17, 2020**

**So Happy it is NOT on a  
Meatless Friday during Lent !!!**