

SHU Technology for Seniors Calendar

Week of November 9				
Monday	Tuesday	Wednesday	Thursday	Friday
9 th 4pm – Trivia	10 th 3pm – Virtual Bingo	11 th 3pm – Easy work out videos 4pm – How to make bracelets	12 th 3pm – How to use email 4pm – How to sync your email to your phone and computer	13 th 3pm – Virtual Bingo 4pm – Virtual Concert
Week of November 16				
16 th 4pm – Pen Pal – How to get a pen pal (and pen pal program suggestions)	17 th 3pm – How To Write an Email to Families – Students I will showcase how to write a proper email to family members during the holiday season with email templates provided.	18 th 3pm – How to use apps such as Uber Eats 4pm – How to set up Zoom calls	19 th 3pm – Phones and photography – How to use your phone & the camera app 4pm – Benefits of each device – What device is best for your needs, a laptop? Tablet?	20 th 3pm – Conversations with students – Share your story and have a nice discussion with someone new
Week of November 23				
23 rd 4pm – DIY tree project – Make a tree with leaves that have something important to you	24 th 3pm – Chat with Students from Seton Hall about mental health during Covid-19 and ways to cope with stress	25 th	26 th	27 th
Week of November 30				
30 th 4pm – Virtual Bingo	1 st 3pm – Christmas Caroling – Students will showcase their musical talents and Christmas Spirit.	2 nd 3pm – Simple work out videos 4pm – Virtual Bingo	3 rd 3pm – WIFI options – How to get WIFI and what your options are	4 th 3pm – Arts and crafts 4pm – Learn about Pen Pal programs