

April 17

Things to do today

Sorry for the short notice, but the South Orange Library is offering a new program on Fridays at 1pm – Special Conversations with Special Guests. The info for calling it is Call 929-205-6099

Enter access code 395 843 189 (no spaces when you enter the code, that's just to make it easier to read)

It will be the same info every week for calling in.

The Show Must Go on!

Today's performance at 2pm is "Phantom of the Opera." It will be available on youtube for 24 hours.

<https://www.youtube.com/watch?v=C90eHuBPhS8>

Stimulus checks

The Federal Government's stimulus payments have started to go out. Check your bank account to see if you received it. For those who filed a federal income tax return in 2018 or 2019, receive Social Security retirement, disability (SSDI), survivors benefits, or railroad retirement benefits, no action is required. For those who did not file a federal income tax return in 2018 or 2019, receive Social Security retirement, disability (SSDI), survivors benefits, or railroad retirement benefits, please visit and fill out the "Non-Filers: Enter Payment Info Here" form

<https://www.irs.gov/coronavirus/non-filers-enter-payment-info-here> to provide the IRS with the information needed to process your payment..

More at the South Orange Library

The library is closed but the programs are still going on as much as they can!

Want to trace your family tree? Get at-home access to Ancestry - genealogy service - special access for these times. Email librarian@sopl.org for log-in information.

Creative writing classes will be held Wednesdays at 1pm. Download the zoom app on your smart device or call 929-205-6099, code 331 398 162

Join for a book discussion on Edith Wharton's classic novel, "A Son at the Front" on Thursday, April 23, at 2pm. You can join by zoom or call 929-205-6099, code 483 287 137. Questions? Email Nancy at njanow@sopl.org

Time to Learn Some New Technology

Many places are going virtual and online to adapt to the closures. Now is the perfect time to learn new technology with online classes at the Adult School. See all their online offerings at : <https://www.ssreg.com/som/classes/results.asp?string=408>

New Support Group starts Monday:



Weekly Support Group
for South Orange Senior Adults

facilitated by

Carol Berman, MSW, LSW

Township of South Orange Village/Jewish Family Service of MetroWest
Senior Adult Social Worker

Mondays beginning April 20 11am- 12pm

*please note that this is not a therapeutic based group - more of a neighbors helping neighbors check-in

Please **RSVP** to

sosocialworker@southorange.org

973.986.4321

you will receive instructions and a link to join our Zoom meeting

"This is human spirit. This is resilience. This is what we are made of."

Join our Township Senior Adult Social Worker, Carol Berman

Mondays at 11am

we'll talk about what's keeping us going:
home based activities, staying connected with the outside world, working remotely,
singing, dancing,
acknowledging our fears, managing our anxiety

We all have super powers
Let's share them and help each other feel full
We'll get through this together!

first Zoom meet up: Monday, April 20 at 11am!

Nurture your spirit!