

April 27

Just a reminder to wear face coverings when you go out. If you don't have a mask, a bandana, scarf or apparently, scuba gear will suffice.



What is “Zoom”?

You may be hearing about events being held through “Zoom,” or “Facebook live” or “Facetime”. These are all programs and computer apps that you can use through your computer, tablet or smartphone to join events remotely. All you need is a device and internet access. If you want to take part in an event - for example, the new programming listed below - turn on your device, click the link and you will be “allowed” into the meeting or event. You can see the speaker, and they will be able to see you. At the beginning of the events we are sponsoring, we will give instructions for new users and reminders about how to participate. So please, check it out!

What is “YouTube”?

YouTube is an online video-sharing platform that allows users to upload, view, rate, share, comment on videos. It offers a wide variety of user-generated content. Most content is uploaded by individuals, but many organizations, including the South Orange Library, have a channel they load with recordings. You can go to one of your favorite websites and if you see a YouTube link, click it to see what they have. This is the



Or, go to www.youtube.com and search for what you are interested in. There is a lot on YouTube - some good, some not so good. But if you search or follow links from known sources, there is a lot for you to see.

Calling all Seniors

Please know that you are not alone. We have a wonderful group of volunteers, some that want to be connected with you. If you would like to chat with someone new, go to <https://www.somatwotownsforallages.org/> and fill in your name, number and the town you live in, or email SOMA2towns@gmail.com or call and leave a message at (973) 558-0863.



Join us for weekly classes with Sing for Hope

Movement with Lexi, Wednesdays at 11 am

Lexi hosts a movement class to get you on your feet and make exercise fun!

[Join the zoom meeting.](#)

Meeting ID: 996 4728 8417.

Password: 308844.

Monday Concerts Series, Mondays at 1 pm

A concert series to cheer you up and get you humming along.

[Join the zoom meeting.](#)

Meeting ID: 926 8826 0494.

Password: 535276.

South Orange Library

Phone hours extended: M/W/F 10am-3pm; T/Th 10am-8pm

Check their website for phone and online programs including Virtual Creative Writing on Wednesdays at 1pm, Books Discussions on Thursdays and Special Conversations with Special Guests on Fridays at 1pm. Go to their website and see what is on their calendar and get instructions for joining in - www.SOPL.org.

To use Zoom to join their programs, go to <https://zoom.us/j/395843189>

Or call in 929.205.6099 access code 395843189

Boxcar Groceries

Here's a new and creative option for fresh produce - thanks to Vicki C for sharing: Box car parking has teamed up with Gargiulo Produce to offer contact-free, drive-through grocery pickups. The closest pick up is at the Millburn library. For information, go to <http://www.boxcarapp.com/millburn-grocery>.

Coronavirus Grief and Loss Support Group

Have you lost a loved one due to complications of the Coronavirus pandemic? Atlantic Health System offers a forum for you to meet with others experiencing the same grief. Wednesdays, 12:00pm-1:00pm. To Register call (862) 260-3199 and press option #3.

Overlook's New Vitality Programs

New Vitality is offering virtual programming via Zoom and conference call. Programs include one time events, an [Arthritis Support Group](#) and recurring exercise classes. – check their calendar for the listings.

<https://www.atlantichealth.org/patients-visitors/education-support/community-resources-programs/new-vitality/new-vitality-event-calendar.html>

Or call (844) 472-8499