

## **May 28**

Dear Seniors,

We are 11 weeks into the changes and disruptions caused by COVID-19. How are you doing? Please take this brief survey and let us know how you are faring, what you are doing, and how confident you feel about resuming activities as things reopen. You can take the survey by going to [www.somatwotownsforallages.org/](http://www.somatwotownsforallages.org/) or by clicking here: <https://www.surveymonkey.com/r/9MSTMJL>

If you would like to take the survey by phone, call (973) 558-0863 and leave a message. Please share the survey with friends and neighbors age 60+.

## **Events Online**

I hope you have had a chance to try online events as many places - the libraries, the Adult School and the Recreation Department - are offering programs through Zoom, webex, facebook live or other venues. There is a lot to choose from, starting with Friday's programs:

### **Friday, May 29**

#### **10:30 am - Maplewood Health Dept Q&A**

Join Health Officer Candice Davenport for a COVID-19 health update.

Join Zoom Meeting:

<https://us02web.zoom.us/j/81977301515?pwd=UIQxaUhmaER6UHBFTTJpZm9Gb0RGQT09>

Meeting ID: 819 7730 1515

Password: 357579

Or dial in by phone (646) 558-8656 US (New York)

#### **11am - Senior Fitness with Robin Weber**

Join Zoom Meeting:

<https://us02web.zoom.us/j/86468622167?pwd=MFo2NFpYSFNic3FGTnNPL1A4UjdJUT09>

Meeting ID: 864 6862 2167

Password: Smile

#### **1pm - South Orange Library - Special Conversations with Special Guests**

This week join Phyllis Kalb's lecture series featuring Dr. Doug Simon, Professor Emeritus in Political Science from Drew University. Join in by phone or on zoom. Dial in or click in between 12:45 and 1pm. If you're using your computer, you can just click this link: <https://us02web.zoom.us/j/395843189>

By phone: dial 929-205-6099, then enter the access code 395 843 189, followed by the pound sign.

If you're using the Zoom app on your phone or tablet, you can enter the access code 395 843 189

**1pm - Maplewood Library Friday Chat - Our Phased in Reopening Plan**

Register in advance by clicking here:

<https://www.maplewoodlibrary.org/events-library-events-calendar/2020/5/29/friday-chat-our-phased-in-reopening-plan>

**2pm - The Shows Must Go On - Hairspray**

For theater fans, this will be available from 2pm on Friday until 2 pm on Sunday

<https://www.youtube.com/watch?v=IGLnM-4M0H4>

**8pm - CHS presents The Special Dance Company**

The Special Dance Company invites you to join them as they celebrate 49 years of existence. Please join their LIVE STREAM on Fri., May 29 @ 8 pm, for a semi-live performance at <http://specialdancecompany.com>.

For a schedule of online events and live classes, go to

<https://www.somatwotownsforallages.org/events> and click the event for the link or information on how to join. Recurring Weekly Zoom Classes include :

| <b>Monday</b>   | <b>Tuesday</b>                           | <b>Wednesday</b>                           | <b>Thursday</b>                     | <b>Friday</b>  |
|---|--|--|-------------------------------------|--|
| 9am<br>Balance Class<br>with Yvonne<br><br>11am<br>Support<br>Group | 11am<br>Exercise with<br>Yvonne          | 10am<br>Senior Fitness<br>with Robin Weber | 11 am<br>Exercise with<br>Yvonne    | 11am<br>Senior Fitness<br>with Robin<br>Weber  |
| 1 - 2pm<br>Monday<br>Concert<br>Series                              | 1:30pm<br>Chair Yoga with<br>Robin Weber | 1 pm<br>Movement with<br>Lexie             | 1:30 pm<br>Chair Yoga with<br>Robin | <i>And one time<br/>presentations<br/>June 5 -<br/>"Banking without<br/>Going into the<br/>Bank". time tbd</i> |

**Maplewood Farmers Market Reopens Monday, June 1, 2-7pm**

The farmers market is opening at a new location - the corner of Yale Street & Springfield Ave. Please follow the rules posted at the market to help maintain social distancing and a safe environment for everyone. You can use the Gogo Grandparent free rides using code "SOMA Seniors."

**Keep Your Face Covering Handy**

While getting outside and getting exercise is encouraged, please do so safely. Keep your face covering on you - you can walk without it but put it on when you can't maintain

social distancing. Remember - both Maplewood and South Orange require face masks in the parks.