

**CATHOLIC CHURCH OF SAINT DOROTHEA**  
**THE JOY OF MASS (7<sup>th</sup> GRADE)**

The celebration of Mass is the central act of worship for Catholics and vital to our identity as Catholic believers in the life, death, and resurrection of Jesus Christ. During Mass we celebrate as a community -

1) The Word of God (Liturgy of the Word)

- a. At a Sunday Mass we listen to a reading from the Old Testament, a letter from St. Paul, and one of the Gospels. Hearing God's Word calls for us to conform our lives to the teachings of the Bible, especially those of the Gospels of Jesus.

2) The Body and Blood of Jesus Christ (Liturgy of the Eucharist)

- a. The priest asks God to change bread and wine into the Body and Blood of Jesus – as Catholics we believe in the Real Presence – through a miracle of God, the bread and wine still look and taste as bread and wine but are transformed into Christ's Body and Blood.

To celebrate the importance of Mass, the Church asks us to attend Mass as often as we can, and to attend Mass every Sunday. We're asking our Confirmation students to write two Mass Reflections per month. This involves carefully listening to the homily following the gospel, and writing some thoughts concerning that homily. This does not need to be at St. Dorothea – it can be at any Catholic Church.

The following sheet should be completed for each Mass attended.

The Mass Reflections should be handed in to Religious Education on a regular basis. Religious Education will maintain a folder of reflections for each student. Since additional copies of the blank Mass reflection sheet will be needed, a copy of the sheet will be available on the Religious Education page of the parish website.

**CATHOLIC CHURCH OF SAINT DOROTHEA**  
**THE JOY OF CELEBRATING MASS (7<sup>th</sup> GRADE)**

**MASS REFLECTION**

Your Name \_\_\_\_\_

Name of Church \_\_\_\_\_

Name of Town \_\_\_\_\_

Date & Time of Mass \_\_\_\_\_

**Question 1** - Share your thoughts about the Homily.  
(2 or 3 sentences is sufficient)

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**Question 2** - Was there anything different about this Mass from other Masses you have attended? (optional)

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