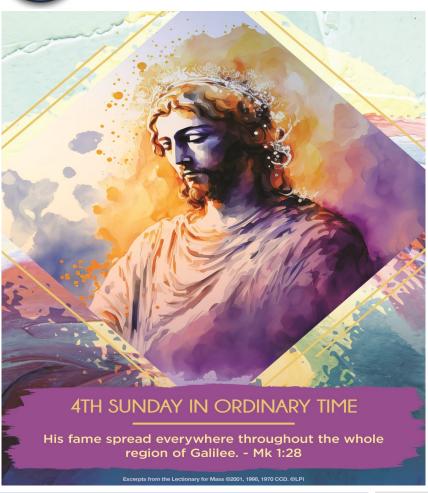
SHEPHERD OF SOULS AREA FAITH COMMUNITY



JANUARY 28, 2024



AFC MASS SCHEDULE

Saturday

St. Philip, Litchfield4:00pm

Sunday

St. Philip, Litchfield 8:00am Our Lady, Manannah 8:00am

St. John, Darwin10:00am St Anthony, Watkins10:00am

St. Philip, Litchfield (Spanish)...12:00pm

SACRAMENT OF RECONCILIATION

Saturday

St. Philip 3:15 - 3:45 pm

Thursday

St. John After 8:00am Mass St. Anthony After 8:30am Mass

(3rd, 4th & 5th Thursday)

Friday

Our Lady After 8:00am Mass

Or Please call A Priest for an Appointment

NEW MEMBER REGISTRATION

To register as members of any of our four parishes go to **www.shepherdofsouls.org**

and click on "I'm new". If you prefer, you may call the office of the church you wish to register at.

AFC Mission Statement

Our Mission is to proclaim and celebrate Jesus Christ as the center of our lives and to make disciples for Jesus through building community, serving our Brothers and Sisters, sharing our faith and celebrating sacraments.

WATKINS CHURCH OF ST ANTHONY

201 Central Ave S | Watkins, MN 55389 | 320-764-2755

LITCHFIELD CHURCH OF ST. PHILIP

821 East 5th Street | Litchfield, MN 55355 | 320-693-3313

DARWIN CHURCH OF ST. JOHN

106 N. 4th Street | Darwin, MN 55324 320-693-9496 | 320-275-2915

MANANNAH CHURCH OF OUR LADY

57482 CSAH 3 | Grove City, MN 56243 320-693-8900 | 320-453-7526

WELCOME!

OUR STAFF

PARISH STAFF

Fr. Jeff Horejsi, Pastor AFC, 693-3313, ext. 101 Office 320-221-4120 Cell Phone

Fr. Mike Doyle, Sr Associate Pastor AFC,693-3313, ext 108 Office 320-808-6847 Cell Phone

320-894-8618 Deacon Roger Osborne Deacon John Hansen 320-221-4987 763-220-2549 Deacon Phil Henneman

PARISH STAFF ST. PHILIP'S

Brenda Grates, Parish Administrator, 693-3313 Ext. 100 Andrea Dietrich, School Principal 693-6283 Mary Roers, School Secretary 693-6283 Karen Kulzer, DRE: Preschool - Grade 5 693-3313 Ext. 104 Nathan Stewart, Gr 6-11, AFC Confirmation 693-3313Ext 109 Dave Eischens, Maintenance 320-221-1045 Julie Schmitz, Secretary (Wed) 693-3313 ext. 107 Monica Schreiber, Event Coordinator 693-3313 Ext 106 Church Kitchen 693-3313 Ext. 102

<u>PARISH STAFF ST. JOHN'S</u>

Julie Schmitz Secretary (Tue & Thu) 693-9496/275-2915 Karin Colberg, Bookkeeper 320-221-0267 Deacon John Hansen, Religious Ed Coordinator 320-221-4987 St. John's Education Center 320-286-2800

PARISH STAFF CHURCH OF OUR LADY

Julie Schmitz, Parish Secretary (Mon & Fri) 693-8900/453-7526 Deb McCann, Faith Formation Coordinator 693-8900/453-7526 Jerry Moudry, Custodian/Maintenance 693-8900/453-7526

Parish Staff Church of St. Anthony

Jessica Teicher, Secretary/Bookkeeper 764-2755 Bonnie Meyer, Faith Formation Coordinator 453-5765 Stephani Donnay-Peters, Asst Faith Formation Coor 453-5765 Sam Mettler, Youth Ministry 764-2755

READINGS FOR THE WEEK-JANUARY 28

Sunday: Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/1 Cor 7:32-35/Mk 1:21-28

Monday: 2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6

-7/Mk 5:1-20

Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps

86:1-2, 3-4, 5-6/Mk 5:21-43

Wednesday: 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk

6:1-6

Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d

-12a, 12bcd/Mk 6:7-13

Friday: Mal 3:1-4/Heb 2:14-18/Ps 24:7, 8, 9, 10/Lk

2:22-40 or 2:22-32

Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/ Mk 6:30-34

Next Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 (see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39

PASTOR'S LETTER

Catholic Schools Week begins this weekend with a breakfast Sunday from 8-12pm. In conjunction with Catholic Schools Week, we will be taking a second collection this weekend. 75% of the funds go to our St. Philip Catholic School, and the other 25% will be split between two Diocesan Endowment funds to support Catholic Schools.

Please put on your calendar the next Encounter Night of Adoration and Reconciliation: February 23 at St. Philip from 7:15-8:15pm.

Peace be with you, Fr. Jeff Horejsi

Greetings from the School of St. Philip!



Today begins the weeklong celebration of Catholic Schools across the United States. This year's theme is "Catholic Schools United in Faith and Community." The first Catholic School was established in Philadelphia in 1783 in part by families who wanted more for their children and communities...a quality education inspired by and built around our Catholic Faith. We at the Shepherd of Souls Area Faith Community continue this tradition by supporting the School of St. Philip and I am very grateful! We welcome children of all faiths into our school to grow in greatness of mind, body, and spirit, with the hopes of making our future communities a better place.

Blessings, Andrea Dietrich School of St. Philip - Principal 320-593-4774/adietrich@schoolofstphilip.org

The **School of St. Philip** will be having a New Fundraiser to help our Students obtain their fundraising goals.....

Garbage Bags.... Everyone uses them and needs them. Two options will be available a box of 200 - 14 gallon bags or 90 - 33 gallon bags.

200

They will be \$30 each and will have free local delivery. For information or to purchase contact a school family or call the St. Philip's School or Church Office.

St Anthony Church Cleaners:

Church Cleaners: 1/28/24-2/10/24: Kathy & Flavian Kramer, Karen Kramer, Lynn Kramer, Melvin and Marty Kramer and families Call Theresa at 764-7251 to unlock.

Lent begins Wednesday, February 14

Ash Wednesday Masses in our Area Faith Community

10:30 Mass at Hilltop, Watkins

Church of St. Philip

12:00pm Mass & 7:00pm Mass

Church of St John

5:30pm Mass at the Ed Center

Church of St. Anthony

6:30pm Mass

Church of Our Lady

7:00pm Mass



Bulletin Announcements: Please have your bulletin announcements to Julie at jschmitz@shepherdofsouls.org. By noon on Monday. Thank you!

MASSES & INTENTIONS

MASS SCHEDULE AND INTENTIONS

Monday, January 29

No Mass

Tuesday, January 30

St Philip, Litchfield 6:00 pmBob Koll St Anthony, Watkins 6:00 pmNo Mass

Wednesday, January 31

Hilltop Care Center, Watkins 10:30 am † Mike & Arletta Turner

Thursday, February 1

St. John, Darwin 8:00 am† Jim Hughes Bethany, Litchfield 9:00 am† Cletus Sterner

Friday, February 2

Saturday, February 3

St. Philip, Litchfield 4:00 pm† Ed W

Sunday, February 4

St. Philip, Litchfield 8:00 amVirginia Breyer & † Pauline Frank Our Lady, Manannah 8:00 am† Dale Kalkbrenner St. John, Darwin 10:00 am† Daniel, Ray, Rose & Gale Posusta St. Anthony, Watkins 10:00 am† Irene Manuel St. Philip, Litchfield 12:00 pm (Spanish) People of the Parish

Mass live streaming on our website using Facebook Live every Saturday at 4:00 pm St. Philip, Sunday at 8:00 am at St. Philip & Our Lady, Sunday 10:00 am at St. John. You can follow us at https://www.facebook.com/profile.php? id=100069068800296 The video will remain on our website after the mass is over.

Please pray for those who are sick in the Parish especially...

St.P: Todd Wheeler, Isaac Buhr, Beckie Schaefer, Dan Curran, Jasper Kargas, Antonio Franco, Sylvia Johnson, Jon Laney, Jan Paulson, Jordan Munson, Robin, Caitlin Pitts, Karen Marsh, Shirley Buck, Mary Knutson, Tim Kapperman, Kay Grams, Philip Johnson, Dale Andersen, Darlene Putney, Addie Fairbairn, Carol Huhner, Peg Shaw, Roberta Meyer, Jeremy Munson, Carole Becker, Jim Knott, Virginia Ourada, Marge Hanson, Pat Aaker, Jodi Henricksen Winkles, Summer Franco, Florence Rezek, Cordelia Lewandoski, Julie Eck, Pat Munson, Larry Hoffman, Gunnar Pitts, Fae Alvarez. Prayer Line phone number 593-8944.

OL: Prayer Line: Mary Kalkbrenner, George Pfeffer, Dolores Wiechmann, Mary Hansen, Josephine Valiant, Rosie Boyer, Art Haag, JoAnn Topp. Prayer line phone number 693-8900.

St.J: Ednel Diedrich, Alec McLean, Marlys Roehl, Troy Kotila, Kim (Elke) Jack, Kathy Thissen, Jacob Schmitz, Kathy Eggert, Mary Jo Edwards, Janice Crowe, Lori Ficker, Judy Haverkamp, Wes Edwards, Jessee Steuck, Clarence Vorlicek, Mary Levinski, Phyllis Levno, Dale LaPlante, Reiden Cichoska, Tony & Lena Marelic, Betsy Wright, Helena Posusta, David & Margaret Backus, Jeff Peller, Debbie Francis. Prayer Line Phone Number 693-9496.

St.A: The Jackie Boulton Family, Ron Welle, the Ley Family, Ellen Libbesmeier, Carol Huberty, Tom Huberty and Patrice Canfield, Joyce Manske. Prayer Line phone number 764-2755.

And all those who have asked for our prayers of healing of their friends and relatives.

Stewardship

SUNDAY CONTRIBUTIONS and OFFERINGS FROM THE WEEKEND OF: January 21, 2024						
OFFERINGS	St. John		Our Lady		St. Philip	St. Anthony
Youth & Children Envelope	\$0.00		\$22.95		\$0.00	\$0.00
Adult Envelope	\$1,605.00		\$1,045.00		\$9,369.00	\$1,716.00
ACH (Auto payment)	\$130.00		\$0.00		\$0.00	\$710.00
Loose Plate Collection	\$159.50		\$59.00		\$2,905.50	\$215.00
TOTAL SUNDAY OFFERING	\$1,894.50		\$1,126.95		\$12,274.50	\$2,641.00
Weekly Amount needed for budget	\$3,726.00		\$2,216.00		\$8,365.33	\$3,077.00
This Week's Difference	(\$1,831.50)		(\$1,089.05)		\$3,909.17	(\$436.00)
YEAR TO DATE SUNDAY OFFERING	\$113,019.47		\$67,504.00		\$284,689.00	\$114,188.00
Year to Date Budget Needs	\$111,780.00		\$66,480.00		\$250,959.90	\$92,310.00
YEAR TO DATE DIFFERENCE	\$1,239.47		\$1,024.00		\$33,729.10	\$21,878.00

Every Parishioner is a Gift to the Parish and the Church. Your Financial Contributions and the Gift of your time and talents in serving the needs of our Parish and Area Faith Community is a Blessing!

Any donations can be mailed or made online at https://www.shepherdofsouls.org/donate Please specify the name of the parish or fund you are donating to in the comments area.

HAPPENING THIS WEEK

MONDAY, JANUARY 29

AFC 4:00 pm....10th Grade Confirmation Retreat

StP 6:00 pm.... Mat Pietra

StP 6:00 pm... District Knights of Columbus Meeting

TUESDAY, JANUARY 30

StP 8:30 am....Rosary

StP 9:00 am....Mission Quilters

StP 9:00 amBible Time

StP 11:00 am.... Chair Pietra

StA 7:00 pm....Parish Administrative Council Meeting

WEDNESDAY, JANUARY 31

StJ 8:30 am....Quilting

StPNo Faith Formation Class Gr 4-6

StJ 5:45 pm.....Jesus & the Eucharist

StPNo Faith Formation Class Gr 7-11

StP 6:30 pmCatechist Meeting (Gr. 6-11)

StA 6:30 pm....Faith Formation Gr 7-10th

StJ 6:30 pm....Faith Formation Class Gr K-11

OL 6:45 pm.....Faith Formation Class Gr 3-11

AFC 6:45 pm...RCIA

THURSDAY, FEBRUARY 1

OL 9:00 am....Our Lady Prayer Women

StJ 9:05 am... Bible Study

AFC 2:00 pm....Staff Meeting

St. Philip Adoration – Just a reminder to those that have signed up for adoration. If you are unable to be with Christ during the hour you have signed up please find a replacement. If you are unable to find a replacement let Mary Peltier know and she will find someone to cover for you.

FRIDAY, FEBRUARY 2

StP 8:00 am...Rosary

StJ 1:00 pm ... Adoration Begins

StA 6:00 pm.... Community Rosary/Potluck

StJ 7:00 pm....Benediction

SATURDAY, FEBRUARY 3

StA 7:30 am....Men's Group @EV

AFC 9:00 am....Coffee Talk @ StP

SUNDAY, FEBRUARY 4

OL 8:45 AMSunday School

OL 9:00 am.... CCW Valentine Brunch

StP 9:15 am...Sunday School

StJ 10:00 am.. Children's Liturgy

StJ 11:00 am...KC Breakfast

StP 11:20 am...Spanish Rosary

StP 1:00 pm....Potluck Meal for Presentation

AFC 6:30 pm....AFC Confirmation Class 11th Gr

Eucharistic Adoration He is waiting for you to come spend

He is waiting for you to come spend time praying. Eucharistic Adoration will be

St. Anthony, Every Thursday - Friday

Thursday 9:00 am to Friday 9:00 am

Church of Our Lady, Friday, February 2

No Adoration & Benediction

Church of St. John, Friday February 2 Adoration Begins at 1:00 pm, Benediction at 7:00 pm

Church of St. Philip February 6 & 20

Adoration Begins at 9:00 am, Benediction is at 5:45 pm

Everyone is welcome to come and pray!



FAITH FORMATION

Faith Formation Schedule for this week St. Philip—Wed, Jan 31

No Faith Formation Class Gr 4-6 No Faith Formation Class Gr 7-11 6:30 pm Catechist Meeting Gr 6-11

Sunday School—for Preschool– Gr 3 meet every other Sunday 9:15-10:15

Our Lady - Wed, Jan 31

January 29 -NET retreat January 31 -Class grades 3-11

February 7 - Meal at 6:30 pm/Class for gr 3-11 February 14 - Attend Ash Wednesday 7:00 pm Mass as a Family

Sunday School—Preschool to Gr 2 after Communion until 9:45 am

St. John - Wed, Jan 31

6:30 pm Faith Formation Class Gr K-11

St. Anthony - Wed, Jan 31

Jan 31 - Classes for 7th-10th graders 6:30-8pm Feb 7 - Classes for 7th-10th graders 6:30-8pm Feb 14 - No Class - Attend Ash Wednesday Mass as a Family in Watkins at 6:30pm Feb 21 - Family Faith Formation (K-6th Grade w/ parents) 5:45-7:45pm

AFC Confirmation Class - The next monthly Confirmation evening class will be held Sunday, Feb. 4, 6:30 – 8:00 PM in the St. Philip Social Hall. This class is for 11th grade candidates and sponsors from St. Philip, St. John, and Our Lady parishes. If a sponsor is unavailable, a parent/guardian may attend in their place. Candidates should bring their Mass journals to class!

For more information refer to the AFC Google Calendar at www.shepherdofsouls.org

Download Our New AFC App!

Our new Shepherd of Souls AFC app is now available to download for iPhone and Android smart phones. Stay connected with our parish throughout the week with instant notifications, an easy-to-access event calendar, and the ability to quickly reply to or share messages via Facebook or Twitter. Also enjoy a bunch of additional features like prayers, daily readings, helpful reminders to silence your phone before Mass or Confession, and much more. Help foster a stronger parish life at Shepherd of Souls AFC and better engage the New Evangelization. Download our app today at myparishapp.com or search your phone's app store for myparish.

Prayers for the NET Retreat - Please pray for a successful NET Retreat scheduled for Monday, January 29th, from 4-9pm at the Parish Center in Mannanah. May the Holy Spirit be with all those in attendance.

Spaghetti Dinner/Auction Thank You!

Thank you to everyone who supported the youth ministry program and especially those going to the Eucharistic Congress by enjoying our spaghetti feed and bidding on excellent silent auction items! The event raised just over \$1,500! It was great to see everyone enjoying the meal!





St. Anthony Sub Fundraiser—Hosting a Pre-Order Sub Sandwich Fundraiser to benefit youth events and activities. Sandwiches are made to your liking including meat, cheese and other toppings of your choice! You can choose to order just a sub sandwich or a meal that includes chips and a goodie. Orders will be ready for pick up on Sunday, February 11th from 11AM-Noon at the church. Extra order forms are in the handicap addition. We will be accepting Pre-Orders through Monday, January 29th. Contact Bonnie with questions at evwcatholic@gmail.com or 453-5765.*Looking for adults and high school students to help assemble, organize, hand out and make individually packaged treats. Contact Sam

at evwyouthministry@gmail.com. *Accepting monetary donations to offset the cost of supplies. Donations needed: •Three \$40 donations for roast beef •Three \$35 donations for ham •Three \$35 donations for turkey •Three \$30 donations for buns •One \$20 donation for advertising •One \$30 donation for paper supplies. Donations can be dropped in the collection box (please mark the envelope "Sub Fundraiser Donation"). Thank you for your help!



"The Body of Christ "AMEN!

The Code of Canon Law of the Catholic Church 924 states: "The most holy Eucharistic sacrifice must be offered with bread and with wine in which a little water must be mixed. The bread must be only wheat and recently made so that there is no danger of spoiling. The wine must be natural from the fruit of the vine and not spoiled." In addition, Canon Law 926 writes: "In the Eucharistic celebration, in accordance with the ancient tradition of the Latin Church, the priest is to use unleavened bread wherever he celebrates Mass."

Receiving the Body of Christ under the appearance of bread in "the Eucharist is the sum and summary of our Catholic faith". What about someone with celiac disease?

Encounter Night of Adoration and Reconciliation: February 23 at St. Philip from 6:15-8pm with refreshments to follow.

Join us to learn more about "Jesus and the Eucharist"

A video and discussion series produced by the National Eucharistic Revival Team together with the Augustine Institute

When: Wednesday evenings, January - April (Following St. John's Faith Formation schedule and snow cancelations)

Come every week or drop in when you can.

Time: Optional 5:45-6:15 light meal,
6:30-7:45 prayer, video, and discussion

(Faith Formation classes for the students are also held during this time.)

Where: St. John's Education Center 17260 US-12, Cokato, MN 55321 No Homework!

Rosary & Potluck

Join us on Friday, February 2nd @ 6:00 PM at the Randy & Molly Zimmerman Residence (15172 Cedardale Rd, Paynesville). Bring the family, your rosary, and a dish to share. Families & individuals of all ages are invited!

American Red Cross - Thank you

Thank you to those that helped with the The American Red Cross blood drive last week, in Eden Valley, and to those of you that donated. Your willingness to give of your time and resources is greatly appreciated.

Bonnie Meyer - Coordinator



lieve, but Lent will soon be upon us! At St. Anthony's we will once again be collecting your old palm branches from past years to burn down for ashes to be used on Ash Wednesday (February 14th). There is a basket in the back of the church for your palms.

St Anthony Baby Needs Drive - Please join the Faith Formation Program in filling a playpen in the gathering area with new items that families with new babies could use. All donations will be brought to Elevate Pregnancy & Family Resource Center. This is a great way to "Shower" our Spiritually Adopted Babies with Gifts as we continually pray for LIFE!

Silent Auction Items - The Believe it. Achieve it! Fundraising event is fast approaching, if you would like to contribute toward this great cause, we are accepting Silent Auction Donation items, cash, etc. Please contact Monica at 320-693-3313 x106. Thank you!

St Anthony Contribution Report—The 2023 contribution reports for St. Anthony parishioners will be available in the back of church starting on January 19th. Any remaining envelopes after January 28th will be mailed out.

Pro-Life news

THANK YOU to all who participated in the "MARCH FOR LIFE" at Minnesota's State Capitol in ST PAUL, MN. **THANK YOU** to all who have "SPITIRUALLY ADOPTED" unborn babies in danger of abortion. Because we feel there are still many who don't seem to understand the Spiritual Adoption program, we are extending it one more week. Today at Our Lady, we have Students from our Faith Formation program passing out flyers at the church doors as you leave. You don't need to return anything to participate, simply look through the flyer and, if you choose to "save an unborn baby", follow the instructions and begin praying daily (for 9 months) this beautiful prayer from Bishop Fulton Sheen: JESUS, MARY, JOESPH, I LOVE YOU VERY MUCH. I BEG YOU TO SPARE THE LIFE OF THE UNBORN BABY I HAVE SPIRITUALLY ADOPTED WHO IS IN DANGER OF ABORTION. This baby you pray for WILL BE **SAVED** FROM ABORTION!! Any questions contact Judy Haag at judy4life@meltel.net 320-453-7592



Believe it. Achieve it!

Join us for a great event & fun night! Tickets are \$45.00 and can be purchased at St. Philip's School or Church office The Church of St. Philip Saturday, February 17th 5-8:00 p.m.

SOCIAL HOUR @ 5:00p.m.

DINNER &

Bar
Available SILENT AUCTION

MUSIC BY



THE JAZZ AUTHORIT

Food & catering by
V's Grill & Pub
Darwin, MN

Proceeds benefit the Scholarship Fund and Curriculum updates for The School of St. Philip

Women's Area Faith Coffee Talk



Saturday, February 3, 2024, 9:00 am St. Philip's Social Hall

Speakers will be Pat Kusler & Teresa Lahr

Come for a time of Fellowship, coffee, treats and door prizes!! Bring your friends and your favorite coffee mug!

Sponsors: Family Fare & Thrivent Financial

Widows of Joy – February 3, 2024 @ 8:30am

Are you looking for a place to meet other widows who have lost their beloved husbands? St. John Paul II Area Faith Community invites all recent and long-time widows to attend Widows of Joy on Saturday, February 3, 2024. The gathering will begin with Mass at 8:30am, followed by fellowship, continental breakfast, a reflection talk on "What Do I Live For Now". You'll learn why moving forward is necessary, why it's a process, and why peace and pain will always coexist! Come join us and meet new friends! Registration is requested for meal planning. Due to church reconstruction, Mass and gathering will be located at Holy Trinity Catholic School, please enter at Door #4. To register:

1) Call HT Parish @ 320-485-5651. 2) Sign-up online @ https://www.signupgenius.com/go/904084FACA72BA6F85-widows1 or by 3) QR Code. Register by Thursday, February 1, 2024. Questions? Contact Roxanne Felder @ 612-396-0727. Invite a widowed friend to join our next gathering!

Catholic United Financial Breakfast



Sunday, January 28, 2024

St. Philip's Church Hall 8:00 am—12:00 pm

Menu: Scarmbled Eggs, Ham, Cheesy Potatoes, Homemade Rolls, Juice & Coffee Adults \$10.00 Students



The event is made possible by Catholic United Financial

Council, Litchfield, MN Sales Representative Donna Nelson 320-221-1566 dnelson@catholicunited.org

This event is eligible for a matching grant from Catholic United Financial of up to \$1000



Church of Our Lady CCW Valentine Brunch & Bake Sale Sunday, February 4, 2024 9:00-10:30 am

CCW Mission Project Fundraiser Sharing God's Love with our Brothers & Sisters

Menu: Egg Bake, Sweet Rolls, Fruit, Beverages Free Will Offering

St. John KC Pancake Breakfast -

The James A. Hansen Knights of Columbus invite you to a pancake breakfast at St. John's following the 10:00 am Mass on Sunday, February 4. All proceeds will benefit Catholic Charities. Your generous free-will offering will be matched up to \$1,000 by the K of C. St. John Quilters will have a quilt Raffle.

Winter Pietra starting soon! Coming Home is a series of 6 classes targeting the midsection with meditations designed to help us grow in relationship with Christ, grow in renewed clarity and vision for our life and home. After the hustle and bustle and indulgence of the holidays, and before the Lenten season of fasting, this is your invitation to pause and receive so that you can give from a place of abundance. We will be contemplating on who we are – "I have called you by name, you are mine" - Isaiah 43:1, clarifying the essentials - "For where your treasure is, there your heart will be also" - Matthew 6:19, and cultivating your Life - "So teach us to number our days that we may get a heart of wisdom" - Psalm 90:12. Mondays: ON THE Mat at 6:00 pm

January 29, February 5, 12, 19/26 Tuesdays: CHAIR at 11:00 a.m.

January 30, Feb. 6, 13, 20 Please contact Marsha Goraczkowski, a certified Pietra Fitness Instructor, at 320-221-1698 for information.