

CHOOSING YOUR CONFIRMATION NAME

Choosing a new name for Confirmation is an ancient and honorable tradition. Taking a new name can be symbolic of a new stage in life. It follows in the Scriptural tradition of the famous phrase, "I have called you by name (Isaiah 45: 3-4)." The significance of taking on the name of the saint follows many examples in Scripture. Throughout Scripture, God changes the name of people at a crucial time in their lives. God changed Abram's name to Abraham when a covenant of faith was made, and Abraham became the "father of many nations" (Genesis 17:5). Jesus changed Simon's name to Peter (Matthew 16:17), and Saul's name to Paul after he experienced a conversion of heart (Acts 13:9) and became one of the greatest missionaries of the early Church.

The communion of saints – what an incredible gift! They are our ancestors, our teachers, our friends, our siblings. They are real, truly human. They are sinners and are repentant children of God. The saints lived on this earth and experienced suffering, joy, pain, broken promises, peace, frustration, war, injury, heartbreak. Above all, they know what it takes to be united with God. They know what it takes to live well for Him.

When deciding on a Confirmation name, pick the name of a saint you admire, relate to, or aspire to be like. Know their story. This saint will be bonded to you spiritually and will be your model in life and can be the one you turn to for guidance and protection. Know the power of their prayer. Ask for their intercession like you would ask for the prayers of your family and friends. Through this process, you will not only find a Confirmation saint, but an incredible friend as well.

A Sacramental Information Form will be provided to collect this and other pieces of important information. In the meantime, consult the resources below for more information on Catholic saints:

Saint Resources:

<https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>

<https://mycatholic.life/saints/>

www.catholic.org/saints/

<https://www.ecatholic2000.com/saints.shtml?src=tm>

http://www.vatican.va/news_services/liturgy/saints/index_saints_en.html

