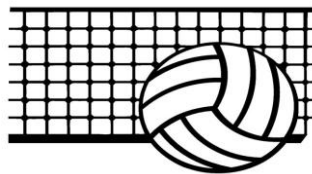


# VOLLEYBALL SKILLS AND DRILLS CLINIC



**WHO:** Girls attending either Notre Dame School or PREP entering Grades 4 through 8 in the Fall 2019

**WHERE:** Parish Center / Gym

**WHEN:** Monday, June 10, 2019 and Wednesday, June 12, 2019  
Monday, June 17, 2019 and Wednesday, June 19, 2019  
Monday, June 24, 2019 and Wednesday, June 26, 2019

**TIME:** 5:30 PM to 7:00 PM

**COST:** There is no cost!  
*We are requesting a donation of a food item (canned vegetables, cereal, pasta, etc.).*

**Register:** Contact Andrew Russo at [ajr0717@gmail.com](mailto:ajr0717@gmail.com) with participant name and grade (as of Sept., 2019)

Attend 1 or all 6 of the sessions. The clinic will include drills for players regardless of experience and skill level. “Fun-damentals” and teamwork will be stressed. Coaches will provide instructions to improve passing, setting, and ball control skills.

Please bring the CYO medical release form in order to participate. This form can be found at [www.ndbethlehemschool.org](http://www.ndbethlehemschool.org) under the Activities Section and the CYO tab.

If your child will be attending 1 or more of the sessions, please e-mail Andrew Russo before June 3, 2019 providing the child’s name and grade attending in the Fall 2019. This will help us to estimate the number of participants and the number of coaches that will be needed.

Andrew Russo – Assistant Coach  
ND Girls Volleyball  
[ajr0717@gmail.com](mailto:ajr0717@gmail.com)

John Kovacs – CYO VP  
Athletics Coordinator  
[jkovacs717@aol.com](mailto:jkovacs717@aol.com)