WEEKLY READINGS
MONDAY
Our Lady of Lourdes
Gn 1:1-19 Ps 104:1-2a, 5-6, 10, 12, 24, 35c Mk 6:53-56

TUESDAY
Gn 1:20—2:4a Ps 8:4-9 Mk 7:1-13

WEDNESDAY
Gn 2:4b-9, 15-17 Ps 104:1-2a, 27-30 Mk 7:14-23

THURSDAY
Saints Cyril, Monk, and Methodius, Bishop
Gn 2:18-25 Ps 128:1-5 Mk 7:24-30

FRIDAY
Gn 3:1-8 Ps 32:1-2, 5-7 Mk 7:31-37

SATURDAY
Gn 3:9-24 Ps 90:2-6, 12-13 Mk 7:31-37

SIXTH SUNDAY IN ORDINARY TIME
Color: GREEN
Jer 17:5-8 Ps 50:1,8, 16bc-17, 20-21 Mk 8:11-13

Pastoral Care
Send a card, make a call, visit and always pray for our brothers and sisters in faith who are ill, including...

SICK & HOMEBOUND: Clarence Banks, Jr., Shirley Bailey, Annie Belardo, Daniel A. Brown, Barbara Bryant, Francine Bryant, Marion Bullock, Charles Cabarras, Brenda Cannon, Margaret Church, Matthew Cherry, Gloria Coleman, Vincent C. Eason, Jr., Agna Estaris, Etisha Goode, Thado Greene, Sharon Haynes, Sandra Jarvis, Shirley Jasper, Martha Jones, Skip Jones, William Mann, Emma Mills, Antonell McGlone, Harvey Nash, Pauline Nash, Vincent "Bubba" Newby, Kenswil Paige, Wendell Paige, Evelyn Proctor, Dr. H. Mark Richards, Dorothy Sharp, Faye Shaw, Valerie Smith, Linda Trotter, John Ward, Esther Whitley, Jessie Winfield, Charles Williams, Rosie Woodis


NURSING HOME/REHAB:
Katherine Morris, Greenbrier Regional Medical Center, Rm 301
Norris Phillips, Georgian Manor, River Walk
Emily Ponton, Elizabeth Allen Crump Rehab, Glen Allen, VA, Rm 12B
Kema Rodgers, Sentara Rehab Newtown

TO PLACE NAMES ON THE PRAYER LIST:
Call the Church Office, 757-622-4487

TO RECEIVE HOLY COMMUNION AT HOME:
Contact the Pastoral Care Team
Tom Bomar, 757 -461 -10 53 or 757-692-8347
Cindy Williams, 757 -849-9298

If you are not receiving your church, envelopes please contact Nicole Drummond in the church office.
Thank you!
Resisting Happiness Parish Book Study

Session Four: February 12, 2019 (10:00 am) and February 13, 2019 (7:00 pm)

Opening Prayer:

Heavenly Father, open our hearts and minds. Allow us to see the beauty of our faith and show us what is possible in our lives with your grace. Send your Spirit upon us so that we may become the best-ever versions of ourselves and celebrate this true self in every moment of every day. We ask this through your son, Jesus. Amen.

Chapters 19-24

Discussion Questions: In addition to the action step at the end of each chapter, reflect on the following questions:

1. What is your favorite thing about the Mass?
2. What does it mean to be a good listener? With your loved ones? With your body? With your conscience and your soul?
3. How do you think using a Mass journal could enhance your experience of the Mass?
4. What does it mean to give truth a place of honor in your life?

Closing Prayer:

Loving Father, I invite you into my life today and make myself available to you. Open my heart to the areas of my life that need to change in order to carry out your mission. Teach me to enjoy uncertainty and inspire me to live the faith dynamically. Give me courage when I am afraid, hope when I am discouraged, and clarity in time of decision. I ask this in Jesus name, Amen.

This week’s Work: The ultimate spiritual awareness leads us to understand that every yearning is in some mysterious way a yearning for God. While we are searching for him far and wide in this world, he is waiting for us in the very depths of our souls. But in the early stages of spiritual development it is enough to recognize that God speaks to us in our hunger. He uses our hunger to teach us and guide us. (p. 120) Take some time to reflect on a time when you realized that your neediness was only satisfied by an awareness of God’s presence in a situation.

For individual and small group study a full study guide may be found at:

OR

Go to dynamiccatholic.com and search for Resisting Happiness study guide.
“They caught a great number of fish...”

MARRIAGE MINISTRY
Do you know your spouse’s "Love Language?" **Save the date of Saturday, February 23, 2019** to discovery it! We will meet to discover this important information in a fun-filled and interactive way. We will be located at **St. Mary’s School in room 201** at **6:30 PM**.
Please join us for fellowship and focus on our sacrament of Marriage. See you there!

The **Health and Wellness Ministry** will have a meeting on Sunday, February 17, 2019, after the 9:00am Mass.
Vineyard of the LORD: "You too go into my vineyard." (Mt 20:4)

Pastoral Parish Council

The Parish Pastoral Council serves as the consultative body for the Parish and provides counsel to the rector and lay administration; helps to envision, establish, plan, and monitor the mission and activities of the Parish. Members of the Council include the Rector, Deacon, Pastoral Associate and 10 persons elected by the Parish.

The Parish Pastoral Council meets the second Tuesday of every month at 6:30pm on the 2nd floor of the Academy in room 202. If you have any questions, comments or concerns please send an email to parishcouncil@bsmic.org.

Members
Mr. James Gray-Chair jgray34@cox.net
Mr. JC Gardner-Co Chair ajg0905@yahoo.com
Mrs. Dana Dixon-Secretary Danawilliams412@gmail.com
Mrs. Harriet Brown-akagolden57@gmail.com
Mrs. Sarah Williams-swatsonw@verizon.net
Mrs. ReVae Goodwyn
Mrs. Latarisha Beamom
Mrs. Melvina Herbert- jher2575@aol.com
Mr. Robert Hewitt, Jr.-robhew@cox.net
Mr. Carlton Sample- carlsonsample@yahoo.com

The next meeting is scheduled for February 12, 2019 at 6:30pm. All meetings are open the parishioners.

Finance Council

The Financial Council meets monthly to review collections, expenses, income and the budget of the Parish. Once a year, Council members review the investments of the Parish. The Rector appoints members:

Members
Mr. Arcino Quiero, Jr - Chair
Mr. Eric Labat
Mrs. Michele Chesley
Mr. John Butler

Pastoral Plan Governing Committee (PPGC)

The role of the PPGC is to provide a forum to set strategic direction and resolve conflicting views, assist with resolutions or responses issues and risks, influence project execution by managing change in direction and provide final signoff on project acceptance.

Members
Eric K. Brown-Chair
Deacon Calvin Bailey
Arcino Quiero, Jr. - Finance Council
Oretha Pretlow-Pastoral Associate
Lyndon Berry - Pastoral Associate
Deborah Lamb
Michelle Maull
Luther Adams
Barbara Wright
Ricardo Givens
Nicole Drummond