

WEEKLY READINGS

MONDAY

Heb 1:1-6 Ps 97:1, 2b, 6, 7c, 9 Mk 1: 14-20

TUESDAY

Heb 2:5-12 Ps 8:2a, 5-9 Mk 1:21-28

WEDNESDAY

Heb 2:14-18 Ps 105:1-4, 6-9 Mk 1:29-39

THURSDAY

Heb 3:7-14 Ps 95:6-11 Mk 1:40-45

FRIDAY

Heb 4:15, 11 Ps 78:3, 4bc, 6c-8 Mk 2:1-12

SATURDAY

Christmas Weekday

Heb 4:12-16 Ps 19:8-10, 15 Mk 2:12-17

SECOND SUNDAY IN ORDINARY TIME

Color: GREEN

Is 62:1-5 Ps 96:1-3, 7-10 1 Cor 12:4-11 Jn 2:1-11

Basilica of St. Mary of the
Immaculate Conception

232 Chapel St.- Norfolk, VA 23504

USDA Distribution
Mondays: 9:30am-11:30am

BULLETIN ANNOUNCEMENTS

Come on Church Family, let us know what is going on in your Ministry. Send us your announcements for the Parish Bulletin. Please submit print ready announcements for next week's Bulletin by Monday. **Please email to bulletin@bsmic.org**

If you are not receiving your church envelopes please contact Nicole Drummond in the church office. Thank you!

PASTORAL CARE

Send a card, make a call, visit and always pray for our brothers and sisters in faith who are ill, including...

SICK & HOMEBOUND: Clarence Banks, Jr., Shirley Bailey, Annie Belardo, Daniel A. Brown, Barbara Bryant, Francine Bryant, Marion Bullock, Charles Cabarras, Brenda Cannon, Margaret Church, Matthew Cherry, Gloria Coleman, Vincent C. Eason, Jr., Agna Estaris, Etisha Goode, Thado Greene, Sharon Haynes, Shirley Jasper, Martha Jones, Skip Jones, William Mann, Emma Mills, Wardell Mills, Antonell McGlone, Harvey Nash, Pauline Nash, Vincent "Bubba" Newby, Kenswil Paige, Wendell Paige, Evelyn Proctor, Dr. H. Mark Richards, Dorothy Sharp, Faye Shaw, Valerie Smith, Linda Trotter, Blessing Washington, John Ward, Esther Whitley, Jessie Winfield, Charles Williams, Rosie Woodis

Friends of the Basilica: Albert Aquino, Bertha Adams, Sandra Brooks-Green, Ezra Brown (RaVae Goodwyn's Father), Kenneth Balbuena, Lucretia Brown, Rebecca Clark, Jean-Claude Condimine, Lamar Cuffee, Nick Edwards, Joseph Jackson, Michael Jenkins, Freddie Johnson, Christine Jordan, Wanda Gunnoe, Doris Wade, Therace Meehan, Chassidy Moore, Bernadette McClain, Patie Neunz, Brenda Speller, Robin Ward, Karen Woodbury, Milan Young, Alice Volz

NURSING HOME/REHAB:

Katherine Morris, Greenbrier Regional Medical Center, Rm 301

Norris Phillips, Georgian Manor, River Walk

Emily Ponton, Elizabeth Allen Crump Rehab, Glen Allen, VA, Rm 12B

Kema Rodgers, Sentara Rehab Newtown

TO PLACE NAMES ON THE PRAYER LIST:

Call the Church Office, 757-622-4487

TO RECEIVE HOLY COMMUNION AT HOME:

Contact the Pastoral Care Team

Tom Bomar, 757 -461 -10 53 or 757-692-8347

Cindy Williams, 757 -849-9298



Resisting Happiness Parish Book Study

Session One: January 29, 2019 and January 30, 2019

Opening Prayer:

Heavenly Father, open our hearts and minds. Allow us to see the beauty of our faith and show us what is possible in our lives with your grace. Send your Spirit upon us so that we may become the best-ever versions of ourselves and celebrate this true self in every moment of every day. We ask this through your son, Jesus. Amen

Chapters 7-12

Discussion Questions: In addition to the **action step** at the end of each chapter, reflect on the following questions:

1. In chapter seven, the author explains how resistance keeps us busy and distracted from the things that will help us grow. How have you seen this in your life recently?
2. Prayer changes everything. How has prayer impacted your life recently?
3. In chapter five the author presents four words from the Our Father as the greatest challenge to Christianity. How is God calling you to live out those words right now?
4. What does it mean to live soulfully?

Closing Prayer:

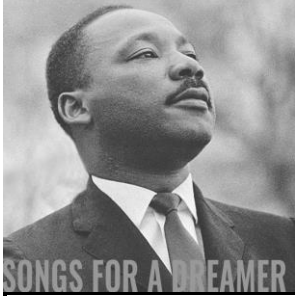
Loving Father, I invite you into my life today and make myself available to you. Open my heart to the areas of my life that need to change in order to carry out your mission. Teach me to enjoy uncertainty and inspire me to live the faith dynamically. Give me courage when I am afraid, hope when I am discouraged, and clarity in time of decision. I ask this in Jesus name, Amen.

This week's Work:

What to do about distractions? People say, "I become distracted whenever I try to pray." My response to this is to suggest that people make the distraction the content of their prayer, to hear God's word in this person, situation, whatever it might be. It is usually the very thing that we should be thinking, reflecting, praying about in the presence of the Lord. So I think most of the distractions we get are really not distractions. This week make those distractions part of your prayer. (J. J. O'Leary, SJ)

- For individual and small group study, the full study guide may be found at: https://files.dynamiccatholic.com/home/pdfs/study+guides/RH_StudyGuide.pdf **OR** Go to Dynamiccatholic.com and search for Resisting Happiness Study Guide

Songs of a Dreamer: A Tribute to Dr. Martin Luther King, Jr. • 1/20



FREE AND OPEN TO THE PUBLIC

Sunday, January 20, 2019 | Second Calvary Baptist Church, 2940 Corprew Avenue, Norfolk | 7:00PM

The Virginia Symphony Orchestra will pay homage to the visionary Civil Rights leader, Dr. Martin Luther King, Jr. This concert will feature orchestral and vocal music that inspires that legacy of Dr. King. The VSO's annual Dreamer Award will also be presented to Thomas Wilkins, Music Director of the Omaha Symphony and Norfolk native. Through the VSO's Harmony Project Concert program, this performance is free and open to the public.

This concert is presented in partnership with the City of Norfolk.

Gonzalo Farias, conductor

Virginia Symphony Orchestra

Martin Luther King, Jr. Ceremony and Walk

Monday, January 21, 2019

9:00 A.M.

Attucks Theatre, 1010 Church Street.

Following the ceremony, the public is invited to march to the Dr. Martin Luther King, Jr. Memorial for a wreath-laying ceremony.

Parking is available at Garden of Prayer Worship Center, 1001 Church Street.

For more information on the MLK ceremony, call 757-664-4253.

TREK for Civility: Tolerance • Respect • Empathy • Kindness

Month of January

Norfolk Public Library - TREK for Civility

Join us for a variety of crafts, programs, and Storytimes that focus on building tolerance, respect, empathy and kindness (TREK).

Co-Workers in the Vineyard of the LORD: "You too go into my vineyard." (Mt 20:4)

Pastoral Parish Council

The Parish Pastoral Council serves as the consultative body for the Parish and provides counsel to the rector and lay administration; helps to envision, establish, plan, and monitor the mission and activities of the Parish. Members of the Council include the Rector, Deacon, Pastoral Associate and 10 persons elected by the Parish

The Parish Pastoral Council meets the second Tuesday of every month at 6:30pm on the 2nd floor of the Academy in room 202. If you have any questions comments or concerns please send an email to: parishcouncil@bsmic.org.

Members

Mr. James Gray-Chair jgray34@cox.net

Mr. JC Gardner-Co Chair
ajg0905@yahoo.com

Mrs. Dana Dixon-Secretary
Danawilliams412@gmail.com

Mrs. Harriet Brown-akagolden57@gmail.com

Mrs. Sarah Williams-swatsonw@verizon.net

Mrs. ReVae Goodwyn

Mrs. Latarisha Beamon

Mrs. Melvina Herbert- jher2575@aol.com

Mr. Robert Hewitt, Jr.-robhew@cox.net

Mr. Carlton Sample-
carlsonsample@yahoo.com

The next meeting is scheduled for February 12, 2019 at 6:30pm. All meetings are open the parishioners.

Finance Council

The Financial Council meets monthly to review collections, expenses, income and the budget of the Parish. Once a year, Council members review the investments of the Parish. Members are appointed by the Rector:

Members

Mr. Arcino Quiero, Jr - Chair

Mr. Eric Labat

Mrs. Michele Chesley

Mr. John Butler

Pastoral Plan Governing Committee (PPGC)

The role of the PPGC is to provide a forum to set strategic direction and resolve conflicting views, assist with resolutions or responses issues and risks, influence project execution by managing change in direction and provide final signoff on project acceptance.

Members

Eric K. Brown-Chair

Deacon Calvin Bailey

Arcino Quiero, Jr. - Finance Council

Oretha Pretlow-Pastoral Associate

Lyndon Berry - Development Director

Deborah Lamb

Michelle Maull

Luther Adams

Barbara Wright

Ricardo Givens

Nicole Drummond