



**MOREHOUSE COUNCIL ON AGING  
FITNESS/WELLNESS CENTER**

**HOLD HARMLESS AGREEMENT**

HEREBY RELEASE FROM LEGAL RESPONSIBILITY THE  
MOREHOUSE COUNCIL ON AGING, INC., FOR ANY  
INJURY I MAY SUSTAIN WHILE WORKING OUT ON  
EQUIPMENT, OR IN AN EXERCISE CLASS AT ONE OF  
THE EXERCISE EQUIPMENT, OR IN AN EXERCISE CLASS  
AT ONE OF THE COUNCIL LOCATIONS. I UNDERSTAND  
THAT I MAY SUSTAIN SOME TYPE OF INJURY OR  
ILLNESS WHILE USING THIS EXERCISE EQUIPMENT, OR  
IN AN EXERCISE CLASS, BUT I DO NOT LEGALLY HOLD  
THE MOREHOUSE COUNCIL ON AGING, INC.,  
RESPONSIBLE FOR SUCH INJURY, OR ILLNESS

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MCOA STAFF

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DATE

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SIGNATURE

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DATE