

Holy Trinity & St. Michael Bulletin Insert

Sunday, December 1st, 2019

First Sunday of Advent



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Dynamic Catholic - Best Advent Ever Advent Reflections

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During Advent....

- Spend a few extra minutes in prayer
- Do your work well and with Joy for God
- Secretly do a kind act for someone
- Ask Mary to help you make room for Jesus in your heart
- Be more thoughtful of others
- Find a quiet place & sit for a few minutes letting God love you
- Be more patient
- Give a smile to all you meet
- Thank God for all he gives to you
- Make reading the *Daily Mass Readings* a part of Advent (<http://www.usccb.org/bible/>)
- Reflect on how is God calling you to serve him
- Go to Eucharistic Adoration
- Go to Confession and enjoy Christmas with a clean heart and peaceful soul, thanks to God's mercy

