



## *KEEP HOLY THE LORD'S DAY*

### *Celebrating Sunday at Home*

In his encyclical letter *Dies Domini*, Pope St. John Paul II reminds us that Sunday is “*Easter* which returns week by week, celebrating Christ's victory over sin and death, the fulfilment in him of the first creation and the dawn of “the new creation.” It is the day that the Lord has made!

Even in these days when we cannot attend public Mass, keeping Sunday holy is essential for our spiritual well-being. Fr. Luis and Fr. Henry have a few suggestions:

1. ***Watch one of our live-streamed Masses.*** We will live-stream Mass at 10:30 in English and 12:30 in Spanish. These videos will continue to be available the rest of Sunday.
2. ***Discuss the readings and the homily as a family.***
3. ***Pray the Rosary together.***
4. ***Considering praying Morning Prayer from the Liturgy of the Hours.*** Stay tuned for catechesis and instructions from Fr. Henry!