



Father Thomas F. Clark, S. J.



CLERGY FORMATION DAYS CANCELLED



Due to the Omicron surge, Bishop Duca cancelled the Clergy Formation Days scheduled for January 17-20 that Father Clark was planning on attending. Therefore, we will have daily Mass on these days at 12:10 PM. We will keep the Parish Council of Ministries meeting for Tuesday, January 25. Because of the MLK holiday, Zoom Bible Study will be on Tuesday, January 18 at 7:00 PM. The in person Bible Study will be on Thursday, January 20 at 10:00 AM.

MARTIN LUTHER KING BIRTHDAY OBSERVANCES



We will be observing the Birthday of the Rev. Martin Luther King, Jr. this weekend at all the Masses with a meditative reading after Communion and a release of balloons in the parking lot after each Mass. Look for the special "MLK Tree" in the foyer with the colors of his fraternity and ornaments that highlight significant events and facts about Dr. King's life. On Monday, January 17, we will celebrate Mass at 9:00 AM (in place of the 12:10 PM Mass).

BLACK HISTORY MONTH CELEBRATIONS



During Black History Month we will celebrate Black History (which is American History) with an exhibition on the "Negro Motorist Green Book" will be presented in the Parish Activity Center from Saturday, February 5 to 20. You may view the exhibit on weekends before and after the Masses. The exhibit will feature an actual copy of the Green Book; highlight Baton Rouge sites that were advertised in the book; show the LPS documentary, "Safe Haven: Exploring Louisiana's Green Book." On the weekend of February 12-13, everyone at Mass will receive a box lunch to commemorate the shoe boxes, pails and bandanas that housed a motorist's lunch while traveling.

On Sunday, February 20, Father Chris Kellerman will give us a sneak preview of his book on the history of the Catholic Church and slavery. We are still determining which format we will use: in person or virtual depending on the Covid situation at the time. If it is virtual, no one may record the presentation. That is a requirement of his publisher before the book's publication.

MLK MONTHLY COLLECTION



The monthly collection for the support of the MLK Catholic Student Center and its outreach ministries to students will be taken up at all the Masses next weekend, January 22-23. Thank you for your generous support of this collection. In December we collected \$ 653.00.

HEALTHY TIDBIT



Dr. Martin Luther King, Jr.'s autopsy results insinuated that his 39-year-old heart shockingly resembled a 60-year-old's heart. His heart's aged appearance was attributed to his 13-year stressful involvement with the Civil Rights Movement. Stress can be a normal and positive physical, mental and emotional reaction to life experiences. However, when your body, mind and spirit become overworked and overwhelmed without regular periods of relaxation or relief, you develop chronic stress symptoms like headaches, insomnia, stomach upset, heartburn, skin conditions, depression, anxiety, muscle tension, overeating, under-eating, cigarette smoking, social withdrawal, alcohol or drug abuse, high blood pressure, diabetes, asthma, heart disease, and/or a weakened immune system. An assassin's bullet ended Dr. King's life too soon; but, the chronic stresses from institutional and systemic racism, sleep deprivation, long work days/missions, imprisonments, personal/family death threats, lengthy separations from family — coupled with cigarette smoking, eating too many fried and lard-cooked soul foods, drinking too many Coca Colas, worrying and depression — were the "silent stress killers" that quickly deteriorated Dr. King's physical, mental and emotional health. pbs.org, mayoclinic.org, webmd.com

Happy Birthday

GERTRUDE	KNIGHT	1/16
RAVIN	MOORE	1/16
JALONDA	MORRIS	1/16
EDWIA	RICHARDSON	1/16
HAROLD	BROWN, JR.	1/17
CAROLYN	CHAMBERS	1/17
FLORENCE	JOHNSON	1/17
MICHAEL	LLORENS	1/17
JEREMY	BELONA	1/18
TANA	ALLEN	1/18
HAROLD	BROWN, SR.	1/18
LUNZY	CHRISTOPHER	1/18
ROBERT	PRESTON	1/19
LEONARD	SCOTT	1/19
MICHELLE	BEASLEY	1/20
LOIS	COCKERHAM	1/20
CHRISTINE	JONES	1/20
EDWARD	LEWIS	1/20
MARGEUX	WALKER	1/20
BRANDY	COLEMAN	1/21
DENA	CHRISTY	1/21
ERIN	DURLEY	1/21
BRADLEY	LEWIS	1/21
LAWRENCE	NAVARRE, SR.	1/21
CARMEN	PATRICK	1/21
DANIEL	BARNES	1/22
RAFFEAL	BENNETT	1/22
STEPHANIE	ROSAYA	1/22

CHURCH CONTRIBUTIONS FOR 2021



Parishioners who would like a copy of their church contributions for 2021, please fill out the form located in the vestibule of the church or call the parish office (225-775-7067) or send an email (bettsec1@aol.com) to request a statement. If you donate online through We Share or Givelify, you can download a statement directly

PARISH COUNCIL OF MINISTRIES



The Parish Council of Ministries will meet on Tuesday, January 25 at 6:30 PM in the Parish Activity Center. All parish ministry and organization chairpersons are asked to attend. An agenda and minutes of the last meeting will be sent electronically before the meeting.



Mass Readings

January 16th - January 23rd
Sunday
 Is 62:1-5; Psalms 96; I Cor 12:4-11
 Gospel: John 2:1-11
Monday
 I Sm 15:16-23; Psalms 50
 Gospel: Mark 2:18-22
Tuesday
 I Sm 16:1-13; Psalm 89
 Gospel: Mark 2:23-28
Wednesday
 I Sm 17:32-33, 37, 40-51; Psalm 144
 Gospel: Mark 3:1-6
Thursday
 I Sm 18:6-9; 19:1-7; Psalm 56
 Gospel: Mark 3:7-12
Friday
 I Sm 24:3-21; Psalms 57
 Gospel: Mark 3:13-19
Saturday
 2 Sm 1:1-4, 11-12, 19, 23-27; Psalms 80
 Gospel: Mark 3:20-21
Sunday
 Neh 8:2-4a, 5-6, 8-10; Psalms 19; I Cor 12:12-30
 Gospel: Luke 1:1-4; 4:14-21

Forms for new parishioners or changes are located in the vestibule of the church.

