

### HAPPY NEW YEAR 2020

the future is not threat. It is God's promise 2020 with peace, health and, joy. Remember, of his continued faithfulness and mercy. We May God bless us all in this New Year of

got an extra day to praise and thank God in 2020! tomorrow and who holds our hand! This is a leap year—so; we do not know what tomorrow holds, but we do know who holds

# MARTIN LUTHER KING BIRTHDAY



the Birthday of the Rev. Dr. Thursday, January 9 at 6:30 PM in the Ministry meeting to prepare for our celebration on King, Jr. Monday, January 20, is the observance of Celebrations of MLK's birthday are Father Clark would like to have a Martin Luther

These are suggestions—please bring your ideas to the meeting. participate in the annual Walls Project-MLK Day of Service. celebration on Sunday, January19 after the 10:30 AM Mass and now including volunteer service. I am suggesting that we have a leave Monday morning to volunteer work. I would like us to

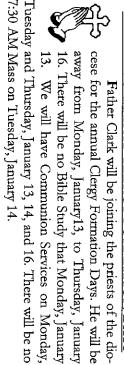
# BLACK HISTORY MONTH CELEBRATION



tion: if there are members of our church can men and women who were sold by the idea for our Black History Month celebrawho are descendants of the enslaved Afri-Father Clark would like to explore this

bers of the parish be interested in learning more about this stostory, would you be willing to share that with us? Would mem-Sunday movie matinee or a Soul Train talent show? Please let and you have done some research or have knowledge of their Jesuits and Georgetown University to plantations in Maringouin me know your ideas! Would we also like to schedule some other events like a

# FATHER CLARK AT CLERGY FORMATION DAYS



### BIBLE STUDY DURING JANUARY

be Bible Study on Monday, January 27. hible Study ary 6 at 7:00 PM in the Activity Center. There will be no Bible Study on January 13 (Clergy Formation Days) and January 20 (MLK Birthday). There will Our next Bible Study will be on Monday, Janu-



### MEMORIALS IN THE CHURCH



memory of a loved one. If you are one of those persons, Father Clark about the possibility of having something donated to the church in morialized, some parishioners have asked Since all the benches have been me-

#### THE ANOINTING OF THE SICK CELEBRATION OF

in the next few weeks. Thank you for your generosity.

has your name. He will be emailing a list of possibilities to you please email or text Fr. Clark so that he can make sure that he



celebrate this sacrament of healing and comfort. healing mercy, please plan to come out and January 26 at 2:00 PM. If you are experiencing ment of the Anointing of the Sick on Sunday, llness or weakness and want to ask for God's There will be a celebration of the Sacra

## PARISH COUNCIL OF MINISTRIES



Council of Ministries on Tuesday, January 21 at 6:30 PM in the Parish Activity Center. There will be a meeting of the Parish

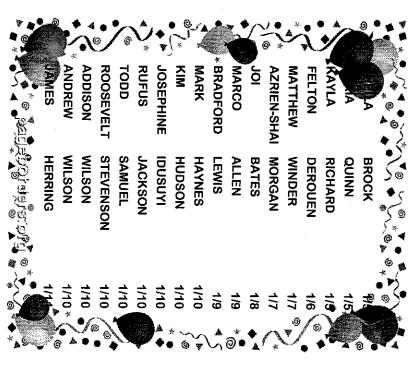
6:00 PM. An agenda and minutes of the last meeting will be parish ministries and organizations should plan to attend. mailed to you the week before the meeting. All chairpersons of There will be a light supper served from

### PARISH MINISTRY FAIR

come active! Please watch the bulletins during January for in sentatives of existing and new ministries will share with you formation about our ministries. their mission and works. You are invited to sign up and beafter the Masses. There will be a Parish Ministry Fair on Sunday, February 9 You will be able to visit tables where repre-



### Happy Birthday

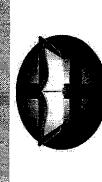


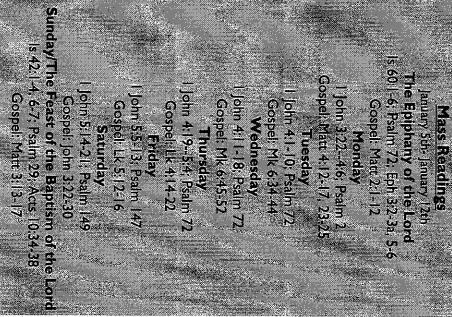
#### WALKING WARRIORS HEALTH AND WELLNESS MINISTRY

HAPPY, HEALTHY NEW YEAR TIDBIT: Instead of making overly ambitious but well

tions, aim for accomplishing small manageable goals. intentioned New Year's resolu-

commitment? www.psychologytoday.com your results. 4. Do not be secretive. Set-up an accountament? 2. Take small actions every day to improve. Be pa-How will your life change as a result of living out each Why do you want your commitment to become a reality? Be clear about your true purpose for setting each goal will you see, hear and feel when you reach your goals? 6. help. 5. Be very specific about what you want to achieve. Paul. 3. Visualize the joy you will feel once you achieve tient like Job; and stay determined like Ezra, Daniel or is your immediate next step to achieving each commitlutions — and they offer these tips. 1. Ask yourself: What you aim to achieve firm commitments (goals) — not resoof people fail to adhere to their New Year's resolutions by bility system with a trusted friend or with professional Describe your commitments in observable terms. What February. Many clinical psychologists recommend that According to Psychology Today, 80%





are located in the vestibule of the church.

rorms for new panshioners or changes

#### HOME CELEBRATION OF EPIPHANY 20+C+M+B+20

ning of Mardi Gras season!) With a peace of chalk, write on your front door: 20 + C + M + B + 20. God's blessing on the New Year, your home and your family Kings: Caspar, Melchior and Balthazar. It is a way to ask for numerals of the New Year. CMB are the initials of the three mark the conclusion of the Christmas season (and the begin-Celebrate the Feast of the Three Kings (Epiphany) to The 20 and 20 are the