

Morning and Evening Prayer

Holy Saturday



On Holy Saturday the Church waits at the Lord's tomb in prayer and fasting, meditating on his Passion and Death and on his Descent into Hell, and awaiting his Resurrection.

—Holy Saturday, #1, *The Roman Missal*

When it is not possible to celebrate Sunday Eucharist, "the faithful are strongly urged to devote themselves to prayer for a suitable time either individually or with the family or, if possible, with a group of families" (Directory for Sunday Celebrations in the Absence of a Priest, 32, quoting the Code of Canon Law, can. 1248 §2).

For "when the people are invited to the Liturgy of the Hours and come together in unity of heart and voice, they show forth the Church in its celebration of the mystery of Christ" (General Instruction of the Liturgy of the Hours, 22). . . . Finally, it is of great advantage for the family, the domestic sanctuary. . . . to pray together. . . . [and] celebrate some parts of the liturgy of the hours" (GILOH, 27).

MORNING PRAYER

STAND

OPENING VERSICLE

All make the Sign of the Cross as the leader begins.

LEADER: God, † come to my assistance.

ALL: Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

HYMN

What Wondrous Love Is This

1. What won-drous love is this, O my soul, O my
2. What won-drous love is this, O my soul, O my

1. soul? What won-drous love is this, O my soul? What
2. soul? What won-drous love is this, O my soul? What

1. won-drous love is this that caused the Lord of
2. won-drous love is this that caused the Lord of

1. bliss To bear the dread-ful curse for my soul, for my
2. bliss To send this pre-cious peace to my soul, to my

1. soul, To bear the dread-ful curse for my soul?
2. soul, To send this pre-cious peace to my soul?

Text: 12 9 12 12 9; Alexander Means, 1801–1853. Music: William Walker's The Southern Harmony, 1835.

SIT

After a moment of silence, prayer continues with the psalms.

PSALM 64

Antiphon (all): Though sinless,
the Lord has been put to death.
The world is in mourning
as for an only son.

GROUP 1: Hear my voice, O God, as I complain,
guard my life from dread of the foe.
Hide me from the band of the wicked,
from the throng of those who do evil.

GROUP 2: They sharpen their tongues like swords;
they aim bitter words like arrows
to shoot at the innocent from ambush,
shooting suddenly and recklessly.

GROUP 1: They scheme their evil course;
they conspire to lay secret snares.
They say: "Who will see us?
Who can search out our crimes?"

GROUP 2: He will search who searches the mind
and knows the depth of the heart.
God has shot them with his arrow
and dealt them sudden wounds.
Their own tongue
has brought them to ruin
and all who see them mock.

GROUP 1: Then will all men fear;
they will tell what God has done.
They will understand God's deeds.
The just will rejoice in the Lord
and fly to him for refuge.
All the upright hearts will glory.

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

Antiphon (all): Though sinless,
the Lord has been put to death.
The world is in mourning
as for an only son.

CANTICLE: ISAIAH 38:10–14, 17–20

Antiphon (all): From the jaws of hell, Lord,
rescue my soul.

LEADER: Once I said,
"In noontime of life I must depart!
To the gates of the nether world
I shall be consigned
for the rest of my years."

ALL: I said, "I shall see the Lord no more
in the land of the living.
No longer shall I behold my fellow men
among those who dwell in the world."

LEADER: My dwelling, like a shepherd's tent,
is struck down
and borne away from me;
you have folded up my life,
like a weaver
who severs the last thread.

ALL: Day and night
you give me over to torment;
I cry out until the dawn.
Like a lion he breaks all my bones;
day and night
you give me over to torment.

LEADER: Like a swallow I utter shrill cries;
I moan like a dove.
My eyes grow weak,
gazing heaven-ward:
O Lord, I am in straits; be my surety!

ALL: You have preserved my life
from the pit of destruction,
when you cast behind your back
all my sins.

LEADER: For it is not the nether world
that gives you thanks,
nor death that praises you;
neither do those
who go down into the pit
await your kindness.

SHARED SILENT REFLECTION

ALL: The living, the living give you thanks,
as I do today.
Fathers declare to their sons,
O God, your faithfulness.

LEADER: The Lord is our savior;
we shall sing to stringed instruments
in the house of the Lord
all the days of our life.

ALL: God, my Lord, is my strength;
he makes my feet swift as those of hinds
and enables me to go upon the heights.

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

Antiphon (all): From the jaws of hell, Lord,
rescue my soul.

SHARED SILENT REFLECTION

PSALM 150

Antiphon (all): I was dead, but now I live for ever,
and I hold the keys of death and hell.

GROUP 1: Praise God in his holy place,
praise him in his mighty heavens.
Praise him for his powerful deeds,
praise his surpassing greatness.

GROUP 2: O Praise him with sound of trumpet,
praise him with lute and harp.
Praise him with timbrel and dance,
praise him with strings and pipes.

GROUP 1: O praise him with resounding cymbals,
praise him with clashing of cymbals.
Let everything that lives
and that breathes
give praise to the Lord.

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

Antiphon (all): I was dead, but now I live for ever,
and I hold the keys of death and hell.

SHARED SILENT REFLECTION

READING FROM SCRIPTURE

Hosea 5:15b—16:2

A reading from the Book of the Prophet Hosea

Thus says the Lord:
In their affliction, they shall look for me:
“Come, let us return to the Lord,
For it is he who has rent, but he will heal us;
he has struck us, but he will bind our wounds.
He will revive us after two days;
on the third day he will raise us up,
to live in his presence.”

The word of the Lord. *Thanks be to God.*

SHARED SILENT REFLECTION



ANTIPHON

In place of the Responsory the following is said:

LEADER: For our sake Christ was obedient,
ALL: accepting even death, death on a cross.
Therefore God raised him on high
and gave him the name
above all other names.

STAND

GOSPEL CANTICLE (BENEDICTUS)

LEADER: Save us, O Savior of the world.
On the cross you redeemed us
by the shedding of your blood;
we cry out for your help, O God.

All make the Sign of the Cross as the canticle begins.

ALL: Blessed be † the Lord,
the God of Israel;
he has come to his people
and set them free,

LEADER: He has raised up for us a mighty savior,
born of the house of his servant David.

ALL: Through his holy prophets
he promised of old
that he would save us from our enemies
from the hands of all who hate us.

LEADER: He promised to show mercy
to our fathers
and to remember his holy covenant.

ALL: This was the oath he swore to our father
Abraham:
to set us free from the hands
of our enemies,
free to worship him without fear,
holy and righteous in his sight
all the days of our life.

LEADER: You, my child, shall be called
the prophet of the Most High:
for you will go before the Lord
to prepare his way,

ALL: to give his people knowledge
of salvation
by the forgiveness of their sins.

LEADER: In the tender compassion
of our God
the dawn from on high
shall break upon us,
to shine on those who dwell in darkness
and the shadow of death,
and to guide our feet
into the way of peace.

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

Antiphon (all): Save us, O Savior of the world.
On the cross you redeemed us
by the shedding of your blood;
we cry out for your help, O God.

INTERCESSIONS

LEADER: Our Redeemer suffered
and was buried for us
in order to rise again.
With sincere love we adore him,
and aware of our needs we cry out:

ALL: Lord, have mercy on us.

LEADER: Christ our Savior,
your sorrowing Mother stood by you
at your death and burial,
in our sorrows
may we share your suffering.

ALL: Lord, have mercy on us.

LEADER: Christ our Lord,
like the seed buried in the ground,
you brought forth for us
the harvest of grace,
may we die to sin and live for God.

ALL: Lord, have mercy on us.

LEADER: Christ, the Good Shepherd,
in death you lay hidden from the world,
teach us to love a life hidden with you
in the Father.

ALL: Lord, have mercy on us.

LEADER: Christ, the new Adam,
you entered the kingdom of death
to release all the just
since the beginning of the world,
may all who lie dead in sin
hear your voice and rise to life.

ALL: Lord, have mercy on us.

LEADER: Christ, Son of the living God,
through baptism
we were buried with you,
risen also with you in baptism,
may we walk in newness of life.

ALL: Lord, have mercy on us.

LEADER: Christ our healer,
you went about curing the sick
out of love for your people,
strengthen and heal all who suffer.

ALL: Lord, have mercy on us.

Other intercessions may be added.

THE LORD'S PRAYER

LEADER: With longing for the coming
of God's kingdom,
let us offer our prayer to the Father:

ALL: Our Father . . .

CONCLUDING PRAYER (COLLECT)

LEADER: All-powerful and ever-living God,
your only Son went down
among the dead
and rose again in glory.
In your goodness
raise up your faithful people,
buried with him in baptism,
to be one with him
in the eternal life of heaven,
where he lives and reigns with you
and the Holy Spirit,
one God, for ever and ever.

ALL: Amen.

BLESSING AND DISMISSAL

All make the Sign of the Cross as the leader says:

LEADER: May the Lord bless us, †
protect us from all evil
and bring us to everlasting life.

ALL: Amen.

LEADER: Go and announce
the Gospel of the Lord.

ALL: Thanks be to God.



EVENING PRAYER

STAND

OPENING VERSICLE

All make the Sign of the Cross as the leader begins.

LEADER: God, † come to my assistance.

ALL: Lord, make haste to help me.

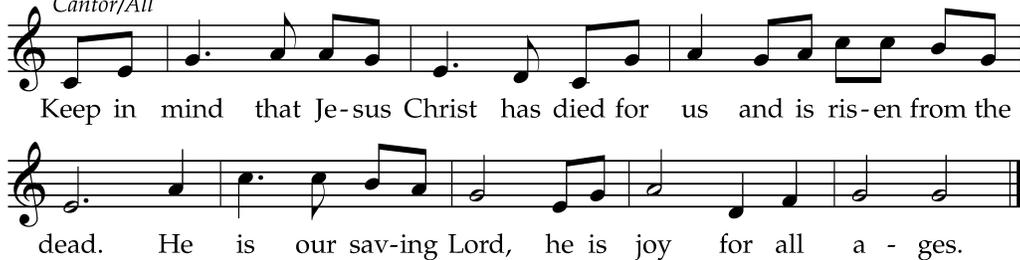
Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

HYMN

Keep In Mind

REFRAIN

Cantor/All

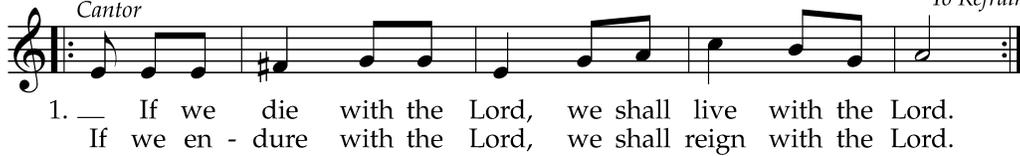


Keep in mind that Je-sus Christ has died for us and is ris-en from the
dead. He is our sav-ing Lord, he is joy for all a - ges.

VERSES

Cantor

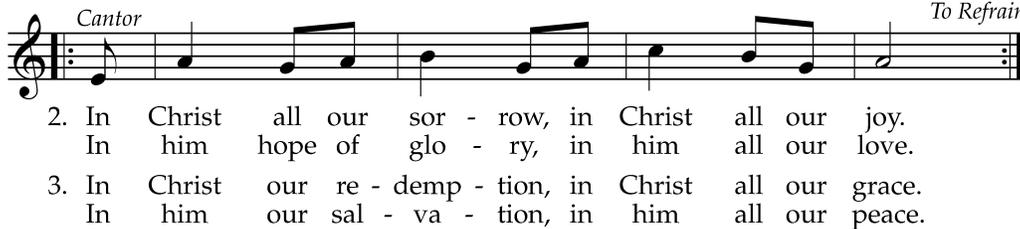
To Refrain



1. — If we die with the Lord, we shall live with the Lord.
If we en - dure with the Lord, we shall reign with the Lord.

Cantor

To Refrain



2. In Christ all our sor - row, in Christ all our joy.
In him hope of glo - ry, in him all our love.
3. In Christ our re - demp - tion, in Christ all our grace.
In him our sal - va - tion, in him all our peace.

2 Tm 2:8-12

Lucien Deiss, 1921-2007
Text and music © 1965, WLP



SIT

After a moment of silence, prayer continues with the psalms.

PSALM 116:10–19

Antiphon (all): Death, you shall die in me;
hell, you shall be destroyed by me.

GROUP 1: I trusted even when I said:
“I am sorely afflicted,”
and when I said in my alarm:
“No man can be trusted.”

GROUP 2: How can I repay the Lord
for his goodness to me?
This cup of salvation I will raise;
I will call on the Lord’s name.

GROUP 1: My vows to the Lord I will fulfill
before all his people.
O precious in the eyes of the Lord
is the death of his faithful.

GROUP 2: Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord’s name.

GROUP 1: My vows to the Lord I will fulfill
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

Antiphon (all): Death, you shall die in me;
hell, you shall be destroyed by me.

SHARED SILENT REFLECTION

PSALM 143:1–11

Antiphon (all): As Jonah was three days
and three nights
in the belly of the whale,
so will the Son of Man be three days
and three nights
in the heart of the earth.

LEADER: Lord, listen to my prayer:
turn your ear to my appeal.
You are faithful, you are just;
give answer.
Do not call your servant to judgment
for no one is just in your sight.

ALL: The enemy pursues my soul;
he has crushed my life to the ground;
he has made me dwell in darkness
like the dead, long forgotten.
Therefore my spirit fails;
my heart is numb within me.

LEADER: I remember the days that are past:
I ponder all your works.
I muse on what your hand has wrought
and to you I stretch out my hands.
Like a parched land
my soul thirsts for you.

ALL: Lord, make haste and answer;
for my spirit fails within me.
Do not hide your face
lest I become like those in the grave.

LEADER: In the morning let me know your love
for I put my trust in you.
Make me know the way I should walk:
to you I lift up my soul.

ALL: Rescue me, Lord, from my enemies;
I have fled to you for refuge.
Teach me to do your will
for you, O Lord, are my God.
Let your good spirit guide me
in ways that are level and smooth.

LEADER: For your name's sake, Lord,
save my life;
in your justice
save my soul from distress.

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen

Antiphon (all): As Jonah was three days
and three nights
in the belly of the whale,
so will the Son of Man be three days
and three nights
in the heart of the earth.

SHARED SILENT REFLECTION

CANTICLE: PHILIPPIANS 2:6-11

Antiphon (all): Destroy this temple, says the Lord,
and in three days I will rebuild it.
He was speaking of the temple
of his body.

LEADER: Though he was in the form of God,
Jesus did not deem equality with God
something to be grasped at.

GROUP 1: Rather, he emptied himself
and took the form of a slave,
being born in the likeness of men.

GROUP 2: He was known to be of human estate,
and it was thus
that he humbled himself,
obediently accepting even death,
death on a cross!

GROUP 1: Because of this
God highly exalted him
and bestowed on him the name
above every other name,

GROUP 2: So that at Jesus' name
every knee must bend
in the heavens, on the earth,
and under the earth,
and every tongue proclaim
to the glory of God the Father:
JESUS CHRIST IS LORD!

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

Antiphon (all): Destroy this temple, says the Lord,
and in three days I will rebuild it.
He was speaking of the temple
of his body.

SHARED SILENT REFLECTION

READING FROM SCRIPTURE

1 Peter 1:18-21

A reading from the first letter of Peter

Realize that you were delivered from the futile way of
life your fathers handed on to you, not by any
diminishable sum of silver or gold, but by Christ's
blood beyond all price: the blood of a spotless,
unblemished lamb chosen before the world's
foundation and revealed for your sake in these last
days. It is through him that you are believers in God,
the God who raised him from the dead and gave him
glory. Your faith and hope, then, are centered in God.

The word of the Lord. *Thanks be to God.*

SHARED SILENT REFLECTION

ANTIPHON

In place of the Responsory the following is said:

LEADER: For our sake Christ was obedient,

ALL: accepting even death, death on a cross.
Therefore God raised him on high
and gave him the name
above all other names.

STAND

GOSPEL CANTICLE (MAGNIFICAT)

LEADER: Now the Son of Man has been glorified
and God has been glorified in him.

All make the Sign of the Cross as the canticle begins.

ALL: My soul † proclaims
the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor
on his lowly servant.

LEADER: From this day
all generations will call me blessed:
the Almighty has done great things
for me,
and holy is his Name.

ALL: He has mercy on those who fear him
in every generation.

LEADER: He has shown the strength of his arm,
he has scattered the proud
in their conceit.

ALL: He has cast down the mighty
from their thrones,
and has lifted up the lowly.

LEADER: He has filled the hungry
with good things,
and the rich he has sent away empty.

ALL: He has come to the help
of his servant Israel
for he has remembered
his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.

ALL: Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be forever. Amen.

Antiphon (all): Now the Son of Man has been glorified
and God has been glorified in him.

INTERCESSIONS

Other intercessions may be added.

LEADER: For our sake our Redeemer
suffered death and was buried,
and rose again.
With heartfelt love
let us adore him, and pray:

ALL: Lord, have mercy on us.

LEADER: Lord Jesus, when your side was pierced,
there flowed out blood and water,
the marvelous symbol
of the whole Church,

ALL: through your death, burial
and resurrection,
bring life to your bride, the Church.

LEADER: Lord Jesus, you remembered those
who did not remember your promise
of resurrection,

ALL: remember those without hope,
who do not know that you have risen.

LEADER: Lamb of God, you were offered for all
as our paschal sacrifice,

ALL: draw all mankind to yourself.

LEADER: God of all the world,
you encompass the universe
but were pleased to be laid in a tomb,

ALL: free the human race
from the powers of darkness,
and grant it the gift of immortal glory.

LEADER: Christ, Son of the living God,
you opened the gates of paradise
to the repentant thief,

ALL: gather all who have shared your death
and burial
into the glory of your resurrection.

LEADER: Christ our healer,
you went about curing the sick
out of love for your people,
strengthen and heal all who suffer.

ALL: Lord, have mercy on us.

THE LORD'S PRAYER

LEADER: With longing for the coming
of God's kingdom,
let us offer our prayer to the Father:

ALL: Our Father . . .

CONCLUDING PRAYER (COLLECT)

LEADER: All-powerful and ever-living God,
your only Son
went down among the dead
and rose again in glory.
In your goodness
raise up your faithful people,
buried with him in baptism,
to be one with him
in the eternal life of heaven,
where he lives and reigns with you
and the Holy Spirit,
one God, for ever and ever.

ALL: Amen.

BLESSING AND DISMISSAL

All make the Sign of the Cross as the leader says:

LEADER: May the Lord bless us, †
protect us from all evil
and bring us to everlasting life.

ALL: Amen.

LEADER: Go and announce
the Gospel of the Lord.

ALL: Thanks be to God.



LITURGY TRAINING PUBLICATIONS

Acknowledgments

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