



# SAFETY RULES

## 3rd - 5th GRADE

1. Always use the Buddy System and never go places alone.  
Unsafe adults and child traffickers usually focus on kids who are alone.
2. Always let someone know where you are going and who you're going to be with.
3. A stranger is someone that you and your parents don't know. Never get into a car or go with a stranger or any person who makes you feel uncomfortable. If someone you don't know calls you over toward their car, do not get close to their vehicle. Get away from them and get help if needed.
4. Unsafe adults sometimes use tricks to lure kids into going with them.  
Never go with a stranger, even if they say something like:
  - The stranger has lost their pet and needs your help to find it.
  - The stranger is lost and needs directions.
  - Your mom or dad is hurt or sick and told the stranger to pick you up.
  - You have won a contest or are invited to a "modeling tryout."

Safe adults do not ask children whom they don't know for help or directions.

5. It's all right to be suspicious of any adult who seems to be too friendly. Trust your feelings when it doesn't feel right. An unsafe adult is someone who makes you feel uncomfortable or unsafe, asks you to keep secrets, or tries to get too close to you.
6. Being safe when you're online is very, very important. Never tell anyone your name, your address or phone number, or the school that you go to while you're online. Never share your passwords with anyone but your parents. If someone says something mean to you over the computer, or asks questions about your name, your school, or where you live, leave the computer right away and tell an adult you trust.
7. When you're on social networking sites, never "friend" someone you don't personally know in real life. The internet is NOT a safe place to make new friends—you never know who you're really talking to. Some unsafe adults pretend to be kids online in order to trick kids into given out their personal information. Never agree to meet someone "in real life" who you met first online. Tell your parents immediately if someone online asks to meet you in real life or offers to pay you cash, gifts, or game credits for you to provide photos, videos, or webcam access to yourself.
8. No one on the computer should talk about their private body areas, show pictures of their private body areas, or ask you about your body. Even if someone asks you to or dares you to, never take a picture of yourself or anyone else that shows the private areas of the body. If someone takes an inappropriate photo of you, immediately tell your parents or another safe adult.
9. Just as we want to be treated with respect, we must treat others with respect. We always give others privacy in the bathroom or when they're changing. We don't ask to see or touch other people's private body areas, and we don't show others our private body areas.
10. Trust your feelings! If a situation doesn't feel right, leave and tell a safe adult.

Remember the three steps if anyone makes you feel unsafe:  
**SAY NO, GET AWAY, and TELL a safe adult.**

