

An open letter to our community

Dear Friends and neighbors,

On behalf of our teams at SSM Health St. Joseph Hospitals in St. Charles, Lake Saint Louis and Wentzville, please know how inspiring and helpful your generosity has been over the last month. Donations of Personal Protective Equipment (PPE) have helped our team stay safe and assisted in the safety of people we are caring for. Most days have included a surprise of food being provided by generous people in our community. While we all enjoy good food, more importantly, it is a visible example of just how much support we feel from those around us. It not only fuels our bodies but our souls as well.

Inspired by the generosity, we thought it would be helpful to provide another way for people to express their support to our health care heroes. Today, we are kicking off a "Blessing our Health Care Heroes" letter campaign. At SSM Health, one of the traditions we carry on from our founding sisters is to start our meetings with a reflection or blessing. During this time, we slow down, share a reflective message, focus on what is most important (or more important than the task at hand), and then carry on with our work.

We are encouraging friends and neighbors and anyone who would like to participate to share a simple note of encouragement to our teams. We are calling these notes "Blessing our Health Care Heroes." We will collect the notes daily and distribute them to colleagues who need encouragement, teams to use as their reflection, and in other ways share your "light" which is so visible to us in our community.

Our mailing address is:

SSM Health St. Joseph Hospital - Lake Saint Louis
c/o "Blessing our Health Care Heroes"
100 Medical Plaza, Lake Saint Louis, MO 63367

Additionally, you may submit by email to:

BlessingOurHealthCareHeroes@ssmhealth.com

We will be saving each note we receive and using them to memorialize this chapter of our shared story. Thank you for the tremendous expressions of support and encouragement to our team. Your impact is felt and greatly appreciated.

In Faith and Peace,



Lisle J. Wescott
President

 **SSM Health**
St. Joseph Hospital
ST. CHARLES | LAKE SAINT LOUIS | WENTZVILLE

