

Sixteen-Year Old Blood Donor

Parental Consent Form



Prepare to Donate: www.donatefeelgreat.org

Dear Parent/Guardian,

Your 16-year old has expressed interest in donating blood. Blood donors must be in good health, at least 16 years old, weigh at least 110 pounds, and have a picture ID. Donors will have to answer a series of very personal questions about their sexual activity, use of drugs, medications that they are taking, travel outside the US, and questions that promote a safe donation and safe blood for the patient.

Blood donation is a safe procedure using single-use sterile supplies. In whole blood donations, the blood is directly drawn into a bag. In automated collections called apheresis, the blood goes into a machine that separates blood into needed components and returns what is not needed to the donor along with an anticoagulant and salt solution.

Reactions like fainting and bruising occur, but are not frequent. More serious reactions and injuries, including brief seizure activity, nerve or artery injury from the needle, are uncommon. Apheresis side effects may include blood loss, air embolus, and tingling of the lips or limbs.

To prevent reactions during and after donation, your child should eat well, be well-rested and drink extra fluids. We provide additional tips to prepare for blood donation at our high school donor web site, www.donatefeelgreat.org.

Donated blood is tested for infections that can be transmitted by transfusion. These include HIV (the AIDS virus), hepatitis, syphilis and others. Both you and your child will be

notified if positive results are found and your child may be contacted for follow-up testing. Your child's name may be entered in a registry of excluded donors in the event of a positive test result. All information and test results are confidential except where reporting to public health is required by law. Occasionally blood is tested using research tests being developed for blood donor screening. A separate explanation is provided when we are doing this kind of research.

State law requires a written parental consent for all 16-year old donors for each blood donation. Sixteen-year olds cannot give blood without a signed parental consent form at each donation. Please complete the consent form provided at the bottom of this page. If you have any questions regarding your child's decision, please contact Director, Donor Services by calling (800) 747-5401.

We hope that you support your child's decision to donate blood. They are showing civic responsibility, maturity and a sense of community pride by donating blood.

Thank you,

Dr. Yasuko Erickson
Vice President, Medical Affairs

Please fill out bottom half of this form and return only the portion below the dotted line, keep the top for your records.

I recognize the importance of obtaining consent from my parent or guardian so that I may fulfill state law requirements for donating blood as a 16-year old.

Signature of 16-year old donor _____ Date _____

I have read and fully understand the information regarding blood donation.

I give permission/consent for _____ my son daughter ward
to voluntarily donate Whole blood Platelets or Red cells using automation
(If type of donation is not indicated, donation will be performed based on permission of donor and applicable criteria.)

I understand that both my child and I will be notified if my child receives a positive test result(s) and that my child may be contacted for follow-up testing.

Parent/Guardian (print) _____ Phone (____) _____

Address _____ City/State/ZIP _____

Signature of Parent/Guardian _____ Date _____