

# Requirements

All Confirmation candidates are required to fulfill 10 Christian Living *CREDITS* per year. These credits may be divided up as follows:

- \* Minimum 4 Holy Encounters, if available. If not available 2 must be made up in Christian Service Credits.
- \* Minimum 4 Christian Service Credits.
- \* Two additional *CREDITS* from either category

## REQUIRED SERVICE CREDITS:

- \* Each candidate must work one *Knights of Columbus 'Fish Fry' during Lent.*
- \* Three Service Credits of your choice.

## REQUIRED HOLY ENCOUNTERS:

- \* Each candidate must attend one '*Adoration*' per year. Available most Tuesdays from 6 PM – 7 PM.
- \* Each candidate must attend one '*Stations of the Cross*' during Lent.
- \* Two Holy Encounters of your choice.

Each activity/project/event requires the completion of a reflection page enclosed in the Christian Living Journal. Many opportunities of both Holy Encounters and Christian Service will be presented to you in class. However, this list is not all inclusive. Please consider any opportunities that come up to serve others. If you are unsure of an activity qualifying for credit, please ask one of your catechists or see Tom.

# Christian Living Journal

Christian Living Journal due before the Sacrament of Confirmation



Name \_\_\_\_\_

It's good to have you participating and preparing for the Sacrament of Confirmation! As Roman Catholics, so much of how we celebrate our faith is experiential. We are a Sacramental Church, and the Sacraments allow us to come into contact with the Divine and receive grace. Fully initiated Roman Catholics are expected to witness their faith in a lived way through:

- \* The Mass
- \* The Sacraments
- \* Prayer and Catholic Devotions
- \* Christian Service

On this last leg of your Christian Initiation, you are called to move into a life of active Christian living. You must be prepared go in peace to love and serve the Lord, and continue that active living the rest of your life.

## Year I and Year II Christian Living Requirements

### **10 Total Christian Living Experiences PER YEAR.**

- A minimum of 4 of these *CREDITS* must be spent in Christian Service (Service Credit). 1 Service Credit must be working the Knights of Columbus Fish Fry.
- A minimum of 4 of these *CREDITS* must be spent in Holy Encounters (Holy Encounters Credit). 1 Holy Encounter must be attending Adoration per year, available most Tuesdays from 6 PM – 7 PM. 1 must be attending Stations of the Cross during Lent.
- An additional 2 may come from either category.
- *All hours must be accompanied by a reflection sheet upon completion (see attached).*

# HOLY ENCOUNTERS



Beginning now, you can prepare for a Holy Encounter, experience it, and reflect on it by answering a simple set of questions.

1. Choose from one of these common encounters to experience:
  - \* A Catholic Baptism (call parish office or email to find out availability here at St. Ann.)
  - \* A Catholic Wedding in a Catholic Church
  - \* A Catholic Anointing of the Sick
  - \* A Catholic First Holy Communion
  - \* A Catholic Confirmation (outside of R.E.)
  - \* The Sacrament of Reconciliation (outside of R.E.)
  - \* A Catholic Funeral in a Catholic Church
  - \* Adoration of the Blessed Sacrament
  - \* A communal recitation of the Rosary
2. Prepare for your Holy Encounter by pre reading the list of provided questions. This will give you some things to prepare to experience.
3. Answer a short list of questions about your Holy Encounter, and be prepared to discuss it at your Confirmation interview.

If you have a hard time attending one of the above events, call the R.E. Office, or ask your catechist and we can give you some more ideas.

# CHRISTIAN SERVICE

## REFLECTION QUESTIONS



Below are some suggested ways to prepare for your Christian Service:                      Date: \_\_\_\_\_

1. Where is this service?
2. What did you do?
3. Who will this help?

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Christian Service:                      Date: \_\_\_\_\_

1. Where is this service?

2. What did you do?

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# HOLY ENCOUNTERS

## REFLECTION QUESTIONS



Below are some suggested ways to prepare for your  
Holy Encounter:                      Date: \_\_\_\_\_

1. What is about to be celebrated?

2. Who will be involved?

3. What will your role be?

4. Where will it take place?

5. How might your service change those  
involved?

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## CHRISTIAN SERVICE

Beginning now, you can prepare for **Christian Service**, experience it, and reflect on it by answering a simple set of questions.

What is Christian Service? Service is an action we do in response to the experience we have at Mass. We hear the deacon proclaim, “Go in peace to love and serve the Lord!” How will you respond?

The Church offers us a list of service she calls the Chief Corporal Works of Mercy, Those acts the Church outlines for us as ways to physically respond to God. They include:

Feed the Hungry	Clothe the Naked
Visit the Sick	Bury the Dead
Give drink to the Thirsty	Shelter the Homeless
Visit the Imprisoned	Service to Others

1. Choose an opportunity to Go and Serve the Lord.
2. Prepare for your Christian Service by pre reading the provided reflection questions in your journal. This will give you some ideas to prepare for service.
3. Answer a short list of questions about your Christian Service, and be prepared to discuss it.

## HOLY ENCOUNTERS

### REFLECTION QUESTIONS

Below are some suggested ways to prepare for your Holy Encounter:                      Date: \_\_\_\_\_

1. What is about to be celebrated?
2. Who will be involved?
3. What will your role be?
4. Where will it take place?
5. How might your service change those involved?

Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Christian Living Journal due before the Sacrament of Confirmation

### Tally Sheet

All Youth in Confirmation Prep Year I & II

Are required to record a minimum of

10 Christian Living Credits

Please make a copy of this page for your records.

# This is how I have lived as a Catholic Christian

Date	Holy Encounter or Christian Service Description	Holy Encounter or Service	Parent/Administrator Signature
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	