

# Christian Living Journal



Name \_\_\_\_\_

## Requirements

All Confirmation candidates are required to fulfill 10 Christian Living *ACTIVITIES* per year. These activities may be divided up as follows:

- ⇒ Minimum 4 Holy Encounters.
- ⇒ Minimum 4 Christian Service Credits.
- ⇒ Two additional *ACTIVITIES* from either category
- ⇒ Service Credits and Holy Encounters are your choice with the exception of the following mandatory ones listed below.

### MANDATORY SERVICE CREDITS:

- Each candidate must attend one Saturday church housekeeping from 8am until 10am.
- Each candidate must work one Knights of Columbus 'Fish Fry'.

### MANDATORY HOLY ENCOUNTER:

- Each candidate must attend one 'Adoration' during Advent.
- Each candidate must attend one 'Stations of the Cross' during Lent.

Each activity/project/event requires the completion of a reflection page enclosed in the Christian Living Journal. Many opportunities of both Holy Encounters and Christian Service will be presented to you in class. However, this list is not all inclusive. Please consider any opportunities that come up to serve others. If you are unsure of an activity qualifying for credit, please ask one of your catechists or see Tom.

It's good to have you participating and preparing for the Sacrament of Confirmation! As Roman Catholics, so much of how we celebrate our faith is experiential. We are a Sacramental Church, and the Sacraments allow us to come into contact with the Divine and receive grace. Fully initiated Roman Catholics are expected to witness their faith in a lived way through:

- The Mass
- The Sacraments
- Prayer and Catholic Devotions
- Christian Service

On this last leg of your Christian Initiation, you are called to move into a life of active Christian living. You must be prepared go in peace to love and serve the Lord, and continue that active living the rest of your life.

### Year I and Year II Christian Living Requirements

**10 Total Christian Living Experiences per year.**

**SEE BACK PAGE FOR SPECIFICS!** All hours must be accompanied by a reflection sheet upon completion. (See attached)

# HOLY ENCOUNTERS



Beginning now, you can prepare for a Holy Encounter, experience it, and reflect on it by answering a simple set of questions.

1. Choose from one of these common encounters to experience:
  - A Catholic Baptism (1st & 3rd Sundays at 2 pm here at St. Ann)
  - A Catholic Wedding in a Catholic Church
  - A Catholic Anointing of the Sick
  - The Sacrament of Reconciliation (outside of R.E.)
  - A Catholic Funeral in a Catholic Church
  - Adoration of the Blessed Sacrament
  - A communal recitation of the Rosary
2. Prepare for your Holy Encounter by pre reading the list of provided questions. This will give you some things to prepare to experience.
3. Answer a short list of questions about your Holy Encounter, and be prepared to discuss it at your Confirmation interview.

If you have a hard time attending one of the above events, call the RE Office, or ask your catechist and we can give you some more ideas

# CHRISTIAN SERVICE

## REFLECTION QUESTIONS



Answer the following questions after your experience:

- Where is this service?
- What did you do?
- Who will this help?

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- Who will be involved?
- What will your roll be?
- Where will it happen?
- How might it change those involved?
- Did I observe the presence of God?  
How or where?

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Beginning now, you can prepare for **Christian Service**, experience it, and reflect on it by answering a simple set of questions.

What is Christian Service? Service is an action we do in response to the experience we have at Mass. We hear the deacon proclaim, “Go in peace to love and serve the Lord!” How will you respond?

The Church offers us a list of service she calls the Chief Corporal Works of Mercy, Those acts the Church outlines for us as ways to physically respond to God. They include:

Feed the Hungry	Clothe the Naked
Visit the Sick	Bury the Dead
Give drink to the Thirsty	Shelter the Homeless
Visit the Imprisoned	Service to Others

1. Choose an opportunity to Go and Serve the Lord.
2. Prepare for your Christian Service by pre reading the provided reflection questions in your journal. This will give you some ideas to prepare for service.
3. Answer a short list of questions about your Christian Service, and be prepared to discuss it.

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Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

### Tally Sheet

All Youth in Confirmation Prep Year I & II  
Are required to record a minimum of  
10 Christian Living Activities

# This is how I have lived as a Catholic Christian

Date	Holy Encounter or Christian Service Description	Holy Encounter or Service	Parent/Administrator Signature
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	