

Patron Saint Reflection



Before you are confirmed you should choose a patron saint. Pt. #3 of the Confirmation guidelines issued by Bishops Conlon and Siegel state: “Candidates whose given/baptism name is not Christian (canonized saint) should choose a Confirmation name from the names of canonized saints. Other candidates may choose a Confirmation name. Whether they keep their baptism name or choose a confirmation name, the candidates should have a good knowledge of their patron saint (even if they have chosen the name to honor a relative or friend).” Therefore, a patron saint reflection is necessary.

To begin your reflection:

- Choose your patron saint
- Research the life of your saint at the library, books on saints, or online at: www.catholic.org or www.americancatholic.org or www.loyolapress.com
- For additional resources, check with Mrs. Wahl.
- Fill out the following to guide you in your reflection.

Your First Name

Middle Name

Last Name

Confirmation Patron Saint Name

Patron Saint Feast Day

1. Where did your saint live? _____
2. What is he/she the patron saint of? _____
3. Circle your saint’s vocation?
Priest Religious Married Single
4. How did your saint live his/her vocation? (*i.e. teacher, doctor, lawyer, parent, etc.*)

5. Was your saint martyred? _____ Yes _____ No

6. How did your saint die? _____

7. List any unique gifts your patron saint possessed. (*ie. stigmata, bi-location, reading souls, visionary, etc.*)

8. Describe your saint's status (*rich or poor?*) at the beginning and the end of his/her life.
 Beginning: _____ End: _____
9. Compose a prayer to your Saint asking for intercession (*praying on your behalf*) by filling in the following blanks:

Gifts of the Holy Spirit

Wisdom
 Understanding
 Counsel
 Fortitude
 Knowledge
 Piety
 Fear of the Lord

Holy Saint _____,
 you are an awe-inspiring example of
 _____.

I ask you to present me to God during this time of
 preparation for the Sacrament of Confirmation.

Ask Him to give me the gifts of
 _____,
 _____,
 and _____,
 that I admire in your life.

Stand by me always as I witness to others
 the faith you model for me.

Amen.