#### 14 APRIL 2024

# WORD OF THE WEEK

# Liturgy of the Eucharist \'yü-kə-rəst\

Eucharist, Greek for "thanksgiving," is the formal name for the Mass. Also part three of the four-part movement of the Mass: the Introductory Rite, Liturgy of the Word, Liturgy of the Eucharist, and Concluding Rite. The Liturgy of the Eucharist includes the people's offering, the Eucharistic Prayer, and the Communion rite.

**Pronunciation:** https://tinyurl.com/Take5-Liturgy-of-the-Eucharist

#### **CONTEXT**

Liturgy is, therefore, both word and action . . . the **Liturgy of the Eucharist** is the action that flows from the word.
—Sister Julia Upton. R.S.M.

The Liturgy of the Word centers its action at the ambo, the **Liturgy of the Eucharist** at the altar. The first is fundamentally verbal, the second
primarily visual. The first is story, the second tangible sacrament.

—Alice Camille

#### **WHY IT MATTERS**

We celebrate our faith in two main units of liturgy that serve as the spiritual lungs of the church: Word and **Eucharist**. The first tells the story of how we came to be the People of God. The second gives thanks for this astonishing reality. In addition, the church teaches in *Lumen Gentium* that the faithful, "as true witnesses of Christ," are "obliged to spread the faith by word and deed," which includes taking part in the Eucharistic sacrifice, "the source and summit of the Christian life."

From the General Instruction of the Roman Missal: The Church has arranged the entire celebration of the **Liturgy of the Eucharist** in parts corresponding to precisely [the] words and actions of Christ (no. 72).

#### **RELATED WORDS**

Ritual | Mass | Eucharistic Prayer | thanksgiving

#### **QUESTION OF THE WEEK**

### Why are Catholics focused on Eucharist?

A Eucharistic spirituality is ground-level for Catholic life. It's built on three gospel accounts of the Last Supper, in which Jesus employs well-known forms of Jewish prayers of praise and thanksgiving and urges his friends to "do this in memory of me." While John's gospel doesn't recount this narrative, he does have an extended teaching on Jesus as the bread of life.

Early Church teachers like Justin Martyr, Tertullian, Cyril, Ambrose, and Augustine agreed that **Eucharist** had several meanings. One is the impact of the Passion of Christ for human history. Another is the unity Christians share as the Body of Christ. Engaging this sacrament has profound moral implications for those who do.

In the medieval church *why* Jesus makes this self-offering was obscured in debates about *how* it's accomplished ritually and theologically. Most believers adored the Host but fewer embraced a life of thanksgiving. The Second Vatican Council sought to restore "full, conscious, and active" participation so that the People of God might remember that the why of **Eucharist** is more vital than the how.

—Alice Camille, from Questions Catholics Ask: <a href="http://tinyurl.com/QCA-Eucharist-focus">http://tinyurl.com/QCA-Eucharist-focus</a>

## REFLECTION OF THE WEEK

THIRD SUNDAY OF EASTER (APRIL 14)

# **Grace-filled beginnings**

The disciples on the road to Emmaus and those in the Upper Room experienced Jesus in bodily form and also in his role as rabbi. He helped them "connect the dots" of their Jewish tradition so they could see that the Resurrection was the fulfillment of the hopes of their ancestors.

Readings: Acts 3:13-15, 17-19; 1 John 2:1-5a; Luke 24:35-48 (47: <a href="https://bible.usccb.org/bible/readings/041424.cfm">https://bible.usccb.org/bible/readings/041424.cfm</a>). "Heopened their minds to understand the Scriptures."

#### **FAITH IN ACTION**

Allow Easter to help you locate yourself in the vast sweep of history and see that you are the intended beneficiary of God's grace since the beginning of time.

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- Check that email account for a link to begin using FORMED

A reminder that all weekend Masses will be broadcast via FM 93.7. See Bulletin, "God is waiting for you in love, in the Eucharist. Will you come?", Website <a href="www.ourladyofvictory.net">www.ourladyofvictory.net</a>, and Facebook Page for additional information/details.



# TAKE FIVE FOR FAITH

DAILY RENEWAL FOR BUSY CATHOLICS

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THE THIRD
WEEK OF
EASTER

For April 14 – April 20, 2024

Invest to expand your vocabulary and deepen your faith.

NOTE: THESE REFLECTIONS WILL BE AVAILABLE EVERY WEEK. YOU MAY PICK UP A PRINTED COPY FROM THESE PLASTIC FOLDERS, READ THEM ON-LINE ON THE OLV WEB PAGE (WWW.OURLADYOFVICTORY.NET), OR HAVE THEM E-MAILED TO YOU EACH WEEK BY SENDING AN A MESSAGE TO MMATUSZ@OURLADYOFVICTORY.NET AND SAYING "ADD ME TO THE TAKE FIVE LIST". LET US KNOW IF YOU'VE REGULARLY USED & ENJOYED THESE REFLECTIONS.

