

FIRST SUNDAY OF THE GREAT FAST
SUNDAY OF ORTHODOXY

Ἡ ἀναθήλωσις τῶν ἁγίων εἰκόνων



Icon of the Holy Images

March 5, 2017: First Sunday of the Great Fast

Epistle: Heb. 11: 24-26, 32 - 12:2

Gospel: Jn. 1: 43-51

Mon., March 6 8:00 + Marie Spryn (Husband John)

Tues., March 7 8:00 + James Krug (Howard Smith)

Wed., March 8 6:30 pm Presanctified Liturgy

Thurs. March 9 8:00 + Juel Dudrich (Sue Chylak & Family)

Fri. March 10 6:30 pm Presanctified Liturgy

Sat., March 11 **No Morning Divine Liturgy**

10:30 Confessions

2:00 pm Confessions

4:00 pm + Bob & Ann Marie Klinko (Sereditch Family)

Sun., March 12 9:00 For Our Parishioners

11:30 + Michael Rusyn (Wife Ann & Family)

3:00 pm Sorokousty

Metropolitan Stefan's Great Fast

Meditation For The First Sunday Of Lent

The Great Fast is a gift to you and to me, offering us an opportunity to examine the way we follow Jesus Christ in our day-to-day life. A meaningful journey through Lent ought to unsettle our comfort zones. One of these comfort zones might be an attitude which can overtake us all, that of living in a manner which reflects an attitude of entitlement. Recall how Jesus was tempted three times by the devil. In the first temptation, Jesus was asked

to turn the stones into loaves of bread. Jesus replied, "Man does not live by bread alone". In the second temptation, Jesus was asked to worship the devil. Jesus answered, "You must worship the Lord your God, and serve Him alone". In the third temptation, Jesus was told to throw himself off the top of the synagogue so that God would send his angels to save him. Jesus answered, "You must not put the Lord your God to the test".

Spiritual Regulations for the Great Fast

Although our Church traditionally prescribed abstention from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today:

- Abstinance from meat and all dairy products on the First Day of the Great Fast and on Good Friday.
- Abstinance from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast.
- Reception of the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday.
- The Fasting and Abstinance regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinance regulations.
- All the faithful are urged to attend the Lenten services such as the Presanctified Liturgy and the Commemoration of the Deceased (Sorokousty).
- Such good deeds as almsgiving, visitation of the sick, Bible reading and praying for vocations to the priesthood and religious life are most earnestly recommended to all the Faithful.

Great Fast Liturgical Guidelines

On Wednesdays and Fridays of the Great Fast, the Liturgy of the Presanctified Gifts is to be celebrated. Typika may be used the other days. The Divine Liturgy of St. Basil the Great is to be celebrated for Sunday Liturgies during this time.

During Holy Week, the Liturgy of the Presanctified Gifts is to be celebrat-

ed Monday, Tuesday and Wednesday. There is no Divine Liturgy celebrated on Good Friday and Holy Saturday. On Holy Thursday evening, Vespers with Divine Liturgy of St. Basil the Great should be celebrated. On Holy Saturday evening, Vespers with the Divine Liturgy of St. Basil the Great is to be celebrated.

Collection for the Church in Europe

This week, we participate in the Collection for the Church in Central and Eastern Europe. Your donation today helps restore the Church and build the future in 20 countries, many of which still struggle to recover in the after-

math of Soviet rule. Funds from this collection help support reconstruction, education, formation, and poverty outreach. For more information, please visit www.usccb.org/ccee. Thank you for your generosity.

From the Archbishop's Chancery

The St. Andrew Parish Mission in Lancaster, Pa. has moved to a new location – the chapel of the Dominican Sisters located at 1834 Lititz Pike, Lancaster PA 17601. The Divine Liturgy is celebrated Sundays at 1 p.m.

Pictures at the new location are on the FaceBook page at the following link: <https://www.facebook.com/ukrainian-churchlancasterpa/?ref=bookmarks>

The Website is : <http://nativity-vmchurch.wixsite.com/st-andriy>

St. Patrick's Dinner

ST. MARY'S DINNER CLUB, 320 Mifflin Ave. Scranton, Pa., will be sponsoring "St. Patrick's Irish Dinner" on Thursday, March 9, 2017. Seatings are at 5:30pm or 6:30pm and reservations may be made by March 6th by calling 570-343-5151. The cost per person is only \$20.00 per person. The menu will start with a Irish Pub Salad w/ Shanagarry Cream Dressing, Gaelic Beef & Guinness Stew with

Fluffy mashed potatoes w/ fresh cream and chopped spring onions, Galway Heritage Cabbage with Fresh Baked Irish Soda Bread. The dessert will be Chocolate Cake Supreme with Bailey's buttercream frosting. Coffee, Tea, Water, Soda is included and a Cash Bar is available. Please note: Because of Holy Week, our April Dinner Club will be held on the first Thursday of the month (April 6th).

Ukrainian Easter Egg Workshop

Ss. Cyril and Methodius Ukrainian Catholic Church in Olyphant will

again be offering Pysanky Classes. At this time there will be three dates,

March 12, 19 & 26, 2017, from 2:00 p.m. to 4:00 p.m. The beginner class is approximately two hours long. The cost will be \$20 and includes the supplies needed to make your egg. For

more information or to sign up for the class, please call Sonia Maslar at 570-489-9608 or Tammy Budnovitch at 570-766-1919 (after 5 pm).

Church Community Project for 2017

Now is the time for our parishioners to get involved in our Community Project for 2017. The Community supports our church for the Dinners, Bake Sales and the Rummage Sale. Now is the time “to pay it forward.” We will be accepting non-perishable food and clothes for all season’s and accessories (shoes, hats, gloves, socks) of all sizes for men’s, ladies, kids, and babies. Clean and wearable!!! You can leave the clothes on hangers or bring the items in bags. If everyone in the parish gave 2-3 items of non-perishable food, it will be greatly appreciated by the Jessup food pantry. Money donations for food will be accepted and we will then purchase food.

The collection will take place on Saturday, March 25 from 3:15 p.m. - 5:30 p.m., before and after the Divine Liturgy. On Sunday, March 26th, the collection will start at 10:15 a.m -1:15 p.m., before and after each Divine Liturgy. Items can be dropped off at the

School Gym, 133 River Street, Olyphant.

The Food and Clothes Collection for the Church Community Project was very successful when we did this in March 2016. The food will be delivered to the Jessup Food Pantry at St. Michael’s Church, 316 First Ave., Jessup, the old Convent building. 570-489-9963. The Jessup Bread Basket of NEPA for the Mid-Valley area and The Emergency Food Assistance Program (TEFAP). Food can be accepted in Jessup, every Wednesday from 2:00 p.m. to 5:00 p.m. all year round at the Jessup Food Pantry. In 2016 one truck load of food was delivered to Jessup from our Church.

Clothes will be delivered to the United Neighborhood Centers (UNC) of Northeastern Penna. 410 Olive Street, (off of N. Washington Ave., one block after Meshko Glass) Scranton, Pa. 570-343-8835. They accept clothes, household items every day

from 9:00 a.m. to 5:00 p.m. throughout the year at the UNC. In March 2016, we delivered 3 carloads and one truck of clothes.

VOLUNTEERS are needed during the collection on Saturday and Sunday and then for the deliveries. The clothes will be delivered on Monday, March 27th to Scranton, and the food will be delivered on Wednesday, March 29th to Jessup. Volunteers and cars/truck will start loading the vehicles at noon from the BACK of the School gym on

Monday and Wednesday. We need your help for the Church's Community Project.

Contact Lauren Telep at 570-383-0319 or Father Nestor at 570-489-2271 for any further information about donating or volunteering at the School Gym. If anyone in the parish needs help regarding clothes or food, in private please contact Father Nestor, only. Also, if you are associated with any other organization that may need the donated items, please contact Lauren.

Ham Bingo

ST. NICHOLAS BYZANTINE CATHOLIC CHURCH HAMBINGO, 140 Church St., Old Forge, Pa. will be on April 2, 2017 in the Church Hall.

The kitchen will open at 11:00am, with games starting at 1:00pm. Many Door prizes will be awarded. Donation is \$3.00. All proceeds benefit the Church.

Baked Fish Dinner

Our Parish will once again be sponsoring a "BAKED HADDOCK" FISH DINNER on FRIDAY APRIL 7, 2017 from 5:00 p.m. – 7:00 p.m. at the REGAL ROOM (Ballroom/side entrance), 216 Lackawanna Avenue. Sit Down or Take Out!! Tickets are:

\$13.00 per ticket/dinner: Baked haddock, potato, vegetable, cole slaw, roll and dessert. Call 570-383-9487 for Reservations. *LIMITED amount of Dinners will be available a the Door \$15.00.

Marriage Preparation Workshop

The Annunciation of the Blessed Virgin Mary Ukrainian Catholic

Church is pleased to present a marriage preparation workshop, "*Enter-*

ing the Holy Mystery of Marriage, to take place on **Saturday, April 29, 2017** with a follow up session on **Saturday, May 6, 2017**. The program focuses on various aspects of marriage, both spiritual and practical, and provides each person an opportunity for greater understanding of one's partner and a means to strengthen one's relationship.

In addition to various presentations and exercises, each couple will be given the opportunity to take the Catholic version of a premarital questionnaire called F.A.C.E.T. (Foundations Applied Conversation and Education Tool). The F.A.C.E.T. inventory provides participants with a computer-generated profile of unique couple issues, challenges, strengths and reali-

ties to be discussed prior to marriage. The F.A.C.E.T. results for each couple involved will be presented to them by a Pastoral Counselor trained in the use of this tool in a subsequent 40 minute private session on May 6, 2017.

Each attending couple must commit to participating in all the sessions on April 29, 2017 as well as the 40 minute private meeting on May 6, 2017.

The workshop will be held at: Annunciation of the Blessed Virgin Mary Ukrainian Catholic Church, 1204 Valley Road, Melrose Park, PA 19027

The total cost per couple will be \$160 which includes materials, lunch and refreshments. April 22, 2017 - Registration and payment due Date!!! No registration will be accepted after 4/22/ 2017.

Collection Processing Team...

The Collection Processing Team for the month of March 2017 is Team #3:

Helen Pagnotti, Marlene Zelno, Dorothy Zinsky and Cheryl Matuszewski.

Sunday Collection for February 25 & 26, 2017:

Altar Boy and Lector Schedule for March 11 & 12, 2017

| | Altar Boys | Lectors |
|----------|---|------------------|
| 4:00 pm | Nicholas Chludzinski -- Michael Roberts | Andrew Augustine |
| 9:00 am | Patrick Marcinko -- Cole Marcinko | Pat Marcinko |
| 11:30 am | Nicholas Muchisky -- Samuel Sczesniak | Frank Lesnefsky |

Ss. Cyril & Methodius Ukrainian Catholic Church

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Rev. Nestor Iwasiw, Pastor

Let Your Prayer Come from a Humble Heart

When we pray, our words should be calm, modest and disciplined. Let us reflect that we are standing before God. We should please Him both by our bodily posture and the manner of our speech. It is characteristic of the vulgar to shout and make a noise, not those who are modest. On the contrary, they should employ a quiet tone in their prayer.

Moreover, in the course of His teaching, the Lord instructed us to pray in secret. Hidden and secluded places, even our own rooms, give witness to our belief that God is present everywhere; that He sees and hears all; that in the fullness of His majesty, He penetrates hidden and secret places. This is the teaching of Jeremiah: Am I God when I am near, and not God when I am far away? Can anyone hide in a dark corner without my seeing Him? Do I not fill heaven and earth? Another passage of Scrip-

ture says: The eyes of the Lord are everywhere, observing both good and wicked men.

The same modesty and discipline should characterize our liturgical prayer as well. When we gather to celebrate the divine mysteries with God's priest, we should not express our prayer in unruly words; the petition that should be made to God with moderation is not to be shouted out noisily and verbosely. For God hears our heart not our voice. He sees our thoughts; He is not to be shouted at. The Lord showed us this when He asked: Why do you think evil in your hearts? The Book of Revelation testifies to this also: And all the churches shall know that I am the one who searches the heart and the desires.

St. Cyprian of Carthage

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