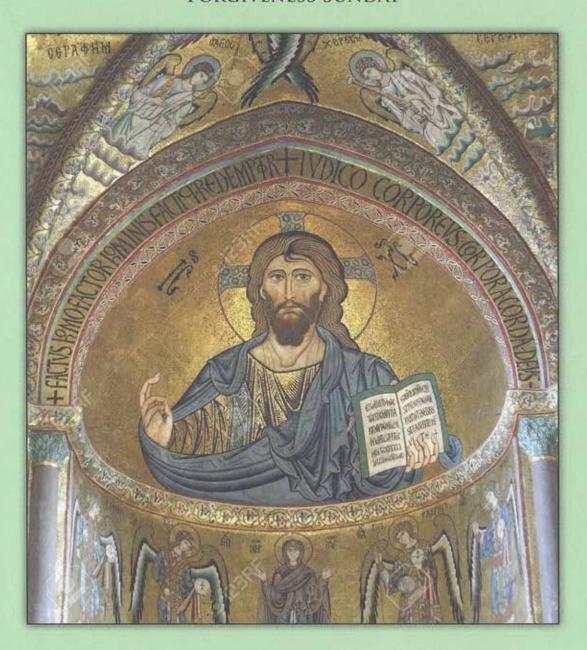
SUNDAY OF CHEESFARE FORGIVENESS SUNDAY



Icon of Christ Pantocrator

March 3, 2019: Sunday of Cheese Fare Epistle: Romans 13:11 - 14:4 Gospel: Mt. 6:		
Mon., March 4	8:00	+ John Yeck, Sr. (Bob & Joan Yeck & Family)
Tues., March 5		No Divine Liturgy Today
Wed., March 6	6:30	Pre-Sanctified Liturgy
Thurs., March 7	8:00	+ James P. Kennedy II (Jule Harris)
Fri., March 8	6:30	Stations
Sat., March 9	2:00 p	No Morning Divine Liturgy Confessions m Confessions m + John Marushock (M/M Nicholas Kaplan)
Sun., March 10	9:00 11:30 3:00	+ Olga Grancy (Cecille Bordlemay) For Our Parishioners Sorokousty

The Forgiveness Service

Priest: My brothers and sisters, at this time let us try to remember all of our sins which we have committed throughout the course of our life, and with which we have offended God.

All: Lord, we have sinned against You in thought, word and action. We have been wrong and we have done wrong. Forgive us.

Priest: Let us try to remember if we harbor any ill-feelings towards God for anything that happened in our life.

All: Lord, help us to accept your will in our lives, to try to understand your

ways, and not to feel angry with You or blame You for anything that might happen to us or go wrong for us in our lives.

Priest: Let us try to remember all of those people who have offended us, hurt us, angered us; all those people against whom, for whatever reason, we bear grudges, feel hatred, and whom we find hard to forgive.

All: From the bottom of my heart, I truly and sincerely forgive those who hate me, who have offended or hurt me, and against whom I carry a grudge or

nourish ill-feelings.

Priest: Let us try to remember all of those people whom we ourselves have hurt or offended, knowingly or unknowingly, in word or in deed; and all those whom we, for whatever reason, hate and who bear grudges against us.

All: From the bottom of my heart, I truly and sincerely ask forgiveness and pardon of all those whom I hate, whom I have offended and hurt, and who hold a grudge against me because of this.

Priest: My brothers and sisters, if I have sinned against you, hurt you, or offended you in thought, word or action, knowingly or unknowingly, in any possible way, please forgive me, a sin-

ner, and pray to God for me.

All: May God Himself forgive you and pardon your sins and transgressions, and we also forgive and pardon you. Father, bless us and forgive us our sins and offenses and transgressions, committed voluntarily or perhaps unwittingly, against you.

Priest: May the Lord God, through His grace and loving kindness, forgive you. And I also pardon and forgive you. And now, let us ask forgiveness of one another by saying: Forgive me my brother/sister. And let the other answer: May God forgive you, and I also forgive you.

From the Archbishop's Chancery...

The church provides special norms and guidelines to assist the faithful during their spiritual journey throughout the Great Fast. These spiritual aids are to be considered helpful practices for spiritual enrichment that the faithful should warmly embrace during Great Lent and

Holy Week, which precede the glorious Feast of the Resurrection of Our Lord, Pascha. May our Lord bestow His grace and blessing upon you during this holy season as you journey through the Great Fast.

Spiritual Regulations for the Great Fast

Although our Church traditionally prescribed abstention from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today:

Abstinence from meat and all dairy products on the First Day of the Great Fast and on Good Friday.

Abstinence from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain

from meat on Wednesdays during the Great Fast.

Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday.

The Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the

fasting and abstinence regulations.

All the faithful are urged to attend the Lenten services such as the Presanctified Liturgy, Akafist of the Passion and the Commemoration of the Deceased (Sorokousty).

Such good deeds as almsgiving, visitation of the sick, Bible reading and praying for vocations to the priesthood and religious life are most earnestly recommended to all the Faithful. This year, families are especially urged to pray together in the mornings and evenings.

Why do we light candles in our Church?

We Christians don't just pray with our lips. We pray with all of our senses, sight, hearing, touch, smell, taste, to even include that sixth and often neglected sense, the nous which is sometimes called the eye of the soul. Candles are just one small part of that. Upon entering the church it is customary to light candles and offer prayers for one's personal needs or that of a family member or friend. Candles are lit before icons as

a sign of one's faith and hope in God's help that is always sent to all who turn to Him and His Saints with faith and prayers. In practice, when lighting a candle in Church the faithful usually make a small offering to the Church. By lighting a candle and offering a prayer, one enters into closer contact with the Church and her ministry to the faithful, invisibly warming the soul by the visible light of the candle.

Its Cold Outside...

After the 9:00 Divine Liturgy, come over to the Little Hall for some hot coffee or tea.

Also, looking for volunteers to have

a coffee hour after the other Divine Liturgies. If interested, please call Father Nestor to make arrangements.

The first Coffee Hour after the

11:30 Divine Liturgy is scheduled for today, March 3, 2019 in the Little Hall.

Hope to see you there.

Deanery Forgiveness Vespers

Today, Sunday, March 3, 2019, Forgiveness Vespers will be held at Holy Transfiguration Ukrainian Catholic Church, 240 Center St., in Nanticoke at 4:00 pm. All the faithful are invited to participate. There will be a small, simple reception following the service with no meat or dairy as the Sunday eve is the

beginning of Great Lent. If anyone can bring a "covered" dish to the reception, it would be appreciated. (Ideas include fruit salad, no mayo tuna salad, hummus and vegetables, "hair-ring"; ziti-no meat/cheese, bread with oil and spice dip, chips, etc).

Piggie Dinner

Saints Peter & Paul Ukrainian Greek Catholic Church, Wilkes- Barre will hold a takeout Piggie / Holubtsi Dinner on Sunday, March 3, 2019. Dinners may be picked up between 11:30 am and 2:00 pm at the Parish School Hall, corner of North River and West Chestnut Streets, Wilkes-Barre. Din-

ner includes Piggies (meat stuffed cabbage), mashed potatoes, vegetable, bread and butter and dessert. Dinners will be \$12.00 for adults and \$6.00 for children (12 and under). Walk-Ins Welcome but Reservations are encouraged, call (570)829-3051.

Freeze Sale on March 9, 2019

We have merchandise in the school gym left over from our September 2018 Rummage Sale and donations to various organizations. We will be holding a Spring Cleaning "Freeze Sale" Rummage Sale on Saturday, March 9, 2019 staring at 9:00 a.m.- 5:30 p.m. All current furniture will be 1/2 price and everything else will be .25 cents each with very few exceptions. Items available will include books, toys, Easter decora-

tions (Easter is April 21, 2019), Christmas decorations, dishes, glasses, pots and pans, household items etc.... Plan to stop by and get some great bargains. Hot Chocolate will be served!!

We hope the weather will be good. But as you know, there is no heat in the gym. Plan to dress warm and stay as long as you could. If enough of volunteers showed up through the day at various times, staying for at least 1-2 hours, we can make this sale successful. Contact Father Nestor 570-291- or Lauren Telep at 570-383-0319. Volunteers are needed.

Volunteers will be needed on March 4th (Monday) and if needed Tuesday,

March 5th, staring at 9:00 a.m. for getting the gym in "order" for the upcoming sale. Call Lauren for additional information. 570-383-0319

Ukrainian Easter Egg Workshop

Ss. Cyril and Methodius Ukrainian Catholic Church in Olyphant will again be offering Pysanky Classes. At this time there will be three dates, March 10, 17, & 24, 2019, from 2:00 p.m. to 4:00 p.m. The beginner class is approximately two

hours long. The cost will be \$20 and includes the supplies needed to make your egg. For more information or to sign up for the class, please call Sonia Maslar at 570-489-9608 or Tammy Budnovitch at 570-766-1919 (after 5 pm).

Fish Dinner Fundraiser For St. Cyril's Church.

The fundraiser "Fish Dinner" will be held Friday, April 12, 2019. It will be held at the Regal Room, and you can "Eat In" (No tip or tax required) or Take Out!!! Time 5:00 p.m. to 7:00 p.m, Tick-

ets will be sold at the Church on March 16th or contact Sandra Berta (570-383-9487) Donation of \$13.00 per dinner and tickets will be available at the door on April 12 for \$15.00. Buy Early!!!

Spring Cleaning 2019

Now is the time to start cleaning out the closets for our clothing drive in Spring 2019. We will be having our "Community Service" Clothing and Food Donations before Easter. Information to fol-

low in later bulletins. Anyone who may have any organization, that will accept food or clothing, please contact Father Nestor or Lauren Telep.

Springtime Bus Trip

The North Anthracite Council of the League of Ukrainian Catholics is sponsoring a bus trip to New York City on Saturday, May 18, 2019. The Itinerary includes Brooklyn's Brighton Beach [Little Odessa] and the 43rd

Annual St. George Ukrainian Street Festival on the Lower East Side of Manhattan. Participants are free to do their own thing for all or part of the day if they so wish. Bus will pick up at Edwardsville's St. Vladimir

Church, 70 Zerby Avenue at 8:00am and at Scranton's St. Vladimir Church, 428 North Seventh Avenue at 8:45am. Departure for home will be at 8:00pm. Cost is \$45.00 per person. Full nonrefundable advance payment reserves a seat. For further infor-

mation and reservations call Paul at 570 563-2275 or Janina at 570 759-2824. Early reservations are recommended as this is a very popular trip and the 55 passenger bus is expected to fill quickly.

Save the Dates: 9th Annual Fundraiser Rummage Sale September 20, 21, 23 2019

The dates have been set for our 9th annual fundraiser Rummage Sale, on September 20-23, 2019

We will be accepting merchandise from estates, house sales, downsizing, throughout the next 7 months. Contact Father Nestor or Lauren Telep, for items for immediate donations.

Regarding "pickups" of furniture and merchandise, we prefer if items can be dropped off at the gym. We are flexible, but limited when we need trucks and men to volunteer and pick up items. Trucks are always needed to help make this event successful. Let Father Nestor know, and you can be put on the list when we need a truck.

More information regarding Raffle donations, dropping off donations in August and September will be printed at a later date.

Collection Processing Team...

The Collection Processing Team for the month of March 2019 is Team #3: Helen

Pagnotti, Marlene Zelno, Dorothy Zinsky, and Cheryl Matuszewski.

Sunday Collection for February 23 & 24, 2019: \$

Altar Boy and Lector Schedule for March 9 & 10, 2019

	Altar Boys	Lectors
4:00 pm	Nicholas Muchisky Brett Lowe	Andrew Augustine
9:00 am	Brennin Marcinko Cole Marcinko	Pat Marcinko
11:30 am	Tyler Muchisky Jordan Radle	Frank Lesnefsky

Ss. Cyril & Methodius Ukrainian Catholic Church

135 River St., Olyphant, PA 18447-1435

Telephone: 570-291-4451 Fax: 570-489-6918

Web Site: stcyrils.weconnect.com

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Rev. Nestor Iwasiw, Pastor



True Fasting

"Why do we fast, and you do not see it? afflict ourselves, and you take no note of it? Lo, on your fast day you carry out your own pursuits, and drive all your laborers. Yes, your fast ends in quarreling and fighting, striking with wicked claw. Would that today you might fast so as to make your voice heard on high! Is this the manner of fasting I wish, of keeping a day of penance: That a man bow his head like a reed, and lie in sackcloth and ashes? Do you call this a fast, a day acceptable to the Lord?

This, rather, is the fasting that I wish: releasing those bound unjustly, untying the thongs of the yoke; Setting free the oppressed, breaking every yoke; Sharing your bread with the hungry, sheltering the oppressed and the homeless; Clothing the naked when you see them, and not turning your back on your own.

Then your light shall break forth like the dawn, and your wound shall quickly be healed; Your vindication shall go before you, and the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer, you shall cry for help, and he will say: Here I am!

If you remove from your midst oppression, false accusation and malicious speech; If you bestow your bread on the hungry and satisfy the afflicted; Then light shall rise for you in the darkness, and the gloom shall become for you like midday."

The Prophet Isaiah (58:3-9)