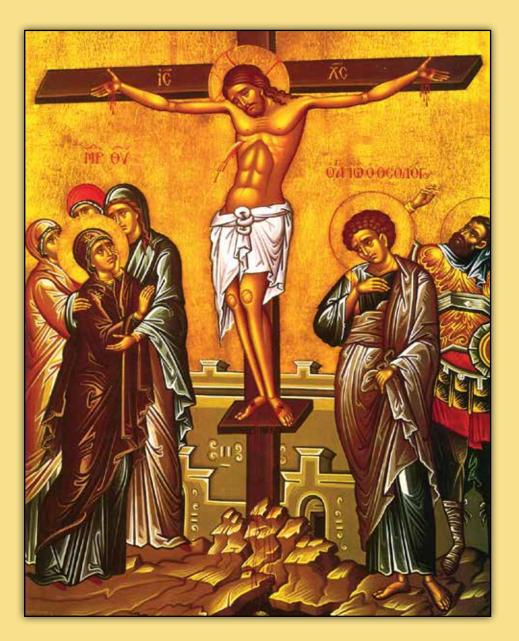
# SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS



Icon of the Crucifixion of Christ on the Cross

Sept. 17, 2023: Sunday After the Exaltation Epistle:.Gal. 2: 16-20 Gospel: Mk. 8:34 - 9:1	
This Weekend	4:00 + Robert Harris (Wife, Jule) 10:30 For Our Parishioners
Mon., Sept. 18	9:00 + Mildred Klapatch (Mary Ann & Nancy)
Tues., Sept. 19 to Thurs., Sept. 21	No Divine Liturgies Due to Annual Clergy Retreat
Fri., Sept. 22	9:00 + Eleanore Huddy (Estate)
Sat., Sept. 23	No Morning Divine Liturgy 2:00 pm Confessions pm + Joseph & Helen Sembrat (Sharon, Joseph & Jeannie)
Sun., Sept. 24	10:30 For Our Parishioners

#### **Antiphon 1**

# **Antiphon 3**

Come, let us sing joyfully to the Lord, let us acclaim God, our Savior. Son of God, crucified in the flesh, save us who sing to You: Alleluia! Let us come before His face with praise, and acclaim Him in psalms. Son of God, crucified in the flesh, save us who sing to You: Alleluia!

For God is the great Lord and the great king over all the earth. Son of God, crucified in the flesh, save us who sing to You: Alleluia!

#### **Entrance Hymn**

Come, let us worship and fall down before Christ.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

#### **Hymn to the Mother of God**

O my soul, magnify the most precious cross of the Lord. You are a mystical Paradise, O Mother of God, who though untilled, have brought forth Christ. He has planted upon earth the life-giving Tree of the Cross.

# **Communion Hymn**

Let the light of Your countenance, O Lord,\* shine upon us.\*

Alleluia, alleluia,\* alleluia.

# THE SIGN OF THE CROSS

We should not neglect to mention the need for us to sign ourselves with the Cross when we begin our prayer. We should do this properly and not like those who are ashamed of the Cross of Christ and wave it before their face and chest not even placing their fingers in the appropriate place. Crossing ourselves carelessly saddens our Lord and is taken as a sin of the person of prayer. Such a Cross is not only powerless but it also gives joy to the demons, for then it is not the

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most terrible weapon against them. The sinner is less afraid of the place of punishment than the demons are of the Cross, for they tremble and flee in fear from the Cross, afraid to even look at its power (for the power of the Cross is the Lord Jesus Christ Himself) which burns them like fire. Armed with the Cross, the holy martyrs went to the most horrible tortures. The saints healed the sick, raised the dead, fearlessly drank poison, passed through fire and water by the power of the Cross

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of Christ. One of the old Christian writers, from the first centuries of the Christian Church, testifies that the Christians of that era, following the Apostolic constitutions and traditions, at the beginning of every task or journey signed themselves with the Cross. They did this at departure, putting on robes, putting on shoes, at washing, before and after meals, making fires, before lying in bed, sitting after a journey, in one world: at the beginning of every task, journey or event.

Today's Christians, however, taken over by some sort of a shame, even when they visit the home of a friend at their birthday or names day, upon sitting for the meal won't even think to cross themselves as if they don't know the words of the Lord: "For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when he comes in the glory of His Father with the holy angels" (Mark 3:38).

#### **CLERGY RETREAT**

All the active Clergy of the Archeparchy of Philadelphia will be gathering in Long Branch, NJ, for our Annual Clergy Retreat. The Clergy Retreat will last from Monday, September 18<sup>th</sup> through Thurs-

day, September 21<sup>st</sup>. Please remember all of us in your prayers as we recharge our "Spiritual Batteries." In case of an emergency, please call any Catholic Priest.

#### **OUR CONDOLENCES**

In your Christian Charity, please remember in your prayers the soul of the mother of Fr. Myron Myronyuk. + **Bohdanna Myronyuk** recently fell asleep in the Lord and was bur-

ied this past week in Ukraine. We extend our sincerest condolences to Father Myron and his whole family. May + Bohdanna's memory be eternal! Vichnaya Pamyat!

### FIVE POINTS WHY ANGELS ARE IMPORTANT

In these trying times, it's wise to reflect on the great gifts we have

received in our Faith, and how they can help us meet the challenge of maintaining our religious life and inner peace. Let us consider five points about the importance of one of these gifts: our heavenly helpers, the Holy Angels.

- 1. Angels are real. This seems obvious, but do we relate to the angels like they are real? The Holy Scriptures, the writings of the saints, and the experience of Christians for over 2,000 years demonstrate the countless ways that the holy angels watch over our lives, protecting and guiding the faithful, the Church, and the nations of the world.
- 2. They have one task: to do the will of God. And in relation to us, what is that will? That we, as Saint John the Baptist is described, become earthly angels and heavenly men and women. The angels are

ever attentive to protect us in our path through life, awaken our conscience, and lead us on the path to heaven.

- **3.** They are the real "first line of defense." At a time when evil seems to be having its way throughout our country and the rest of the world, we need to call upon the help of this heavenly army.
- 4. There is nothing too small or too great for the Holy Angels. We are all familiar with Bernhard Plockhorst's famous painting of two toddlers crossing a rickety bridge in the forest, followed by a tall, attentive angel.
- **5.** They are ever with us, always listening. The more we call upon the help of the Holy Angels, the more it will become apparent to us. Let us be wise and seek their help!

-- monasteryicons.com

#### HOSPICE OF THE SACRED HEART

The Hospice of the Sacred Heart is looking for volunteers. Opportunities range from companionship for patients in their homes, long-term care facilities,

or in personal care homes to clerical projects in our offices. We also have volunteer activities in our inpatient unit located in Dunmore. Opportunities range from visiting patients, providing a caring presence by quietly sitting at bedside, meal preparation, and clerical tasks.

If interested, please contact Ann

Seechock, Volunteer Coordinator, at 800-657-6405, 570-706-2400 or aseechock@hospicesacredheart. org.

#### HARVEST FESTIVAL

The Annual Harvest Festival of St. John Vianney Parish will be held at Corpus Christi Church, 704 Montdale Road, Scott Township, PA 18447 (Montdale), Sunday, October 1, from noon to 5:00 pm. The Turkey Dinner will be a drivethru take out that includes all of the "fixins". Dinners are \$15. Outdoor

booths under a tent (12pm-4pm) will include a huge Bountiful Baskets Stand, wreath stand, baked goods, raffles including a \$5,000 raffle and more. Directions: I-81 to Exit 201, turn east, 3-4 miles on right. COME ENJOY THE FALL FOLIAGE AND THE WONDERFUL FESTIVAL!

# PILGRIMAGE TO THE MOTHER OF GOD

This year's 92<sup>nd</sup> annual Pilgrimage honoring the Mother of God will be held on Sunday, October 1, 2023 on the grounds of the Motherhouse of the Sisters of St. Basil the Great in Fox Chase Manor. The theme of this year's Pilgrimage is "Our Lady, Our Protectress and Refuge" with emphasis on calling upon the Mother of God to protect Ukraine during this time.

The day will begin with the Mystery of Reconciliation starting at 9:00 am. The Hierarchal Divine Liturgy will be celebrated at 11:00 am preceded by a procession. Metropolitan Borys Gudziak will be the main celebrant with hierarchy and other clergy concelebrating. Lunch, featuring traditional Ukrainian food, will be available afterwards. There will be Spiritual programs, Rosary and Stations of the Cross for Ukraine. The day will conclude with a prayer service (Moleben) at 4:00 pm in the Grotto and blessing of vehicles followed by departure.

For further information, please call 215-379-3998 ext. 17 or visit the Sisters' website at www.stbasils. com

# FAMOUSLY DELICIOUS ROAST BEEF DINNER

St. James - St. George Episcopal Church, located at 398 Washington Ave. in Jermyn, invites everyone to their Famously Delicious Roast Beef Dinner on Saturday, October 28, 2023 from noon til 4:00 pm. Take out only. Cost: \$15.00 for adults and \$5.00 for children under 12. For more information call 570-876-4896.

#### FALL FUNDRAISER

Our parish will be hosting a Halloween Food Truck Festival on Saturday and Sunday, October 14<sup>th</sup> & 15<sup>th</sup>. As usual, volunteers will be needed for the following: set-up on Friday & take-down on Sunday; and assistance with the bake-sale, basket raffle, pizza stand, big 6 wheel, and kids' games.

The basket raffle and bake sale

were very profitable in the past. Anyone able to donate a basket, please call Michaelene (570) 209-2026. We will appreciate all donations of baked goods for the two-day sale. Please call Jule (570) 357-6171 or Mary Ann (570) 489-4648 if you will be able to bake something. (Leaving a message is fine if you get the machine.)

## COLLECTION PROCESSING TEAM...

The Collection Processing Team for the month of September 2023 is Team #1: Jerry Sereditch,

Michaelene Davis, and Gloria Jablonski.

# Sunday Collection for Sept. 9 & 10, 2023: \$

# Ss. Cyril & Methodius Ukrainian Catholic Church

135 River St., Olyphant, PA 18447-1435

Telephone: 570-291-4451 Fax: 570-489-6918

Web Site: stcyrils.weconnect.com

E-Mail: sscyrilandmethodius@comcast.net

Rev. Nestor Iwasiw, Pastor

## Whatever Their Size, Carry Them

"Whoever loses his life for my sake and the Gospel's will save it." One who knew the meaning of Jesus' words so well was Flannery O'Connor, the distinguished Catholic novelist who died in 1964 at the age of 39. From the age of 25 she lived with the knowledge she had a terminal disease, Lupus, – not to mention her sufferings from bone disintegration, shingles, anemia, and a tumor. Yet it was during fourteen years of sickness and suffering that she produced her greatest works of literary art. Her strong faith enabled her to say: "I have never been anywhere but sick. In a sense sickness is a place, more instructive than a long trip to Europe. Sickness before death is a very appropriate thing and I think those who don't have it miss one of God's mercies ..."

Those are strong words! How could a young woman call sickness one of God's mercies? Yet Jesus' words in the Gospel are just as strong: "If a man wishes to come after me, he must deny his very self, take up his

cross, and follow in my steps."

In some way Flannery O'Connor was able to accept the cross of her sickness and follow in the Lord's footsteps. But she didn't do it with a nice sweet smile on her face. She did it with strong courage and conviction. She realized that her own sickness was the very thing that helped her to look at life around her with the eyes of faith; and to translate that life into literary pages that would win her international fame as a write. Each one of us is called upon to carry a cross in our life at some time. For some it may be the cross of emotional or spiritual suffering, rather than physical suffering. Sometimes there are big crosses, sometimes small. Whatever their size, Jesus calls upon us to carry them.

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