

Falcon Café a La Carte Menu

Lunch Substitutes (in case of forgotten lunch)

Saint Rita School will provide a lunch consisting of three healthy options plus a water or Carnation Chocolate milk: \$3.00

Lunchable	\$1.50
Quaker Instant Oatmeal	\$.50
Lilly's Grilled Cheese sandwiches	\$1.50

Refrigerated Snacks

Mandarin oranges	\$1.00
Applesauce	\$1.00
Yogurt	\$1.35

Beverages

Water/ Flavored water	\$1.00
Gatorade	\$1.35
Body Armor	\$1.35
Member's Mark Fruit Smoothies	\$1.35
Carnation Instant Breakfast	\$1.35

Chips/Crackers/Cheez Its \$1.00

Pop its
Off The Eaten Path Chips
Sun Chips
Club Crackers
Cheez Its
Lays Chips
Doritos
Snyder's BBQ Chips
Cheetos
Hot Assorted Chips

Cookies/Rice Krispy Treats/Cereal \$1.00

Fruit Loops/Apple Jacks
NutriGrain Bars
Rice Krispy Treats
Motts Fruit Gummies small= \$.50 or Large = \$1.00
Fruit Roll Ups \$.50
Pillsbury soft batch choc chip cookies
M&M Cookies
Grandma's Assorted Cookies
Oreo's

Ice Cream \$1.00

Icee Pops
Healthy Choice Fudge Bars
Fat Boys Ice Cream Sandwiches
Outshine Fruit Bars
Drum Sticks
Ice Cream Cups