

A Blessing Frayer For All Mothers

On this special
Mother's Day of
Sunshine and Spring,
may God
Bless you with the best
of all treasured things:
Health, Happiness and
Feace of Mind



Have wonderful Mother's Day.....with prayers and best wishes!

Wisdom People

St. Daniel Senior Citizen's Group

The next Wisdom People meeting will be **Friday**, **June 2**nd, **2017**. The June program will be dancers from the Dance Art Studio.

(Please note: no one will be allowed into the building until 12:00 noon.)



Emilia Chilton, Sharon Daley, Andrea Evingham and Margaret Prosser



"I would rather walk with a friend in the dark, than walk alone in the light."

Helen Keller

Hospitality Chairperson - Angela Murphy

Please call Angela at 315-455-5042 for reservations. The next meeting will be on June 2nd, 2017. Please call by Friday, May 26th. Anyone who made reservations and cannot come, please let us know.

Membership Chair People – Louise Epolito and Margie Mevec Membership dues for 2017 are now due.

Sunshine Chairperson - Helen Lynch

If any member is sick, in the hospital or nursing home, please call the Rectory at 315-454-4946. The Rectory Office will pass the message on to Helen.



If you would like to make any suggestions, to discuss anything, or to cancel reservations, please call John L. Denega at 315-432-1005





Wisdom People May 2017 Birthdays

Marilyn Adams

Tillie Chiarmonte

Donna DeSiato

Shirley Fornito

Robin Klein

Rose Lopez

Sharon Miller

Robert Sellin

Angela Valenti

Dorothy Carranti

Maria Corso

Marge Donovan

Theresa Hannan

Mary Beth Krause

Mary Anne Manion

Pauline Pensabens

Michael Terrance

Margaret Yankay

May Chaffee

Theresa DeMauro

Cheryl Egan

Edith Jones

Nicolena Lattanzi

Avelina Miquel

Mary Scarsciotti

Frances Toia

Jean Zogg-Elliot







Making Spirits Bright!

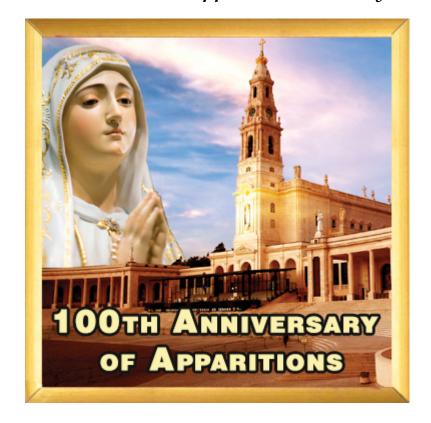
This year's Ministry was Assumption Church Franciscan Ministries! I'd like to thank the Wisdom People, The Gingerbread House families, Lyncourt Community Band, The Harmony Katz, Fidelis Care, Stephanie

Pestillo-Outreach Specialist, The Hearth on James, and Florence Felts. God Bless you for your kindness!





F.Y.I. -*The First Fatima Apparition was May 13th, 1917!*









Mark Your Calendars

Flower – Lily of the Valley Birthstone – Emerald

Look at yourself through your soul's eye. See the beauty of your being.

May 5th – Cinco de Mayo







May 13th – Our Lady of Fatima

May 14th – Mother's Day

May 14th – National Police Week -

May 15th – Peace Officers Memorial Day

May 20th – May Crowning at 4:30 Mass May 20th – Armed Forces Day



May 25th - Ascension Thursday

May 29th - Memorial Day (Observed)

June 3rd – Monsignor Yennock 67 Year Anniversary as a Priest



EVENTS

KEEP THIS DATE OPEN – **FREE SPRING CONCERT**Thursday, June 8th at 6:30 p.m. in the St. Daniel School gym. This concert will be dedicated to Rev. Msgr. Eugene M. Yennock to celebrate 67 years as a priest, to Deacon Tom Kane, and to Sam Julian, founder of the band. This is sponsored by The Wisdom People and features the Lyncourt Community Band. It is conducted by retired, longtime Lyncourt School Band teacher Tony DeAngelis and assisted by Ron Nuzzo

and Ray Sturge. Also, the The Harmony Katz, all men's barbershop chorus with a long tradition, directed by Peter Carentz will be entertaining us. Refreshments will be on sale and the Transfiguration church will be selling Pierogi.

<u>May 6th</u> - Syracuse Crawfish/Clam Festival-Feast on jambalaya, crawfish, beignets, and other Louisiana fare, along with live music at the unofficial kick-off to Syracuse Festival Season. At Clinton Square from 11:00 a.m. - 7:00 p.m. (More info at *events.visitsyracuse.org*)

<u>May 18</u>th - Fayetteville Farmers Market CNY - located at the Fayetteville Towne Center every Thursday from 12:00 noon - 6:00 p.m.

<u>May 20th – 21st – Salt City BBQ Festival has expanded to a two-day festival for it's third year.</u> The professional barbecue competition is on Saturday (11 a.m. - 11 p.m.), while the amateur take over the pits on Sunday (noon – 7 p.m.) More info at www.saltcitybbqfestival .org

<u>May 20th</u> May Crowning in St. Daniel Church after the 4:30 p.m. mass. Join us as we honor Mary, the Mother of Our Lord, with songs and May flowers.

<u>June 2nd & 3rd - Taste of Syracuse - This is a free festival which features bands and \$1 food samples from the area's top restaurants. It's Syracuse's biggest food festival and will have headline musical entertainment.</u>

<u>June 3rd</u> - Please pray for Monsignor Eugene M Yennock in celebration of 67 years of service in the priesthood of Jesus Christ.

<u>June 13th – October 10th – Downtown Regional Syracuse Farmer's Market – every Tuesday, from 7:00 a.m. – 3:00 p.m.</u>

Non-Stop Yellow Brick Road Casino Trip — Wednesday, June 21st-Leave from parking lot of Big Lots in Mattydale at 10:30 a.m. and return at 3:30 p.m. Cost \$20.00 — Receive \$10.00 Casino Free Play — Call Sue Burton for reservations: 315-243.1581

TRIPS

Flyers for booking and more information are on the Information Table.

Non-stop Turning Stone Trips

First Wednesday of every month. Leave from Big Lots Mattydale at 8:30 a.m. Cost \$18 – receive \$15 Casino or Bingo money and \$5 food. Call Mary Heindorf: 315-457-2669



<u>Travel with Mary Scarsciotti</u> To reserve your spot on the 3 trips below, call Mary Scarsciotti at 315-437-2360 or John L. Denega at 315-432-1005.

- 1. National Blue Army Shrine of Our Lady of Fatima Monday, May 15th, 2017. Cost: \$60 per person (includes roundtrip motor coach transportation).
- 2. The Divine Mercy Shrine in Stockbridge, MA Monday, June 19th, 2017. Cost per person \$51 (includes round trip motor coach transportation).
- 3. Sainte-Anne-de-Beaupre, Quebec, Canada August 27th 29th, 2017 Pricing" Twin \$317, Triple \$277, Quad \$255, Single \$447. Tour includes hotel, roundtrip motor coach transportation, two continental breakfasts and more.



Cape Cod Massachusetts including Foxwoods Casino

5 days & 4 nights: May 21 – 25, 2017

\$679 per person for 40 or more travelers based on double occupancy. \$704 per person for under 40 travelers based on double occupancy. For information and reservations contact: Mattydale-Hinsdale Seniors, Susan Burton (315) 243-1581. Flyers for more information on the Information Table.

Bella Tours & Travel Inc. 305 Vine St. Suite 9, Liverpool NY 13088 Phone # (315) 652-0121. Flyer on Information Table.

Bella Tours May Trips:

11 Bella Annual Food Day Tour

14-15 Ottawa Tulip Festival

19-27 Colorado Rockies Tour fly/drive

22 Sonnenberg Gardens Day Tour

Bella Tours June Trips:

6 Albany "Our Capitol" Day Tour 12-14 Mohegan Sun/Foxwoods Casino

14 Alex Bay/Clayton NY Day Tour

20-23 Williamsburg VA

26-29 Cape Cod/Martha's Vineyard

29 Corning Glass Day Tour



Trips, continued

Travel with the Salina Civic Seniors-to Alexandria Bay, N.Y. on July 12th, 2017. The cost is \$68.00 per person (includes roundtrip motor coach transportation, three and a half hour cruise on the fabulous St. Lawrence River and a guided tour of Singer Castle and Boldt Castle, box lunch, and bus driver gratuity. The trip leaves Mattydale Big Lots at 8:00 a.m.

Contact Angela Murphy at (315)455-5042 for more information

Jokes for the Month

I Owe My Mother...

My mother taught me RELIGION. "You better Pray that will come out of the carpet."

My mother taught me TIME TRAVEL. "If you don't straighten up, I'm going to knock you into the middle of next week."

> My mother taught me LOGIC. "Because I said so, that's why."

My mother taught me IRONY. "If you fall out of that swing and break your neck, you're not going to the store with me".

> My mother taught me FORESIGHT. "Make sure you wear clean underwear, in case you're in an accident."

> > My mother taught me about the science of OSMOSIS. "Shut your mouth and eat your supper."

My mother taught me about CONTORTIONISM. "Will you look at the dirt on the back of your neck!"

My mother taught me about STAMINA. "you'll sit there until all that spinach is gone."

My mother taught me about WEATHER. "This room of your looks as if a tornado went through it!"

Happy Mother's Day!

A Couple on Vacation

A couple was going on vacation. The man's wife, who was on a business trip, said to him: "You go ahead and I will meet you at the hotel." When he reached his hotel, he decided to send his wife a quick email. Unfortunately, when typing her address, he mistyped a letter and his note was directed instead to an elderly preacher's wife whose husband

had passed away only the day before.

When the grieving widow checked her email, she took one look at the monitor, let out a piercing scream, and fell to the floor in a dead faint. At the sound, her family rushed into the room and saw this note on the screen:

Dearest.

Just got checked in. Everything prepared for your arrival tomorrow. P.S. Sure is hot down here.







SWEDISH MEAT BALLS

- 1 pound ground beef
- 1 pound ground veal toasted bread crumbs 1 small onion, finely chopped 1½ teaspoons salt
- 1/2 cup water
- 1 egg
- 1/2 cup crushed zwieback or
- ½ teaspoon nutmeg 1/8 teaspoon ginger
- 5 tablespoons flour
- 2 tablespoons butter
- 11/4 cups water
- 1 cup milk ½ teaspoon salt
- 1/2 teaspoon nutmeg

Combine beef, yeal and onion. Add water to crumbs. Add crumbs, egg, salt, ½ teaspoon nutmeg and ginger to meat. Mix well. Shape meat mixture into 40 balls, about the size of a walnut. Dredge meat balls in flour. Save remaining flour. Melt butter in large frying-pan, add meat balls and brown on all sides. Cover

and cook slowly 20 minutes. Remove meat balls from frying-pan. To make gravy, stir remaining flour into drippings and loosen particles from edge of pan. Add water, milk, salt and 1/2 teaspoon nutmeg. Cook, stirring constantly, until thickened. 8 servings.

(National Live Stock and Meat Board)

St. Daniel Recipes





BANANA CRUNCH CAKE

Sour cream and bananas flavor this yellow cake which is layered and topped with crunchy coconut frosting, butter and rolled oats, for refreshing snack or dessert cake.

- 5 tablespoons butter or margarine 1 cup dairy sour cream 1 package coconut pecan or coconut almond frosting mix
- 1 cup rolled oats
- Preheat oven to 350°. Grease and flour 10-inch tube pan. In saucepan, melt butter; stir in frosting mix and rolled oats until crumbly; set aside. In large bowl, blend next three (3) ingredients until smooth. Blend in cake mix; beat 2 minutes at medium speed. (High speed with portable mixer.) Pour 1/3 of batter (2 cups) into prepared pan. Sprinkle with 1/3 of crumb mixture (1 cup). Repeat twice with batter and

- 4 eggs 2 large bananas
- 1 package yellow cake mix

crumbs, ending with crumb mixture. Bake 50 to 60 minutes until toothpick inserted in center comes out clean. Cool upright in pan 15 minutes. Remove from pan and turn cake so crumb mixture is on top. Makes 10-inch tube cake.

HIGH ALTITUDE — 5200 Feet: Add 2 tablespoons flour to cake mix. Bake at 375° for 50 to 60 minutes.

(The Pillsbury Company)

St. Daniel Wisdom People Health Ministry

For Your Pets



028 Cats.

FDA: More than half of dogs, cats in the Land of Plenty weigh too much

herica's weight problem extends to its pets, with a majority of cats and dogs dangerously overweight, a federal government veterinarian warns.

"Just as obesity has become a serious problem in people, it's also a growing problem in pets, one that can seriously harm your pet's health," said veterinarian Carmela Stamper, of the U.S. Food and Drug Administration's Center for Veterinary Medicine.

About 58 percent of cats and 54 percent of dogs in the United States are overweight, according to a 2015

survey by the Association for Pet Obesity Prevention.

"The diseases we see in our overweight pets are strikingly similar to those seen in overweight people," Stamper said in an FDA news release. These include life-shortening conditions such as Type 2 diabetes, high blood pressure, osteoarthritis, heart and respiratory disease and kidney problems, she noted.

So, what exactly signals obesity for Fido or Kitty?

In general, 20 percent over ideal body weight is obese. And Stamper

said age, breed, body type and metabolism can help tip the scales.
"In dogs, some breeds seem more

"In dogs, some breeds seem more inclined toward obesity than others," Stamper said. Labs, beagles and long, low dogs such as dachshunds and basset hounds are some examples.

Although America's cats are also fattening up overall, veterinarians say no specific feline breed is prone to pudginess.

Stamper outlined some ways to determine if your pet is at a healthy weight. Look at your pet from above to see if it has a definite waist.

"If not, and her back is broad and flat like a footstool, she is likely overweight," Stamper said.

Run your hands along your pet's side. Can you easily feel the ribs, or do you have to push hard to feel them? Check your pet's abdomen/stomach. If you can easily grab a handful of fat, that's a sign your pet is overweight.

If you're concerned about your pet's weight, or want to know how to keep your pet at a healthy weight, talk to your veterinarian, Stamper