

# Checklist for Youth at Rainbow

**\*Pack as light as possible** because you will have to move all of the things you bring on Saturday when you are fresh and fully charged; and then again on Sunday when you are exhausted and weak!

## **Remember to bring..... (listed in no particular order)**

- Vaseline / Lip Balm (*we will provide*)
- Water (*we will provide a small bottle of water each day*)
- Hard candies or throat lozenges (*we will provide some hard candy*)
- Comfortable shoes
- Previous Rainbow Pins
- Watch or something to keep time
- Decks of cards and/or small board games for Saturday Night Activities (if you don't like to dance)
- ADDITIONAL ITEMS:
  - Clothes for church
  - Snacks (*we will provide a few snacks*)
  - Charging cords
  - Money for lunch and breakfast