

Waste Reduction Campaign 2018-19

Oct 6

"A reflection for the Feast of Saint Francis"

Oct 13

The people who make a difference are the ones who do little things consistently. St. Anthony on the Lake Earth Ministry invites you to commit to making one of these swaps for 30 days to save ~4.4 lbs of trash daily. Comments? Contact Kate Burke: burkeKLY@gmail.com

1 cloth towel = 7300 paper towels

1 metal straw = 540 plastic straws

1 reusable mug = 500 coffee cups

1 reusable bag = 170 plastic bags

1 reusable water bottle = 167 plastic water bottles

1 bamboo toothbrush = 4 plastic tooth brushes

1 glass floss container = 7 plastic floss containers



Oct 20 (bulletin) Oct 6 (FB)

The average American family takes home almost 1,500 plastic shopping bags a year, and only 1% are recycled. Using cloth bags is not just for supermarkets. Remember to use them at hardware stores, drug stores, clothing stores and toy stores too. Comments? Contact Kate Burke: burkeKLY@gmail.com

Oct 27

Want to reduce Christmas gift waste this holiday season? Try establishing gift-giving rules with friends and family (such as second-hand gifts, homemade gifts, and experiences). Give eco gifts (such as stainless steel straws, cloth bags, reusable bottles, and mugs). Comments? Contact Kate Burke: burkeKLY@gmail.com

Nov 3

\$277 million worth of turkey ends up in the trash after Thanksgiving. Consider buying a smaller turkey. Comments? Contact Kate Burke: burkeKLY@gmail.com

Nov 10

The 2.65 billion Christmas cards sold each year in the U.S. could fill a football field 10 stories high. Glittery cards or cards on photo paper can't be recycled. Consider sending e-cards instead. Comments? Contact Kate Burke: burkeKLY@gmail.com

Nov 17

Reduce your food waste this holiday season: prepare less/cut recipes in half; coordinate dishes with guests to avoid duplication; freeze vegetable and meat scraps for broth; serve smaller

portions; freeze leftovers and get creative with recipes. Comments? Contact Kate Burke: burkeKLY@gmail.com

Nov 24

Americans throw away 25% more trash from Thanksgiving to New Year's. Is this true for you? How can you reduce your holiday trash? Stay tuned for ideas! Comments? Contact Kate Burke: burkeKLY@gmail.com

Dec 1

Glittery wrapping paper, tissue paper, and ribbon/bows can't be recycled. Consider wrapping gifts in re-purposed newspaper/magazines and re-using ribbon/bows. Comments? Contact Kate Burke: burkeKLY@gmail.com

Dec 8

Hosting a party this holiday season? Paper plate and napkins, and plastic cutlery can't be recycled and disposable water bottles have big environmental consequences. Guests will appreciate cloth tablecloths, cloth napkins, real silverware, plates, glasses and pitchers of tap water. Comments? Contact Kate Burke: burkeKLY@gmail.com

Dec 15

Make sure to provide a recycle bin at holiday gatherings. Ask the host if it's not your event. Comments? Contact Kate Burke: burkeKLY@gmail.com

Dec 22

Reduce your food waste this holiday season: prepare less/cut recipes in half; coordinate dishes with guests to avoid duplication; freeze vegetable and meat scraps for broth; serve smaller portions; freeze leftovers and get creative with recipes. Comments? Contact Kate Burke: burkeKLY@gmail.com

Dec 29

Make a New Year's resolution to dispose of an old habit and choose to reuse. Commit to these single use swaps to save ~4.4 lbs of trash daily. Comments? Contact Kate Burke: burkeKLY@gmail.com

- 1 cloth towel = 7300 paper towels
- 1 metal straw = 540 plastic straws
- 1 reusable mug = 500 coffee cups
- 1 reusable bag = 170 plastic bags
- 1 reusable water bottle = 167 plastic water bottles
- 1 bamboo toothbrush = 4 plastic tooth brushes
- 1 glass floss container = 7 plastic floss containers

Jan 5

We use 500 million straws a day in the US - enough to wrap around the earth 2.5 times! Straws can't be recycled and many wind up in the ocean as marine debris. Please say "no" to straws at restaurants or purchase your own reusable glass or stainless steel straw. Comments? Contact Kate Burke: burkeKLY@gmail.com

Jan 12

A million bottles a MINUTE.... That's how many disposable bottles of water are bought world wide, and most end up in landfills or the ocean. Plastic only starts degrading after 700 years and remains toxic to the environment forever. Can you commit to stop drinking bottled water? Comments? Contact Kate Burke: burkeKLY@gmail.com

Jan 19

An average family uses 60 plastic bags on four visits to the supermarket. Plastic bags often blow away from trash cans and wind up in the ocean where they cause the death of many marine animals when they are mistaken for food. Try using only cloth bags for 30 days. Comments? Contact Kate Burke: burkeKLY@gmail.com

Jan 26

Americans throw away 793 styrofoam coffee cups every SECOND. Can you start bringing your own mug? Comments? Contact Kate Burke: burkeKLY@gmail.com

Feb 2

The to-go box that was in your hands for 10 minutes on Friday night could be in the ocean forever. Keep a reusable container in your car for next time you eat out. Comments? Contact Kate Burke: burkeKLY@gmail.com

Feb 9

The equivalent of 1 garbage truck ends up in the ocean every minute. Use reusable containers or wraps instead of single-use plastic items like plastic wrap and sandwich bags. Comments? Contact Kate Burke: burkeKLY@gmail.com

Feb 16

Packaging accounts for 52% of plastics in the landfill. Purchase items with the least amount of packaging. Comments? Contact Kate Burke: burkeKLY@gmail.com

Feb 23

Paper plate and napkins, and plastic cutlery can't be recycled. Instead of using disposable plates and cutlery try bringing your own reusable dishes and silverware to work and to casual restaurants. Consider asking them to provide reusable items. Comments? Contact Kate Burke: burkeKLY@gmail.com

March 2

Used paper plates, greasy pizza boxes, paper napkins, plastic straws and plastic cutlery are NOT recyclable. Learn more at city.milwaukee.gov (search recycling). Or take a fascinating, free tour of the Milwaukee recycling center. Comments? Contact Kate Burke: burkeKLY@gmail.com

March 9

Is your life too plastic? Reduce plastic containers in your home by replacing liquid soaps, shampoos, and conditioners with a bar or refillable option, or try making your own. Comments? Contact Kate Burke: burkeKLY@gmail.com

March 16

Is your life too plastic? Look for plastic containers around your house and think of alternatives like buying deodorant in a bar or a jar or even make your own. Comments? Contact Kate Burke: burkeKLY@gmail.com

March 23

Is your life too plastic? You can reduce plastic containers in your home by making cleaning products, using safe ingredients and household staples like lemon juice, vinegar, and baking soda. Comments? Contact Kate Burke: burkeKLY@gmail.com

March 30

Have you ever joined a CSA (Community Supported Agriculture)? You get fresh food, grown locally, with very little packaging waste. Comments? Contact Kate Burke: burkeKLY@gmail.com

April 6

40% of food in the U.S. is thrown away. You can reduce food waste:

1. Plan before shopping: take inventory, make a list, and buy only what's needed
2. Cut off the mold on cheese or the bad spot on produce and eat the rest
3. Eat the egg yolk or find someone who will
4. Learn to store food correctly so it lasts longer
5. Freeze foods before they go bad
6. Keep the fridge clutter-free so you can see everything
7. Eat the leftovers in order: 1st in 1st out
8. Serve smaller portions

Comments? Contact Kate Burke: burkeKLY@gmail.com

April 13

Reduce your food waste this Easter season: prepare less/cut recipes in half; coordinate dishes with guests to avoid duplication; freeze vegetable and meat scraps for broth; serve smaller portions; freeze leftovers and get creative with recipes. Comments? Contact Kate Burke: burkeKLY@gmail.com

April 20

Easter/Earth Day reflection TBD

April 27

You can avoid waste associated with food packaging and transportation by planting an herb or vegetable garden. Comments? Contact Kate Burke: burkeKLY@gmail.com

May 4

Food makes up 20% of what's in the trash. Help keep food out of landfill by composting at home, work or school. Comments? Contact Kate Burke: burkeKLY@gmail.com

May 11

Use something infrequently? Why buy your own? Create a sharing economy by sharing with and borrowing from family, friends, and neighbors. Comments? Contact Kate Burke: burkeKLY@gmail.com

May 18

An average family uses 60 plastic bags on four visits to the supermarket. Plastic bags often blow away from trash cans and wind up in the ocean where they cause the death of many marine animals when they are mistaken for food. Try using only cloth bags for 30 days. Comments? Contact Kate Burke: burkeKLY@gmail.com

May 25

Make sure to provide a recycle bin at parties this summer. Ask the host if it's not your event. Comments? Contact Kate Burke: burkeKLY@gmail.com

June 1

The average American family takes home almost 1,500 plastic shopping bags a year, and only 1% are recycled. Using cloth bags is not just for supermarkets. Remember to use them at hardware stores, drug stores, clothing stores and toy stores too. Comments? Contact Kate Burke: burkeKLY@gmail.com

June 8

The to-go box that was in your hands for 10 minutes on Friday night could be in the ocean forever. Keep a reusable container in your car for next time you eat out. Comments? Contact Kate Burke: burkeKLY@gmail.com

June 15

The equivalent of 1 garbage truck ends up in the ocean every minute. Use reusable containers or wraps instead of single-use plastic items like plastic wrap and sandwich bags. Comments? Contact Kate Burke: burkeKLY@gmail.com

June 22

Reduce food waste at parties: prepare less/cut recipes in half; coordinate dishes with guests to avoid duplication; freeze vegetable and meat scraps for broth; serve smaller portions; freeze leftovers and get creative with recipes. Comments? Contact Kate Burke: burkeKLY@gmail.com

June 29

Hosting a party? Paper plate and napkins, and plastic cutlery can't be recycled and disposable water bottles have big environmental consequences. Guests will appreciate cloth tablecloths, cloth napkins, real silverware, plates, glasses and pitchers of tap water. Comments? Contact Kate Burke: burkeKLY@gmail.com

July 6

Try a farmers market! You get fresh food, grown locally, with very little packaging waste. Remember to bring your own cloth bags! Comments? Contact Kate Burke: burkeKLY@gmail.com

July 13

Pope pic

July 20

We use 500 million straws a day in the US - enough to wrap around the earth 2.5 times! Straws can't be recycled and many wind up in the ocean as marine debris. Please say "no" to straws at restaurants or purchase your own reusable glass or stainless steel straw. Comments? Contact Kate Burke: burkeKLY@gmail.com

July 27

A million bottles a MINUTE.... That's how many disposable bottles of water are bought world wide, and most end up in landfills or the ocean. Plastic only starts degrading after 700 years and remains toxic to the environment forever. Can you commit to stop drinking bottled water? Comments? Contact Kate Burke: burkeKLY@gmail.com

Aug 3

Pope pic

Aug 10

Packaging accounts for 52% of plastics in the landfill. Purchase items with the least amount of packaging. Comments? Contact Kate Burke: burkeKLY@gmail.com

Aug 17

Paper plate and napkins, and plastic cutlery can't be recycled. Instead of using disposable plates and cutlery try bringing your own reusable dishes and silverware to work and to casual restaurants. Consider asking them to provide reusable items. Comments? Contact Kate Burke: burkeKLY@gmail.com

Aug 24
Pope pic

Aug 31

Used paper plates, greasy pizza boxes, paper napkins, plastic straws and plastic cutlery are NOT recyclable. Learn more at city.milwaukee.gov (search recycling). Or take a fascinating, free tour of the Milwaukee recycling center. Comments? Contact Kate Burke: burkeKLY@gmail.com

Sept 7

Americans throw away 793 styrofoam coffee cups every SECOND. Can you start bringing your own mug? Comments? Contact Kate Burke: burkeKLY@gmail.com

Sept 14

Is your life too plastic? Reduce plastic containers in your home by replacing liquid soaps, shampoos, and conditioners with a bar or refillable option, or try making your own. Comments? Contact Kate Burke: burkeKLY@gmail.com

Sept 21

Is your life too plastic? Look for plastic containers around your house and think of alternatives like buying deodorant in a bar or a jar or even make your own. Comments? Contact Kate Burke: burkeKLY@gmail.com

Sept 28

Is your life too plastic? You can reduce plastic containers in your home by making cleaning products, using safe ingredients and household staples like lemon juice, vinegar, and baking soda. Comments? Contact Kate Burke: burkeKLY@gmail.com