

Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit: Amen.

The Apostles Creed

I believe in God, the Father almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Our Father

Our Father, who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.



The Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed are thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

Glory Be

Gory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be. Amen.

Fatima Prayer

O, my Jesus! Forgive us our sins; save us from the fires of hell. Lead all souls to heaven, especially those in most need of thy mercy.



Hail Holy Queen

Hail, Holy Queen, Mother of mercy, Hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, o loving, o sweet Virgin Mary!

V. Pray for us, o holy Mother of God-
R. That we may be made worthy of the promises of Christ.

Holy Michael, the Archangel

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen



Let Us Pray

O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating on these Mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

How to Pray the Rosary



1. Begin on the crucifix with the *Sign of the Cross* and the *Apostles Creed*.
2. Say the *Our Father*.
3. Say three *Hail Mary's*.
4. In the space after the last *Hail Mary* say the *Glory Be to the Father*.
5. On the Our Father bead announce the First Mystery then say the *Our Father*.
6. On each small bead say one *Hail Mary* while meditating on the mystery.
7. In the space after the last *Hail Mary* say the *Glory Be to the Father*, followed by the *Fatima Prayer*.
8. Announce the Second Mystery then say the *Our Father*. Repeat #6 and #7 with the Second, Third, Fourth and Fifth Mysteries.
9. On the centerpiece say the *Hail Holy Queen* and optionally *Holy Michael, the Archangel*, then *Let Us Pray*.
10. Make the *Sign of the Cross*.

How to Pray the Rosary



The Mysteries of the Rosary

In order for the recitation of the Rosary to remain meaningful, we must meditate on the mysteries of the Rosary. Attached to each mystery there is a fruit. These are graces or virtues that are exemplified in the mystery and that one may be granted through meditation and practice. Conventionally, the Joyful Mysteries are said on Monday and Saturday; the Sorrowful Mysteries are said on Tuesday and Friday; the Glorious Mysteries on Wednesday and Sunday; and the Luminous Mysteries on Thursday.

First Joyful Mystery: The Annunciation

And when the angel had come to her, he said, "Hail, full of grace, the Lord is with thee. Blessed art thou among women." (Luke 1:28)

Fruit of the Mystery: Humility

Second Joyful Mystery: The Visitation

Elizabeth was filled with the Holy Spirit and cried out in a loud voice: "Blessed are you among women and blessed is the fruit of your womb." (Luke 1:41-42)

Fruit of the Mystery: Love of Neighbour

Third Joyful Mystery: The Birth of Jesus

She gave birth to her first-born son and wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the place where travelers lodged. (Luke 2:7)

Fruit of the Mystery: Poverty

Fourth Joyful Mystery: The Presentation

When the day came to purify them according to the law of Moses, the couple brought him up to Jerusalem so that he could be presented to the Lord, for it is written in the law of the Lord, "Every first-born male shall be consecrated to the Lord." (Luke 2:22-23)

Fruit of the Mystery: Obedience

Fifth Joyful Mystery:

Finding the Child Jesus in the Temple

On the third day they came upon him in the temple sitting in the midst of the teachers, listening to them and asking them questions. (Luke 2:46)

Fruit of the Mystery: Joy in Finding Jesus

First Luminous Mystery: Baptism of Jesus

After Jesus was baptized he came directly out of the water. Suddenly the sky opened and he saw the Spirit of God descend like a dove and hover over him. With that, a voice from the heavens said, "This is my beloved Son. My favor rests on him." (Matthew 3:16-17)

Fruit of the Mystery: Openness to the Holy Spirit

Second Luminous Mystery: Wedding at Cana

His mother said to the servants, "Do whatever he tells you."...Jesus said to them, "Fill the jars with water." And they filled them up to the brim. (John 2:5-7)

Fruit of the Mystery: Devotion To Jesus Through Mary

Third Luminous Mystery: Proclaiming the Kingdom

Jesus appeared in Galilee proclaiming the good news of God: "This is the time of fulfillment. The reign of God is at hand! Reform your lives and believe in the gospel!" (Matthew 10:7-8)

Fruit of the Mystery: Grace of Conversion

Fourth Luminous Mystery: Transfiguration

He was transfigured before their eyes. His face became as dazzling as the sun, his clothes as radiant as light. (Matthew 17:2)

Fruit of the Mystery: Desire for Holiness

Fifth Luminous Mystery: Institution of the Eucharist

Taking bread and giving thanks he broke it and gave it to them saying: "This is my body which is given for you"...And likewise the cup after supper, saying, "This cup which is poured out for you is the new covenant in my blood." (Luke 22:19-20)

Fruit of the Mystery: Adoration

First Sorrowful Mystery: The Agony in the Garden

In his anguish he prayed with all the greater intensity, and his sweat became like drops of blood falling to the ground. Then he rose from prayer and came to his disciples, only to find them asleep, exhausted with grief. (Luke 22:44-45)

Fruit of the Mystery: Sorrow for Sin

Second Sorrowful Mystery: The Scourging at the Pillar

Pilate's next move was to take Jesus and have him scourged. (John 19:1)

Fruit of the Mystery: Purity

Third Sorrowful Mystery: Crowning With Thorns

They stripped off his clothes and wrapped him in a scarlet military cloak. Weaving a crown out of thorns they fixed it on his head, and stuck a reed in his right hand. (Matthew 27:28-29)

Fruit of the Mystery: Courage

Fourth Sorrowful Mystery: Carrying the Cross

...carrying the cross by himself, he went out to what is called the Place of the Skull (in Hebrew, Golgotha). (John 19:17)

Fruit of the Mystery: Patience

Fifth Sorrowful Mystery: The Crucifixion

Jesus uttered a loud cry and said, "Father, into your hands I commend my spirit." After he said this, he expired. (Luke 23:46)

Fruit of the Mystery: Perseverance

First Glorious Mystery: The Resurrection

"You need not be amazed! You are looking for Jesus of Nazareth, the one who was crucified. He has been raised up; he is not here. See the place where they laid him." (Mark 16:6)

Fruit of the Mystery: Faith

Second Glorious Mystery: The Ascension

Then, after speaking to them, the Lord Jesus was taken up into Heaven and took his seat at God's right hand. (Mark 16:19)

Fruit of the Mystery: Hope

Third Glorious Mystery: Descent of the Holy Spirit

All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them. (Acts 2:4)

Fruit of the Mystery: Love of God

Fourth Glorious Mystery: The Assumption

You are the glory of Jerusalem...you are the splendid boast of our people...God is pleased with what you have wrought. May you be blessed by the Lord Almighty forever and ever. (Judith 15:9-10)

Fruit of the Mystery: Grace of a Happy Death

Fifth Glorious Mystery: The Coronation

A great sign appeared in the sky, a woman clothed with the sun, and on her head a crown of twelve stars. (Revelations 12:1)

Fruit of the Mystery: Trust in Mary's Intercession