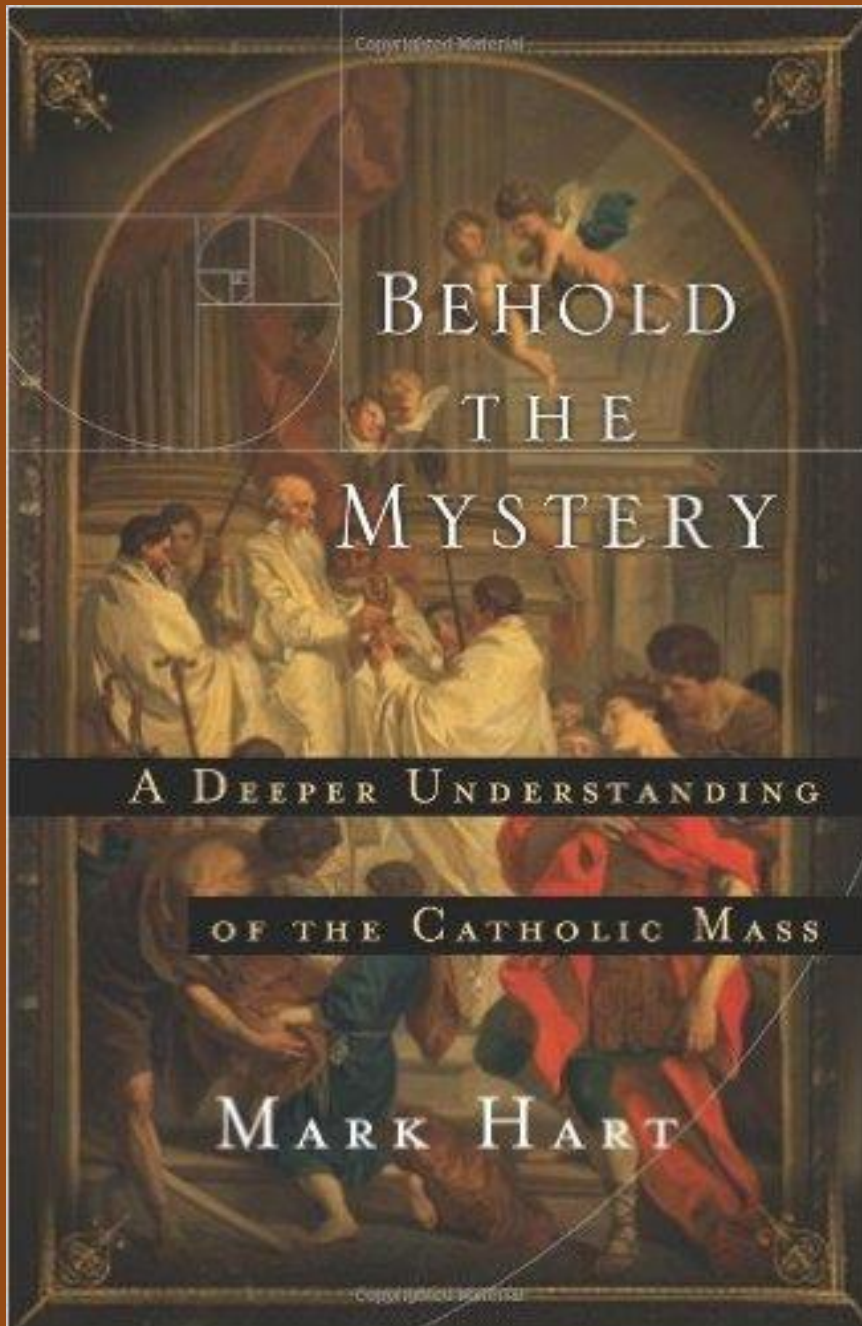




The Catholic Mass

RCIA – October 09, 2018



Source - *Behold
the Mystery: A
Deeper
Understanding of
the Catholic Mass*

By - Mark Hart

Eucharist: Heaven & Earth Unite

WE ARE NEVER
CLOSER TO HEAVEN
THEN WHEN WE
ARE AT MASS

Author: Fr. Robert J. Fox Preface: Mother Angelica

The Early Church

- Started to worship on Sunday
- Gathering place
- It was a matter of life and death

Questions

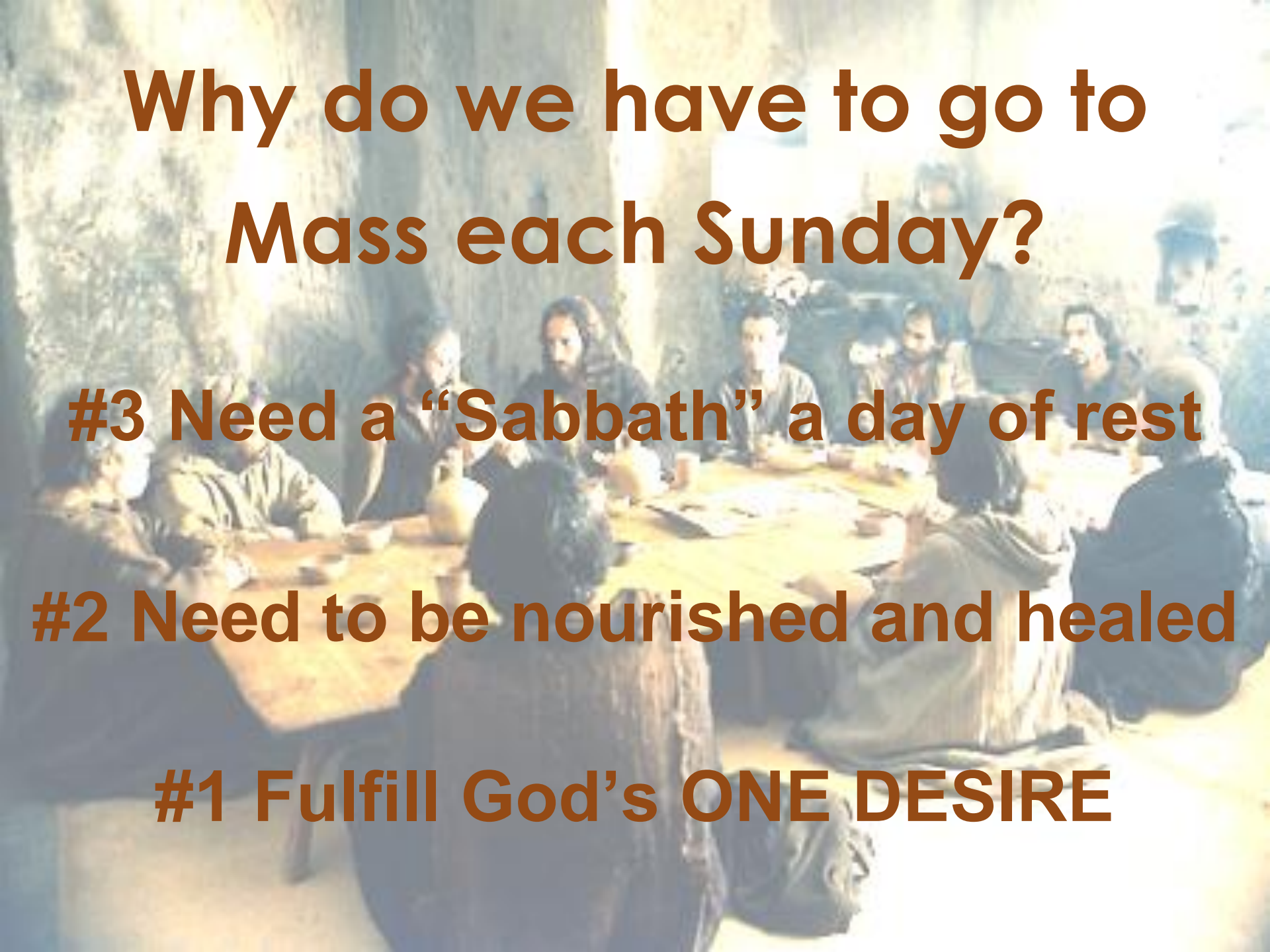
- **When does Mass begin?**
- **Why does the clergy process in?**
- **Why do we cross ourselves at the Gospel?**
- **At communion do we kneel or stand?**
- **Why are weekday Masses slightly different?**

Catholic Aerobics

Why all of the movement?

- Stand
- Sit
- Kneel
- Bow
- Genuflect



A painting depicting Jesus sitting at a long table with his disciples. They are in a room with stone walls, and the scene is lit with warm, golden light. Jesus is in the center, looking towards the right. The disciples are seated around the table, some looking at him, others at each other. There are various items on the table, including bread, a pitcher, and a bowl. The overall atmosphere is intimate and communal.

Why do we have to go to Mass each Sunday?

#3 Need a “Sabbath” a day of rest

#2 Need to be nourished and healed

#1 Fulfill God’s ONE DESIRE

Why can't the Mass be more entertaining?

- Tradition, Customs, Rites
- We are a Church steeped in mystery because we are a faith that is born out of mystery.
- Not a mystery to be solved, but a mystery to behold and enter into.



End of Mass

“My Father sent me, so I
send you”

You need to GO!!!

We enter the church as
many souls, fractured,
tired, broken and hungry.
But we exit as one body in
Christ, rejuvenated, healed
and fulfilled!