

Spiritual Communion Prayer

**My Jesus, I believe that you are present in the
most Blessed Sacrament.**

**I love You above all things and I desire to
receive You into my soul.**

**Since I cannot now receive You sacramentally,
come at least spiritually into my heart.**

**I embrace You as if You were already there,
and unite myself wholly to You.**

Never permit me to be separated from You.

Amen.