

Volume 2, Issue 31— April 27, 2018





Letter from the Principal

Dear St. Mark's Families,

We have got amazing, fantastic, awesome news about our school!!!! Please visit our Facebook page tomorrow to find out what it is.



Father Ben made a very special visit to the second graders this morning. He made them cinnamon rolls and gave them a special blessing for their upcoming First Holy Communion this Sunday. It was wonderful to see our leader back in the school. We continue to pray for his full recovery and for the time when he can return to our Parish and School. First Communion will be celebrated this weekend at both the 8:30 and 11:00 Masses. Please join us in praying for our students who have worked hard all year to receive this blessed sacrament of initiation.

Can you believe we are already half way through last quarter of the year?! Progress reports may be viewed on PlusPortals. We finished MAP testing this week with our preliminary results looking very impressive. Our students did a wonderful job taking their time and doing their best. Results will be sent home with the end of the year Report Cards.

The rest of our year is packed with activities, fieldtrips, retreats and more!! Please see

our April and May calendars to see what is in store. Coach Schaffeld is still looking for more volunteers for Field Day on May 29th. A Safe Environment Workshop will be held on the 21st of May at the church from 12:00 - 1:00 if you are in need of this necessary training in order to chaperone school events.

Please, please, as a matter of safety, pick up and drop off your children up in our parking lot. We do not have permission to use the private parking lots across Northview. We are also very concerned about not using crosswalks to cross this busy street. Thank you for your compliance in this matter.

I pray you have a blessed weekend.

Peace, Donna Gordon

Student Spotlight

To celebrate the Feast of St. Mark, our 5th graders recited the Hail Mary in spanish over the PA for our student body.





Weekly Calendar

Sunday, April 29

First Eucharist @ 8:30 and 11:00 a.m. Masses

Wednesday, May 2

8:30 a.m. Student Body Mass presented by Mrs. Wolbach's class 9:45 a.m.-2:45 p.m.5th Grade Civil War Field Trip

Thursday, May 3

8:30 a.m.-3:00 p.m. Stem Bus at St. Mark's School 9:20 a.m.-12:30 p.m. 4th Grade Field Trip to Idaho Museum of Mining

Friday, May 4

8:30 a.m. Late Start Friday Spirit Day 10:30 a.m.-2:30 p.m. 4th DA Ditch Day @ Wahooz

Upcoming Events

Sunday, May 6

Mother-Son Bowling Event National Teacher Appreciation Week Begins National PE & Sports Week

Monday, May 7

Talent Show Permission Slips Due

Tuesday, May 8

7:00 p.m. Spring Music Program featuring Grades 3-5, Choir and Orchestra

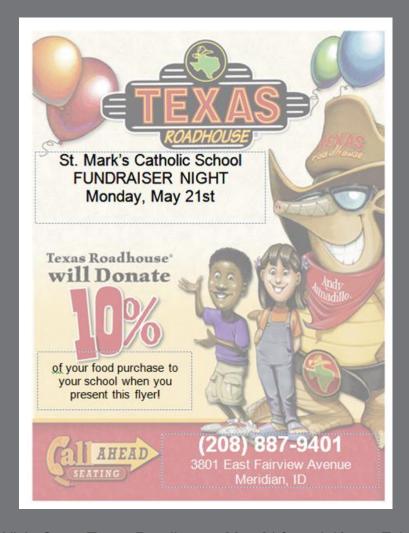
Wednesday, May 9

8:30 a.m. Student Body Mass presented by Mrs. Jankowski's 1st grade 4th Grade Field Trip to Idaho State Historical Penitentiary

Friday, May 11

8:30 a.m. Late Start Friday 7:00-9:00 p.m. 7/8th grade TVCS Dance @ St. Ignatius 10:30 a.m.-2:30 p.m. 7W DA Ditch Day @ Wahooz

Home and School



Community Night Out at Texas Roadhouse, May 21 from 4-10 pm. Enjoy a great night out with our community and a night off from cooking. Some of the St. Mark's staff will be showing us their line dancing skills, every 30 minutes from 5-7:30pm! Show the attached flyer and 10% of the proceeds will come back to St. Mark's School. As a special treat, staff members from St. Mark's School will be performing line dances during the evening.



Home & School is selling Mother's Day Flowers for \$25 until Monday, April 30. Class selling the most bouquets receives a **Doughnut Party or Free** Dress Day.

Mother-Son Bowling will be held on Sunday, May 6 @ Emerald Lanes Bowling Alley.

The Online Spirit Store is now open at http://gts.tuosystems.com/stores/smcs. The store closes on April 30 and items should arrive 2 weeks after that.

Think SCRIP for your shopping and dining and for gifts for TEACHER Don't know what gift card your teacher would like? Don't worry, we've created Scrip Gift Certificates which are available in the school office for purchase. Scrip orders placed by noon Friday will be available in the school office the following Friday afternoon. Any questions, please let Natosha Walsh know at stmarksschoolscrip@outlook.com or 515-360-6912.

Volunteer Opportunities

Field Day has been scheduled for the 29th of May. If you would like to volunteer email Coach Schaffeld at dschaffeld@stmarksboise.org.

Do you need to take a LIVE Child Safe Environment Class to be able to volunteer at School or the Church? The following classes are being offered this summer:

Monday, May 21St 12-1pm Faith Formation Room

Monday, June 4th 5:30-7pm Faith Formation room

Monday, July 16th (primarily for VBS volunteers)2 sessions: 2-3pm and 7-8pm

Thursday, August 30th 5:30-7:00PM St Marks SCHOOL Jr High Building Click on http://signup.com/qo/umHfZTc to register.

We need 2 adult volunteers to chaperone the 7th/8th Grade TVCS Dance at St. Ignatius School on Friday, May 11 from 7:00-:00 p.m. Contact the School Office to volunteer.

Lunch Room Volunteers

NEXT WEEK'S LUNCH HELPERS

Monday (30)—Glodowski, Gilman Tuesday (1)—Smith, Irvine, Schwehr

Wednesday (2)—Huskinson

Thursday (3)—

Friday (4)—Elzie (2), Baltazar

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

3 LUNCHROOM HELPERS ARE NEEDED EACH DAY to make the lunchroom experience enjoyable for all. Volunteers work from 11:10-12:45 and are given a free lunch. SIGN UP in the BLUE BINDER in the School Office.

Daily Lunch Schedule: 11:20 (K-2); 11:40 (3-5); 12:00 (6-8)

News

Congratulations to our First Communicants!

Christopher Bellingham Benjamin Green Abigail Bibbens Derek Greenwood Liam Bowen Caleb Hahn Benjamin Browning Ashley Hall Jackson Bullock Paisley Henderson Madelyn Burkey Lawrence Hippler Constantine Buus Matthew Hippler Jasper Cafferty Calder Hurless Bryden Caudle Gavin Kaneshi Torres Evie Cleereman John Klaisle Chloe Czarniecki Ander Lete Celeste Dennis Maitane Lete Sophia DiRocco Akoon Malek Aldana Kay Enbysk Andrew Martin John Fenske Vanessa Metzler Elizabeth Fitzer Charlotte Naugle Corinthia Frachiseur Angie Nauven Dakota Frane Daniel Ochoa Kamille Frianeza Jackson Richardson Arthur Garner Amber Rowles

Timothy Schiedler Natalee Smith Anna Stroschein Jared Thiel Layden Thometz Isaac Thuldanin Miryana Trana Lucille Valuet Enrico Villanueva Vargas Zachariah Wilsey

The SCHOOL STORE will be open on Late Start Fridays through the end of the school year before school and during lunch. All items are \$1.00.

BSU STEM event - a continuation of the event held at Boise State on February 3 will be held on Saturday and Sunday, May 12 and 13. This is a free event, and open to ages 7-14 for build, ages 5-18 for free Lego kit only.

You may choose to help build the Saturn V Moon Rocket Build for 30 minutes (Ages 7-14) and get a FREE LEGO Micro Saturn V Kit to take home and build

OR

You may choose to just pick up a FREE LEGO Micro Saturn V Kit (Ages 5-18) to take home

Register by emailing <u>laburusa@boisestate.edu</u> with preferred shift time, Parent name, email, child name, age of child.

Saturday, May 12

Kolby Godfrey

Build Shifts are scheduled 11:30am- 3pm (every 15 minutes)

Pick up only – scheduled 11:30am- 3:30pm (every 30 minutes)

Sunday, May 13

Build Shifts are scheduled 12:15pm-3pm (every 15 minutes)

Pick up only – scheduled 12noon- 3:00pm (every 30 minutes)

The last day to check out library books will be Wednesday, May 2nd; with all books being returned by Monday, May 7th.

Monday May 7th – All books need to be returned.

May 7-11th – collect all overdue books and bill.

May 16-25th – Inventory, cleaning and maintenance.

Bishop Kelly Spirit Store - The Spirit Store will close for the year on May 11. Until then, the store will continue to be open during lunch. The store will be open Tuesday, May 22 for last-minute purchases or Chris Kempers can meet after school, if necessary. Don't forget BK spirit wear for graduation gifts!

The Spirit Store needs volunteers for the 2018-2019 school year! If you are interested in volunteering in the store during BK's lunch times (approx. 11:30am-1:30pm, depending on bell schedule), even every other week, or during football games or special events, please contact Chris Kempers @ctcweb.net; 208-573-1510.

The May Lunch calendar is now available.

<u>Summer Skills Books</u> are available for purchase to continue learning during the summer months. Due date to order these books is Monday, May 7. Samples are available for preview in the School Office.

STEM Revolution is holding STEM SUMMER CAMPS for Grades 1-9 this summer at St. Mark's School. There are several different classes to be held the week of June 11-15 and June 18-22 at our school, and 3 other schools are hosting classes on different dates. Visit stemrevolution.org for more details.

The 2018-2019 School Year Calendar is attached.

ADDITIONAL REGISTRATION FORMS THAT WERE EMAILED TO YOU on April 16 (health forms, EFT and volunteer form) are due on Monday, April 30.

Catechesis of the Good Shepherd

We have exciting news about the *Catechesis of the Good Shepherd* program at St. Mark's. Currently, this hands-on liturgy and scripture-based faith formation program is serving over 100 children in our parish and school and we are growing! We are in the process of building a second atrium at the school and we are in need of more catechists. Learning this catechesis will change your life! St. Mark's will offer a training for catechists this summer, August 6th- 10th, and one week in the summer of 2019. (Training for Level 1 Catechists requires 90 hours of training.) If you or someone you know is interested in this training, or in finding out more about this program, please contact Ginger Mortensen 208-375-6651 or gmortensen@stmarksboise.org or Katie Stroschein kstroschein@stmarksboise.org.

We will be honoring our Grandparents at Mass on Wednesday, May 16. Make sure to give your Grandparents a special invitation to come to Mass with you that day.

The <u>May calendar</u> is now available.

Sports



St. Mary's 3 on 3 Registration Form St. Mary's 3 on 3 Release Form

April

30 Track Meet @ BK v. Lone Star, Jefferson, Kuna Mav

1 Tennis @ Kuna

5 Tennis Tournament @ Ridge View and Sage Valley

8-9 Track District Meet @ Middleton High School

Preschool Happenings

Church Connection



St. Mark's Parish Council and St. Mark's School Board are accepting nominations for the following positions:

Parish Council member at-large, 2 year term St. Marks School Board member, 2 year term

Positions are open to parishioners with or without children at our Parish school. Father Ben will make appointments to these positions in June. For more information, to submit a nomination, or for a complete description of responsibilities, please contact Richard Kulleck at the Parish Office, rkulleck1@stmarksboise.org

Teaching Mass: May 2nd, 6:30pm-8:30pm Fr. Radmar Jao will walk through the Mass, step by step. What happens at Mass? Why?

Are you new to our parish?

Please join us for a "Welcome" Coffee Hour, May 13th after each morning Mass

- Meet fellow parishioners
- Ask Questions
- Get a tour of the building
- Learn about the St. Mark's ministries
- Allow us to warmly welcome you to the family

Notes from the Nurse

Affordable sports physicals are being offered by BK Sports Physical Clinic on May 6th. (Flyer attached). Spaces are filling up quickly. Instructions for sign up are attached. **BK** athletes are required to have physicals annually to participate in sports, cheerleading and dance.



TVCS (Middle School Sports) athletes are required to have a physical one time during middle school athletic participation.

Kim O'Sullivan, RN Saint Alphonsus School Health Program

Through the St. Alphonsus School Health Program, Mrs. O'Sullivan, our school nurse, is at St. Mark's on Wednesdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays.

Notes from the Counselor

Easing Peer Pressure with Love and Logic

By Charles Fay, Ph.D.

What's a parent to do or say when the kids start "hanging out" with friends who remind them more of the late-night horror show than the sweet little pals everyone hopes their children will choose?

Peer pressure is stronger than ever, and many kids are faced with life-or-death decisions about drugs, alcohol, sex, and violence starting as early as elementary school!

Out of great love for their children, some parents take the "bulldozer" approach to this problem. They rev up their engines, make a lot of noise and smoke, and try to overpower their kids: "You stay away from that. Tommy! He's bad news! He's going to get you in a world of trouble!"

Every time parents give this type of lecture, they imply that their child is a wimp! "You are so weak you can't choose good friends and think for yourself when they want you to do something that's wrong," is the underlying message sent by this approach.

Sadly, the parent—child relationship is wounded, and the child now is forced to make poor decisions to "win" the battle.

Other parents take a completely different tack. These parents try to show their love by staying away from sensitive issues such as peer pressure, drugs, alcohol, violence, and sex. "Kid, I don't care enough about you to be involved in your life," is the unintentional yet very powerful message sent by this strategy.

What's a loving parent to do? At the Love and Logic Institute, we give parents practical ideas for staying involved in our children's lives and teaching responsibility, without creating power struggles and hurt feelings! Listed below are some of these ideas:

- 1. Love and Logic parents know that the fastest way to get kids to spend more time with friends we don't like is to forbid them from doing so!
- 2. Love and Logic parents send "You are strong" messages ("Your friends are lucky to have someone like you who can show them how to make smart choices.") instead of "You are weak" messages ("Stay away from that Billy-Sue. She's trouble!").
- 3. Love and Logic parents help their kids take the pressure out of saying no by giving them permission to say, "No way. Last time I did that my parents really let me have it."
- 4. Love and Logic parents encourage responsibility by saying, "We know you are the kind of kid who is strong enough to live with the consequences of your choices."
- 5. Love and Logic parents send plenty of unconditional "I love you" messages. They also show their kids

how much they care by asking them who they are going to be with and where they are going.

Writing a letter to your child about peer pressure is an excellent way to "get the ball rolling" in a healthy way. Here's an example written by two Love and Logic parents:

Dear Collin,

We love you so much! Sometimes smart kids like you find out their friends aren't making such smart decisions about drugs, alcohol, sex, or other serious things. At those times, friends are really lucky to have someone like you who can show them how to make good decisions.

Sometimes even really smart kids like you feel pressured to do things they think are wrong or dangerous just to keep their friends. They worry that other kids will think they are wimps if they don't go along.

If you think it might help, try saying something like, "No way. Last time I did something like that, I got caught and my parents almost killed me."

We promise never to call these numbers and snoop on you unless we start to worry because you haven't come home on time. If you are running late, please give us a call so we don't worry too much. If you ever do make a poor decision, we won't yell, lecture, or stop loving you. We will probably feel very sad for you, but we both know you are the kind of kid who can live with the consequences of your choices

Your friends really are lucky to have you. We are too!

Love,

Mom and Dad

People who are really successful implementing this skill purchased <u>Parenting Teens with Love and Logic</u>.

Printer Friendly PDF

The good news is that your kids want to be happy and successful, they just lack experience about how to do this safely. For the last month of school I will be sharing more Love and Logic tools with you to help get ready for summer.

Joe Lipetzky Psy.D. Ms. Jen Boehm. LCPC

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Mrs. Jen Boehm, our school counselor, is at St. Mark's on Mondays, Wednesdays and Fridays.