



FRIDAY FACTS

Volume 2, Issue 3—September 8, 2017

Weekly Calendar

Sunday, September 10

Happy Grandparent's Day

Monday, September 11

MAP Testing begins (see newsletter for classroom schedules)

6:00 p.m. School Board Meeting

7:00 p.m. Home & School Meeting

Tuesday, September 12

5:00-7:00 p.m. SEW in Auditorium

Wednesday, September 13

8:30 a.m. Student Body Mass—8Souza

Friday, September 15

8:30 a.m. Late Start Friday
Spirit Wear Orders Delivered
\$1.00 Optional Spirit Day or \$1
Black & Good Day to celebrate
Bishop Kelly's Homecoming

Upcoming Events

Wednesday, September 20

8:30 a.m. Student Body Mass—4th Grade Brennan

Thursday, September 21

Individual Student Photos

Friday, September 22

8:30 a.m. Late Start Friday
Progress Reports Issued on Rediker—Full Day of School
7:00-9:00 p.m. 7/8 TVCS Dance @ St. Mary's

A Letter From Our Principal

Dear parents and friends of St. Mark's,

What a blessing it was to see so many of you at our 50th Anniversary Mass of Thanksgiving this morning. The presentation of flowers to Mother Mary by the Lamott family, three generations of a family who supports Catholic education at St. Mark's as we asked for Mama Mary's intercession is one example of what makes our school special; the legacy of authentic Catholic education. Often times we look for gifts outside, yet the gift has already been given to us, education with a purpose. The purpose of our parish and school? To transform ourselves and our world into the image of Christ.

May our faith continue to shine into the future through our children!

Sincerely Yours in Christ,

Father Ben

A Letter From Our Principal

Dear St. Mark's Families,

Happy Anniversary St. Mark's Catholic School! I was so moved by the beautiful Mass and reception this morning. It was a lovely reminder of how blessed we all are to be part of this community. I would like to thank our Development Director Amy Wong-Little for her tireless effort in coordinating this special day. Thank you to Mrs. VanPaepeghem, Mrs. Rivas and everyone who helped try to locate the 25 year old time capsule. Thank you to members of our amazing marketing committee, Amy Wong-Little, Carmen Achabal, Amy Czarneiki, and Laura Schrag for their incredible hard work and creativity! Thank you Mrs. Brinegar, Mrs. Rivas, Mrs. Van and Home & School for helping with the reception. Thank you to Will Glasgow (class of 1989) for creating a beautiful backdrop for Mrs. Baker's (class of 1984) anniversary art work she created with the help of our students' 265 fingerprints! Please be sure to check out our Facebook page for pictures of this momentous occasion.

It was wonderful to see so many of you at our Back-to-School Night. I am confident we are going to have an incredible year! Here is a link to the [power point presentation](#) for those who were unable to attend. If you have any questions or concerns, please don't hesitate to contact me at dgordon@stmarksboise.org.

The schedule for MAPs testing, beginning next week, is posted in this issue of Friday Facts. A restful night sleep and a healthy breakfast are great practices for successful testing.

Have a blessed weekend. Go Lions!

Donna Gordon

7503 Northview
Boise, ID 83704

Phone: (208) 375-6654

Fax: (208) 375-9471

Email: schooloffice@stmarksboise.org

NEXT WEEK'S LUNCH HELPERS

Monday (11)—Gilman, Cox

Tuesday (12)—

Wednesday (13)—Cox

Thursday (14)—Irvine, Sprague

Friday (15)—Isla

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

3 LUNCHROOM HELPERS ARE NEEDED EACH DAY to make the lunchroom experience enjoyable for all.

Volunteers work from 11:10-12:45 and are given a free lunch. *SIGN UP in the BLUE BINDER in the School Office.*

Daily Lunch Schedule: 11:20 (K-2); 11:45 (3-5); 12:00 (6-8)

VOLUNTEER OPPORTUNITIES

DO YOU HAVE A GREEN THUMB? WE ARE LOOKING FOR SOMEONE TO TAKE OVER AND ORGANIZE THE GARDEN MINISTRY HELPING TO KEEP OUR SCHOOL GROUND BEAUTIFUL. INQUIRY IN THE SCHOOL OFFICE IF INTERESTED.

Sign up for the many volunteer opportunities available to fulfill your required six Dinner Auction volunteer hours.

- ⇒ We need a Class Basket Coordinator for 7th & 8th Grade
- ⇒ Need a BK Volunteer Coordinator for the evening of Auction

Contact stmarksauction@yahoo.com to volunteer.

Looking for a volunteer to coordinate the School's Coffee Hours the 4th Sunday of the months that school is in session. Please contact the School Office for details.

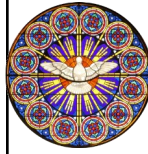
Interested in cub scouts? Pack 94 will hold an open house on Friday September 8th for new families first through fifth grade. Please contact Nick or Christen Rowles at Nicholas.Rowles@gmail.com. Hope to see you there. Please feel free to share with families outside of the school. Meet in the St. Mark's gym at 6:30pm.

Returning cub scouts will have our first pack meeting September 15th at 6:30pm.

Thank you to our generous students who donated over \$500 for our Angel Fund for Tuition Assistance during our 50th Anniversary Mass.



Thank you to Mrs. Behrend and her 7th Grade STEAM class for creating our new 50th Anniversary banner which was unveiled today at Student Body Mass.



Church Connection

St. Mark's Catholic Church will offer a six week series entitled "[Catholics Returning Home](#)" beginning October 3rd at 6:30pm in the Faith Formation Room. The sessions are for non-practicing Catholics who are seeking answers to questions about returning to the Church. If you know of someone who has left the Church please invite them to join us. For more information, call Audrey Weiss at 208-375-6651 or email: aweiss@stmarksboise.org.

Upcoming Meetings/Events schedule

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Sept. 14 Business meeting – Faith Formation Room

Sept. 23 1st Degree Ceremony – Faith Formation Room

Sept. 28 Council Social – Hosted by Patrick & Anita Wolberd

Sept. 30 2nd & 3rd Degree Ceremonies

Sept. 30 Oktoberfest

Oct. 1 Pancake Breakfasts begin!

September 30th is a busy day. There are many needs during the day to prepare for the evening festivities following the 5PM Mass. Knights and Knight's Ladies will be busy during the day setting things up in Donoghue Hall and outside for Oktoberfest. Please consider helping out with moving tables, chairs, setting up tents/canopies for the evening festivities. The more the merrier and the quicker we can get ready.



The September Home & School Meeting will be held on Monday, September 11th at 7pm in Mrs. Bernstein's classroom.

The September School Board Meeting is Monday, September 11 @ 6:00 p.m.

Home & School Happenings

DINNER AUCTION NEWS

Saturday, October 14

5:00-11:00 p.m.



Find the latest information at www.stmarksboise.com/auction

★ **DINNER AUCTION RAFFLE TICKETS**— The oldest child of your family will be sent home with the raffle tickets today. Tickets are \$5 each or 6 for \$25. Raffle winners will win:

Grand Prize: \$500 Prepaid VISA gift card Generously donated by ICCU

2nd Place: Amazon Echo

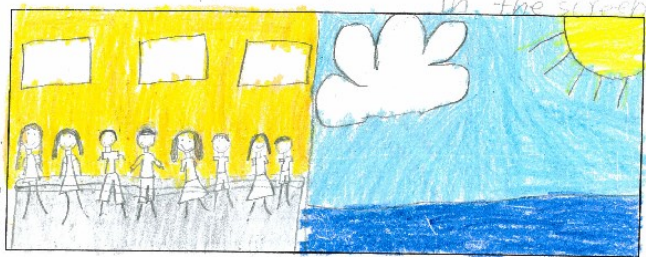
3rd Place: \$100 Winco gift card Generously donated by Winco All proceeds benefit St. Mark's School!

As a nod to our school's 50th anniversary this year, we are selling 50/50 Raffle tickets. They are \$20 each. 50% of the total proceeds will go to the school and 50% of the proceeds will go to the winner.

★ A Sponsored Table early bird special of \$650 per table is available until September 18th. Sponsored Table tickets will then increase to \$750 until sold out. Early bird special for individual tickets are \$70 a person until September 18th. After September 18th, individual ticket prices are \$75 each.

★ Grove Hotel Rooms have been reserved for a special St. Mark's auction rate of \$139 + tax for the night of October 14. (\$12 parking not included.) Reserve your room for a night out!

★ Dress up items will be for sale for the students on Monday, 11th, Wednesday, 13th, and Friday, 15th during lunch and after school. The kids can get accessorized with superhero capes and masks, wrist and head bands, socks, and shoe flash bolts!



9-7-17

Dear DiRocco Family,
Thank you for
Google goggles. Yesterday I got to
see clouds from inside a airplane
and we got to see clouds from over
the ocean! I learned that fog is a
kind of cloud. I hope I can
swim with the sharks and go

into a human body I love the
goggles very very very much I
think they are phenomenal!
Your friend

A heartfelt THANK YOU to the DiRocco Family from the Students and Staff @ St. Mark's School for their generous donation of a classroom set of Virtual Reality Goggles, charging station and a teacher tablet to run the program. Visit our Facebook page (St. Mark's Catholic School—Boise) to watch our 3rd graders enjoying the goggles and a weather lesson on clouds on weather.



Today the Student Photo packet was sent home. You can order the picture packet that you want and return it to school before picture day to make sure you are ready to have your photos taken on Thursday, September 21. Students are allowed to wear non-uniform clothing for their photo, please make sure that the clothing adheres to our Uniform Dress Code. Preschool students will meet in the School Auditorium @ 8:00 a.m. to have their pictures taken.

FRIDAY, SEPTEMBER 15 IS \$1.00 OPTIONAL SPIRIT DAY.



ALSO, IN CELEBRATION OF BISHOP KELLY'S HOMECOMING, STUDENTS DONATING \$1.00 TO CHARITY MAY WEAR ST. MARK'S SPIRIT WEAR,

BISHOP KELLY SPIRIT WEAR (BK T-SHIRT OR SWEATSHIRT) OR BISHOP KELLY COLORS OF BLACK AND GOLD.

FALL 2017 MAP Testing Schedule

(PLEASE DO NOT SCHEDULE APPOINTMENTS DURING YOUR CHILD'S TESTING TIMES)

	Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
8:05-9:45		8 Lang	Mass	8 Read	
10:20-Lunch		3 Lang 4 Lang	2 Lang 5 Lang	3 Read 4 Read	2 Read 5 Read
After Lunch		6 Lang 7 Lang		6 Read 7 Read	



Student to Student
A Catholic School Response to
Hurricane Harvey

MESSAGE FROM NCEA
(National Catholic
Education Association):

Our hearts and prayers are

with Catholic schools and all those affected by Hurricane Harvey. In keeping with our mission to serve others, we have been in touch with diocesan leaders in the affected storm areas to determine their needs. In addition, we have heard from others asking how they can help.

NCEA is answering this question by launching a campaign asking every Catholic school family around the country to contribute at least \$1 per student to help Catholic schools impacted by the storm to rebuild, reopen and re-enroll students. "Student to Student: A Catholic School Response to Hurricane Harvey" is a powerful opportunity to engage students in living the Gospel message of compassionate service and generosity to others.

Through this initiative, NCEA is asking for contributions from students and families enrolled in all Catholic schools to assist their peers.

ST. MARK'S SCHOOL HAS SELECTED THURSDAY, SEPTEMBER 28 as our Student to Student Day. Students are asked to contribute at least \$1.00 and will be able to wear jeans to school in appreciation of your contribution to this worthy cause.



Miss Isla is accepting new piano students for the fall! Students receive quality, one-on-one instruction, tailored to their individual learning style. Piano lessons are conveniently offered at school, once a week during the school day. If interested or have questions, please contact Miss Isla (208-602-0635).

50th Anniversary Celebration

THANK YOU to all the people who helped us locate our Time Capsule:



Cody & Derek of Earth Energy, Inc.



Aaron Rush of Fox Land Surveys



Shaun Gordon who cleaned up the landscape after our dig



Items found in the Time Capsule. Thank you to Laura Schrag for putting the display together.



Students enjoying Fr. Ben's cinnamon rolls

Thank you to Amy Wong-Little, our Fearless Development Director



Ms. Sprague and her daughter Tessa. Ms. Sprague was in the first 1st Grade class @ St. Mark's School when it opened in 1967



Michael Gordon who helped us open the Time Capsule after we found it



Thank you to our parent servers



Mrs. B visiting with her former aide Mrs. T



SPORTS NEWS

September

- 11 7VB v. Caldwell
8VB @ Caldwell
- 13 7VB v. Vallivue
8VB @ Vallivue
TVCS Football @ Lone Star Middle
- 14 TVCS x-country @ Vallivue Whittenberger Park
- 18 7VB @ Nampa West
8VB v. Nampa West
- 19 TVCS Host x-country @ Quarry View Park
- 20 7VB @ Kuna
8VB v. Kuna
TVCS Foot v. Nampa South Middle School
- 22 7/8 TVCS Dance @ St. Mary's, 7:00-9:00 p.m. **(DATE CHANGE)**
- 25 7VB @ Sage Valley
8VB v. Sage Valley
- 27 7VB v. East Valley
8VB @ East Valley
TVCS Football @ East Valley Middle School
- 28 TVCS x-country @ Emmett

STUDENT HIGHLIGHT



Katie and Ellie got to help crew for the Road Runner balloon and saw how they laid the balloon out, filled it with cold air first with giant fans and then lifted it off the ground and made it go vertical by then putting some hot air into the balloon. They were asked to be "human sandbags" (picture on left) because, once it's vertical, that balloon wants to do nothing but go up. They were tasked with helping hold it down.

NOTES FROM THE NURSE —

Healthy Sleep Habits—Now that school is in full swing, stop and think - is your child getting enough sleep? Homework, after-school activities, and busy schedules sometimes put sleep low on the priority list. According to the American Academy of Pediatrics, the recommended hours of sleep for children are as follows: Grade schoolers 6-12 years: recommended 9-12 hours. Teens 13-18 years: recommended 8 -10 hours. Regular sleep deprivation often leads to some difficult behavior and health problems - irritability, difficulty concentrating, high blood pressure, obesity, headaches, and depression. Children who get enough sleep have a healthier immune system, better school performance, behavior, memory, and mental health. Check out healthychildren.org for suggestions on how to make sure your child develops good sleep habits.

Kim O'Sullivan, RN
Saint Alphonsus School Health Program

Through the St. Alphonsus School Health Program, Mrs. O'Sullivan, our school nurse, is at St. Mark's on Wednesdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays



Middle School girls in Grades 6-8 are invited to a ["Beloved" Retreat](#) at St. Mark's Parish on Saturday, October 28 from 10:00 a.m.-10:00 p.m. For more details and to register visit www.stmarksboise.org after September 10.

Governor Otter has proclaimed September 25-October 1 to be



National Diaper Need Awareness Week here in Idaho. To support the St. Mark's Food Pantry, who receives thousands of diapers from IDB, as well as in

celebration of Respect Life Month in October, we are hosting a diaper drive that week. There is a crucial need for larger sizes (5 & 6) so please bring those to the collection boxes in the front lobby. To find out more information about diaper need please visit www.idahodiaperbank.org.

St. Mark's Girl Scout Troop 658 invites new kindergarten through fifth grade girls to join our troop! [Please click here for more information](#). A parent meeting for all Girls Scouts (new and returning) will be Monday, September 18 at 7:00 for returning and 7:30 for new families.

NOTES FROM THE COUNSELOR—Internet safety ages 5 to 7

It is important to protect your children with rules on the internet for this age on all devices that can access the internet including phones, games, computers, and tablets.

Children at this age:

- Are very capable at using computers and cell phones. (Following commands, using a mouse, and playing computer games).
- Will accept media content at face value.
- Don't have critical thinking skills to be on line or text alone.
- May be frightened by media images, both real and fictional.
- May be unintentionally exposed to inappropriate websites.
- Are vulnerable to online marketers who encourage them to give out personal information through surveys, contests, and registration forms.
- Risk moving from appropriate to inappropriate sites through hyperlinks.

Guidelines:

Always sit with your children when they are online.

If children are introduced to the internet, parents are encouraged to:

- 1)Use kid-friendly search engines and or "Walled gardens" with parental controls.
- 2)Set age appropriate filtering at the most restrictive level.
- 3)Create personalized online environment by limiting your kids to their list of favorite or "bookmarked" sites.
- 4)Keep internet connected computers in an open area where you can easily monitor your kid's activities.
- 5)Start teaching kids about privacy. Tell them never to give out information about themselves or their family when online.
- 6)Have your kids use an online nickname if a site encourages them to submit their names to "Personalize" the web content.
- 7)Block or disallow the use of instant messaging (IM), email chat rooms, mobile internet, text, picture or video messaging, and access to or message boards at this age.

Some good filters are: www.covenanteyes.com/family,

www.internetsafety101.org, www.enough.org, Let's keep our kids safe.

Joe Lipetzky Psy.D.

Ms. Jen Boehm. LCPC

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings

Mrs. Jen Boehm, our school counselor, is at St. Mark's on Mondays, Wednesdays and Fridays.